

Dahomey Ruth Abanishe, Ph.D.

Curriculum Vitae
dahomeyruth@gmail.com

Education

University of Oklahoma (APA accredited)
Doctor of Philosophy in Counseling Psychology

Norman, Oklahoma
June 2001-May 2008

University of Oklahoma (APA accredited)
Master of Education in Community Counseling

Norman, Oklahoma
June 2001-August 2004

Kansas State University
Bachelor of Science in Psychology

Manhattan, KS
August 1997-May 2001

Wharton School-University of Pennsylvania
Entrepreneurship Certificate

Philadelphia, PA
August 2009-May 2010

University of Florida
Postdoctoral Fellow-Neuropsychology

Gainesville, FL
June 2017-August 2019

Professional Licenses

Current: Licensed Psychologist Florida No: PY8868

Inactive: Licensed Psychologist Ohio No: 6759

Inactive: Licensed Psychologist Pennsylvania No: PS016813

Counseling and Supervision Experience

Clinical Assistant Professor *January 2020-Present*

SUF Rehabilitation Hospital *Gainesville, FL*

Re-established UF Clinical and Health Psychology's Rehabilitation Psychology service at UF Health Rehabilitation Hospital. Provide neuropsychological evaluation and behavior management services for patients and their families in an acute rehab setting after being discharged from the hospital after a health crisis (e.g., stroke, traumatic brain injury, spinal cord injury, amputation, transplant, or major joint replacement.) Work directly with a multidisciplinary team including physical/internal medicine, allied health specialties (occupational, physical, and speech therapy), case management. Address expressed concerns related to patient adjustment, participation, or discharge, including decision-making, self-care, insight into their condition, delirium, and potential cognitive/emotional barriers to care. Develop clinical and administrative policy related to patient care (neuropsychological assessment, patient triage, behavioral interventions), billing, and consultant services. Participate in semiweekly Behavioral Health Management rounds. Provided staff and patient group seminars on topics including mindfulness and delirium. Provide weekend on-call emergency support. Created an integrated training program that has allowed for multidisciplinary learning and practical application of bedside neuropsychological and psychological assessment. Active member of the departments Health Equity, Anti-Racism and Diversity (HEARD) Task Force. Precept graduate, intern, and post-doctoral students training in the evaluation and management of patient care.

Psychologist *September 2019-January 2020*

UF Health Psychology Specialties *Gainesville, FL*

Provide psychotherapy services for students at UF and members of the Gainesville community to address concerns including depression, anxiety, suicidal ideation, and adjustment in a culturally sensitive manner for patients from diverse backgrounds and across the lifespan.

Neuropsychology Fellow *June 2017- August 2019*

University of Florida-Clinical Health Psychology *Gainesville FL*

Provide neuropsychological assessment to document current neurocognitive functioning, aid in differential diagnosis, and make treatment recommendations for various presenting concerns including traumatic brain injury, learning disorders, movement disorders, diseases of aging, seizure disorders, autoimmune diseases, and vascular disease, in a culturally sensitive manner for patients from diverse backgrounds and across the lifespan (e.g., 5-90 years old).

Psychologist *October 2013-October 2017*

PsychCare Services-Senior Living Care, Ocala FL (previous locations included Ft Walton Beach and Daytona Beach)

Provide individual therapy using brief and crisis formats. Conduct in-depth diagnostic psychological assessments on all nursing-home residents and those in acute rehab to provide recommendations for follow-up care within a multidisciplinary service setting.

Psychologist August 2012- July 2013

Ohio Department of Corrections London, OH

Coordinated care, treatment and provided critical incident response with a team of psychiatrists, nurses, activities therapists, community outreach liaisons, addiction recovery specialists, social workers. Assessed and recommended appropriate safety and security measures for inmates at imminent risk to harm themselves or others. Conducted comprehensive personality and mental health evaluations on inmates seeking mental health care. Developed community transition plans with inmates including identifying resources and initial assessments for social security benefits.

Psychologist January 2011-June 2013

Matrix Psychological Services-Employee Assistant Program Columbus, OH

Provided psychotherapy for employees serviced by the Employee Assistance Program (e.g., Nationwide Children's Hospital/Columbus State Community College) or private insurers. Helped Assisted employees mandated to counseling to identify and modify problem behavior. Consulted with managers on their response to critical incidents in the workplace. Designed and facilitated a multitude in-service training seminars designed to meet each company's needs. Business Consulting Team Member Collaborated on strategic planning and researched talent management and talent on-boarding. Conducted statistical analysis of talent assessments administered to executive-level applicants to identify trends and improve feedback.

Staff Psychologist September 2007- December 2010

University of Pennsylvania Counseling and Psychological Services

Philadelphia PA Staff Counselor Duties Provided psychotherapy for undergraduate, graduate, and professional students using long-term, brief and crisis formats. Supervised the clinical work of Ph.D. and Masters level students. Implemented strategic clinical evaluations to coordinate care for all students at the onset of service to make decisions about treatment based on the availability of resources and student need. First responder for crisis incidents. Outreach committee duties Presented monthly presentations on topics related Stress Management, Well-Being, or other identified concerns. Served as a liaison for the counseling center to university staff, residence halls, and student life offices. Career counseling program coordinator Facilitated 12 career exploration seminar programs a year. Provided students individualized feedback on the Myer's Briggs Type Indicator and Strong Interest Inventory as well as guided students through a self-exploration process. Renovated and rejuvenated the former Career-Counseling Program by creating campus-wide partnerships for advertising and implementing an online seminar enrollment procedure.

Psychology Fellow August 2006-July 2007

University of Pennsylvania Counseling and Psychological Services Philadelphia PA

Psychology fellow duties: Provided long and brief-formatted individual and group psychotherapy for undergraduate, graduate, and professional students who are experiencing a range of problems. Served as On-Call Counselor by providing consultation and crisis management for university students, faculty, staff, and parents. Multicultural Track: Developed an Outreach Liaison position that targeted programs for the retention and well-being of African American students.

Pre-Doctoral Intern August 2005-July 2006

University of Pennsylvania Counseling and Psychological Services Philadelphia PA Intern duties: Provided individual

and group psychotherapy for undergraduate, graduate and professional students who were experiencing a range of concerns. Provided seminar training and supervision of clinical work for Ph.D. level practicum students. Led multidisciplinary staff meetings. Provided outreach services to students and served as an on-call counselor. Psychology Extern: Administered and interpreted full psycho-educational assessment batteries. Conducted qualitative interviews with clients, provided written and oral feedback of diagnoses and recommendations based on a comprehensive review of test results, clinical interviews and behavioral observations. Research: Implemented an electronic scoring system for staff to use in the analysis of student's questionnaire data. Collected and analyzed symptom outcome data for each client to assess the standard student response for change and outcome improvement at our center.

Doctoral Level Student Counselor August 2004-May 2005

University of Oklahoma Health Sciences Center Student Counseling Services Oklahoma City, OK

Provided individual psychotherapy with assigned professional students on the Health Sciences Center campus. Designed and implemented treatment plans. Served as a liaison between the African American Student Association and other student organizations for the Student Counseling Services. Facilitated psycho-educational programs related to study skills and stress management for campus organizations. Co-organized campus-wide stress management event that included

over seventy-five vendors and \$700 in door prizes. Lead staff development meetings. Administered and interpreted psycho-educational tests related to learning problems.

Doctoral Level Student Counselor *October 2004-May 2005*

University of Oklahoma Health Sciences Center Psychiatry and Behavioral Services *Oklahoma City, OK*

Conducted full psycho-educational assessment batteries related to the diagnosis of emotional, learning, and neurological problems. Provided feedback to clients including diagnoses and recommendations based on a comprehensive review of test results, structured interviews, classroom, and behavioral observations. Served as a child psychology consultant with medical inpatients for the Consultation & Liaison Team to residents and nursing staff on the OU Health Sciences Center campus. Provided individual (child and adolescent) and family counseling with clients in an outpatient hospital setting. Designed and implemented treatment plans. Participated in a weekly diagnostic clinic with children and parents on a multidisciplinary team.

Program Coordinator *August 2001- May 2005*

Univ of Oklahoma Health Sciences Center Psychiatry and Behavioral Serv Emotional Health Center

Program Coordinator - Facilitated presentations for programming to teachers, counselors, and school administrators. Supervised and trained student Volunteers, Psychology interns and medical students to present emotional health programs for elementary school students in Oklahoma City Public Schools. Evaluated program effectiveness. Assisted in writing and rewriting program curricula. Co-authored and edited center newsletter. Facilitated in the formulation of education grant applications to sustain program funding from local and state funding sources. **Prevention specialist** - Served as a liaison for grantees that received grants to perform substance abuse prevention activities in their communities. Attended organizational meetings related to state-wide prevention implementation sponsored by the Oklahoma Department of Mental Health and Substance Abuse Services and National Institute on Drug Abuse. Received certified training as a Prevention Specialist. Attended professional conferences related to substance abuse treatment and prevention.

Doctoral Level Student Assessor *June 2003-February 2004*

University of Oklahoma Department of Counseling Psychology *Norman, OK*

Administered and interpreted psychological assessments related to learning, emotional and neurological concerns. Conducted qualitative interviews with adult clients and child clients as well as, parents and teachers. Provided feedback to clients including diagnoses and recommendations, based on comprehensive assessments.

Doctoral Level Student Counselor *June 2001-May 2004*

University of Oklahoma Dept. of Counseling Psychology Student Counseling Clinic *Norman OK*

Doctoral Level Student Counselor: Conducted intake assessments, provided individual (adolescent and adult), family, couples' and group long-term and short-term counseling with assigned clients in a lower to middle SES community counseling setting with a large college student population. Designed and implemented treatment plans. Administered outcome surveys to clients across treatment regimens. Conducted an N of 1 analysis on the process of treatment. Administered and interpreted personality assessments and symptom checklists, when deemed necessary to aid in treatment planning. **Student Supervisor:** *August 2003-May 2004* Supervised Masters Level Community Counseling Students' work with individual (child, adolescent, and adult) clients. Supervised their professional paperwork. **Number Nyne Crisis Hotline Crisis Counselor:** *June 2001-August 2001* Served as a crisis counselor utilizing practical listening skills and crisis intervention skills for community members.

Additional Course Work

Spring 2017 Adult Neuropsychological Assessment (7428C) University of Florida
 Summer 2017 Functional Human Neuroanatomy (GMS 6705) University of Florida
 Spring 2018 Higher Cortical Systems (CLP 6307-Audited) University of Florida

Teaching Experience

Graduate Level

Career Development *July 2008-August 2010*

University of Pennsylvania-Graduate School of Educational Psychology-Adjunct Faculty

Served as the primary lecturer, developed curricula and syllabi, lead classroom discussions, evaluated students based on classroom participation, papers, and classroom presentations, and utilized multimedia learning modalities including Blackboard and video clips.

Undergraduate Level

Psychology Practicum *September 2006-May 2008*

University of Pennsylvania-Graduate School of Educational Psychology-Seminar Leader

Supervisor: Howard Stevenson, Ph. D., Professor, and Licensed Psychologist Supervised students' experiences in external psychology placements by preparing students for client interviews, crisis intervention, ethical concerns, and individual job searches. Reviewed student journals and graded case presentations and topical presentations.

Primary Prevention/Mental Health Education-Independent Research *August 2003-May 2004*

University of Central Oklahoma

Supervisor: Sandra Allen, Ph. D., Licensed Psychologist, and Assistant Professor Served as a primary lecturer, developed curricula and syllabi, solicited university supervision, recruited upper-level psychology students, trained students to facilitate Emotional Health Programs in Oklahoma City Public Schools, lead classroom discussions, organized students classroom placements maintained students supplies and weekly attendance, supervised students weekly classroom presentations evaluated students based on in-class teaching ability, classroom participation, papers, and classroom presentations.

Career and Life Planning *August 2001-December 2002*

University of Oklahoma Department of Educational Psychology-Teaching Assistant

Supervisor: Lisa Frey, Ph. D., Licensed Psychologist, and Assistant Professor Taught Career and Life Planning, a 16-week career-exploration course for undergraduate-level students. We conducted weekly lectures, graded weekly assignments, and final projects, designed lesson plans, and developed final exams. Administered the Career Beliefs Inventory, Strong Interest Inventory, and Myers-Briggs Type Indicator directly to students.

Grade School Level

Prevention Specialist *August 2001-May 2004*

Oklahoma City Public School District Emotional Health Center-Primary Prevention Programs Facilitated over 15 Emotional Health programs related to Substance Abuse Prevention, Sexual Abuse Prevention, Violence Prevention, Dealing with Negative Emotions, Transition to Grade School and Learning Responsibility to students at all levels in grade school. These programs ranged from 6 -24 weeks and incorporated active-learning techniques. Arranged classroom assignments and served as a liaison between school staff and the Emotional Health Center.

Workshops and Other In-Service Activities

Being Assertive, Columbus Dispatch, Columbus, OH
 Critical Incidence Response, Columbus State Community College, Columbus, OH
 Critical Incident Response-Nationwide Children's Hospital, Columbus, OH
 Critical Incident Response-Victoria Secret, Columbus, OH
 Critical Incident Response-Worthington Public Library, Columbus, OH
 Diversity Awareness in the Workplace, Columbus Zoo, Columbus, OH
 Introduction to Sexual Harassment, Urbana University Columbus, OH
 Managing Corporate Change, Nationwide Children's Hospital, Columbus, OH
 Managing Difficult Callers, Bob Evans, Columbus, OH
 Managing Your Leisure Time, Columbus Zoo, Columbus, OH
 Stress Management Pt 1, Columbus Dispatch, Columbus, OH
 Stress Management Pt 2, Columbus Dispatch, Columbus, OH
 10-Minute Study Tips, University of Pennsylvania, Philadelphia, PA
 African American Student Leadership Retreat, University of Pennsylvania, Philadelphia, PA
 Black Men United, Leadership Group, University of Pennsylvania, Philadelphia, PA
 Common Fears in Your First Year, University of Pennsylvania, Philadelphia, PA
 Critical Incidence Response, University of Pennsylvania, Philadelphia, PA
 Exploring Your Potential & Finding Your Career Fit, University of Pennsylvania, Philadelphia, PA
 How to Make a Referral to the Counseling Center, University of Pennsylvania, Philadelphia, PA
 Introduction to the Counseling Center, University of Pennsylvania, Philadelphia, PA
 Managing Burnout, University of Pennsylvania, Philadelphia, PA
 Mental Health Abroad, University of Pennsylvania, Philadelphia, PA
 Re-Entry Stress and Home Sickness, University of Pennsylvania, Philadelphia, PA
 Resident Assistant/Graduate Assessment Training Seminar, Philadelphia, PA
 Sister to Sister African American Woman Leadership Group, University of Pennsylvania, Philadelphia, PA
 Stress and Wellness Awareness, University of Pennsylvania, Philadelphia, PA
 Stress in Today's Economy, University of Pennsylvania, Philadelphia, PA
 Understanding Microaggressions, University of Pennsylvania, Philadelphia, PA
 Understanding Stress and Academic Performance University of Pennsylvania, Philadelphia, PA
 Vare Middle School Women Empowerment Day, Philadelphia Public Schools Philadelphia, PA
 Working with Culturally Diverse Students, University of Pennsylvania, Philadelphia, PA

Research

Dissertation: Abanishe, D. (2008). Cross-Cultural Comparison of the OQ-45.

Analyzed the item response styles of an African American and Caucasian group using factor analysis and propensity score matching to determine whether the measure maintains its construct equivalence across cultural groups. Thesis: Abanishe, D. (2006). Effects of Pre-College Interracial Contact on the Adjustment to College in African Americans. **Examined the impact of ecological congruence between students' high school and college environment differences on adjustment within the African American ethnic group.** Wolgast, B., Abanishe, D., Bradford, J., Mikula, T. (2006). The use of feedback on client progress: Clinical practice and implications in training.

Professional Activities

Publications

Abanishe, D., Larabie, A., & Allen, S. (eds.) (2004). Connections: Emotional Health Center, Newsletter. 18(1). Emotional Health Center: OUHSC, Oklahoma City, OK.

Abanishe, D., Chapa-Cantu, T., & Allen, S. (eds.) (2003). Connections: Emotional Health Center, Newsletter. 17(1). Emotional Health Center: OUHSC, Oklahoma City, OK.

Presentations

Abanishe, D. (2004). *Behavioral Contracting and Behavioral Change*. April OUHSC Psychiatry Grand Rounds, Oklahoma City, OK.

Allen, S., Abanishe, D., & Chapa-Cantu, T. (2003). ERASE: A Violence Prevention Program. 23rd Annual Oklahoma State's Superintendents Encyclomedia Conference, Oklahoma City, OK.

Frey, I., Moore, C., Linck, J., Wilson, J., Crownover, C., Liang, Y., Abanishe D. & Chen, M. (2003) *Applying the Relational-Cultural Model to Counselor Training and Supervision*. Symposium Presentation at the APA Conference, Toronto, Canada.

Allen, S., Sternlof, S., Motley, C., Chapa-Cantu, T., & Abanishe, D. (2002). "Ralph's Choices": Substance abuse prevention program. Emotional Health Center: Oklahoma City, OK.

Allen, S., Chapa-Cantu, T. & Abanishe, D. (2002). *Prevention Programs and Children's Mental Health* at the 11th Annual Children's Mental Health Conference in Oklahoma City, OK.