Hodges, Michael J. PT, DPT, mhs

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**EDUCATION**

Florida Gulf Coast University

Transitional Doctor of Physical Therapy

Capstone Project: Femoral Neuropathy after Extreme Lateral Interbody Fusion May 2021

University of Florida

Master of Health Science – Physical Therapy August 2004

University of Florida

Bachelor of Health Science – Physical Therapy May 1993

Graduated with Honors

**LICENSURE INFORMATION**

Florida Physical Therapy License: PT11157

**CERTIFICATIONS**

Board Certified in Orthopedic Physical Therapy, American Board of Physical Therapy Specialties 2010 / Recertified 2020

Credentialed Clinical Instructor: Level 1 and 2 (APTA) 2007/2023

Certified Strength and Conditioning Specialist (NSCA)

2006-2009

**EMPLOYMENT**

April 2023 to Present: Clinical Assistant Professor and Assistant Director of Clinical Education. Department of Physical Therapy. University of Florida

June 2018 to April 2023: Staff Physical Therapist. UF Health Magnolia Parke

June 2018 to June 2019: Assistant Center Coordinator of Clinical Education (CCCE). UF Health Magnolia Parke

September 2017 to June 2018: Staff Physical Therapist. UF Health Home Care

January 2014 to September 2017: Center Coordinator of Clinical Education (CCCE). UF Health Orthopedic and Sports Medicine Institute

December 2004- September 2017: Staff Physical Therapist. UF Health Orthopedic and Sports Medicine Institute

September 1999 to November 2004: Clinical Manager. Kessler Institute for Rehabilitation/Select Medical. Gainesville, FL

April 1997 to July 1997: Staff Physical Therapist. Healthsouth Rehabilitation. Birmingham, AL

September 1994 to April 1997: Staff Physical Therapist. St Vincent’s Medical Center. Jacksonville, FL

May 1993 to September 1994: Staff Physical Therapist. Kernan Physical Therapy. Baltimore, MD

**TEACHING EXPERIENCE (Non-academic; Academic)**

(Non-academic):

August 2020 to April 2023: Orthopedic Residency Site Coordinator and Mentor. UF Health Magnolia Parke

July 2010 to August 2015: Orthopedic Residency Mentor. UF Health Orthopedics and Sports Medicine Institute

Sept 1993 to April 2023: Clinical Instructor (University of Florida, Shenandoah University, Drexel University, Washington University-St. Louis, Emory University, University of St. Augustine, Santa Fe College-PTA Program)

(Academic):

April 2023 to Present: Clinical Assistant Professor. University of Florida Doctor of Physical Therapy program. Teaching responsibilities:

PHT 6189C Examination and Evaluation (Instructor)

PHT 6186C Therapeutic Exercise 1/Motor Control (Instructor)

PHT 6730 Screening for Referral in Physical Therapy (Instructor)

PHT 6861: Clinical Education 2 (Co-instructor)

PHT 6188C Functional Anatomy 2 (Co-instructor)

PHT 6770 Musculoskeletal Disorders 1 (Co-instructor)

PHT 6771: Musculoskeletal Disorders 2 (Co-instructor)

PHT 6070C: Radiology and Diagnostic Imaging in Physical Therapy Practice (Co-instructor)

January 2022 to April 2023: Part time Clinical Faculty Instructor (20%). University of Florida Doctor of Physical Therapy Program, Gainesville, FL. Teaching responsibilities in PHT 6189C Examination and Evaluation, PHT 6186C Therapeutic Exercise 1/Motor Control, PHT 6771 Musculoskeletal Disorders 2, PHT 6070C Radiology and Diagnostic Imaging in PT practice.

May 2019 to December 2021: Adjunct Lecturer. University of Florida Doctor of Physical Therapy Program, Gainesville, FL

Assisted with PHT 6189C Examination and Evaluation, PHT 6186C Therapeutic Exercise 1/Motor Control

August 2007 to December 2007: Lab Assistant. University of Florida Department of Physical Therapy Program, Gainesville, FL. Assisted with PHT 6187C Functional Anatomy I

**AWARDS**

Nominated for Signe Brunnstrom Award for Excellence in Clinical Teaching - 2021

Outstanding Clinical Instructor Award. University of Florida Department of Physical Therapy - 2014

**ACADEMIC SERVICE**

April 2023 to Present: Faculty Advisor for UF PT Equal Access (Pro-Bono) Clinic

June 2023 to Present: Faculty and Clinical Education Representative for UF DPT Open House for prospective DPT students.

July 2023 to Present: Admissions Committee Member

**PROFESSIONAL SERVICE**

Manuscript reviewer for JOSPT Cases- 2022

October 2023 to Present: Journal of Allied Health manuscript reviewer

**COMMUNITY SERVICE**

March 2010: Medical Volunteer (Physical Therapy). CRUDEM Foundation. Milot, Haiti

July 2010 to Present: Supervising Physical Therapist. UF PT Equal Access (Pro-Bono) Clinic

June to July 2014: Medical Volunteer/Physical Therapy Advisor. Community Coalition for Haiti. Jacmel, Haiti

**PEER REVIEWED PUBLICATIONS**

Hodges MJ, Donald E. Femoral Neuropathy Following XLIF Procedure: A Case Study. JOSPT Cases. August 2022

Vincent HK, Omli MR, Day T, Hodges M, Vincent KR, George SZ. Fear of movement, quality of life, and self-reported disability in obese patients with chronic lumbar pain. Pain Med. 2011 Jan;12(1):154-64. doi: 10.1111/j.1526-4637.2010.01011.x. Epub 2010 Nov 18. PMID: 21087405.

George SZ, Zeppieri G Jr, Cere AL, Cere MR, Borut MS, Hodges MJ, Reed DM, Valencia C, Robinson ME. A randomized trial of behavioral physical therapy interventions for acute and sub-acute low back pain (NCT00373867). Pain. 2008 Nov 15;140(1):145-57. doi: 10.1016/j.pain.2008.07.029. Epub 2008 Sep 10. PMID: 18786762; PMCID: PMC2596955.

Chmielewski TL, Hodges MJ, Horodyski M, Bishop MD, Conrad BP, Tillman SM. Investigation of clinician agreement in evaluating movement quality during unilateral lower extremity functional tasks: a comparison of 2 rating methods. J Orthop Sports Phys Ther. 2007 Mar;37(3):122-9. doi: 10.2519/jospt.2007.2457. PMID: 17416127.

Chmielewski, T. L., Horodyski, M., Hodges, M. J., Conrad, B. P., & Bishop, M. D. Does the assessment of core strength identify frontal plane knee angle deviations? *Medicine & Science in Sports & Exercise*. 2004 *36*(5), S344.

**PUBLICATIONS (ACKNOWLEDGMENTS)**

George SZ, Beneciuk JM, Lentz TA, Wu SS, Dai Y, Bialosky JE, Zeppieri G Jr. Optimal Screening for Prediction of Referral and Outcome (OSPRO) for Musculoskeletal Pain Conditions: Results From the Validation Cohort. J Orthop Sports Phys Ther. 2018 Jun;48(6):460-475. doi: 10.2519/jospt.2018.7811. Epub 2018 Apr 7. PMID: 29629615; PMCID: PMC6053060.

Lentz TA, Beneciuk JM, Bialosky JE, Zeppieri G Jr, Dai Y, Wu SS, George SZ. Development of a Yellow Flag Assessment Tool for Orthopaedic Physical Therapists: Results From the Optimal Screening for Prediction of Referral and Outcome (OSPRO) Cohort. J Orthop Sports Phys Ther. 2016 May;46(5):327-43. doi: 10.2519/jospt.2016.6487. Epub 2016 Mar 21. Erratum in: J Orthop Sports Phys Ther. 2016 Sep;46(9):813. PMID: 26999408.

George SZ, Beneciuk JM, Bialosky JE, Lentz TA, Zeppieri G Jr, Pei Q, Wu SS. Development of a Review-of-Systems Screening Tool for Orthopaedic Physical Therapists: Results From the Optimal Screening for Prediction of Referral and Outcome (OSPRO) Cohort. J Orthop Sports Phys Ther. 2015 Jul;45(7):512-26. doi: 10.2519/jospt.2015.5900. Epub 2015 May 21. PMID: 25996361.

**MEMBERSHIPS**

American Physical Therapy Association (National). 2019-Present. 2009-2010. 1993-1997.

Education Section: July 2023-Present

Academy of Orthopedic Physical Therapy. 2019-Present. 2009-2010. 1993-1997

Imaging Special Interest Group. August 2021-Present

Residency/Fellowship Special Interest Group. November 2021-Present

**CONTINUING EDUCATION ATTENDED**

Name of course: McKenzie Part A (Lumbar)

Location: Boston, MA

Date: October 1993

Name of course: McKenzie Part B (Cervical)

Location: Baltimore, MD

Date: March 1994

Name of course: S1 (Spinal Manipulation and Evaluation)- Stanley Paris

Location: St. Augustine, FL

Date: July 1995

Name of course: E1 (Extremity Mobilization)- Stanley Paris

Location: San Diego, CA

Date: April 1996

Name of course: When the Foot Hits the Ground, Everything Changes

Location: Chicago, IL

Date: February 1997

Name of course: Functional Mobilization 1-Institute of Physical Art

Location: St. Augustine, FL

Date: February 2000

Name of course: PNF 1-Institute of Physical Art

Location: St. Augustine, FL

Date: June 2000

Name of course: Mobilization of the Nervous System- David Butler

Location: Jacksonville, FL

Date: February 2002

Name of course: Update on Shoulder and Knee Course- Kevin Wilk

Location: Orlando, FL

Date: May 2002

Name of course: Management of Osteoporosis – Sarah Meeks Method

Location: Gainesville, FL

Date: March 2003

Name of conference: Combined Sections Meeting (APTA)

Location: Boston, MA

Date: February 2006

Name of conference: Combined Sections Meeting (APTA)

Location: Nashville, TN

Date: February 2007

Name of conference: APTA Annual Meeting

Location: Orlando, FL

Date: July 2007

Name of course: S3 Advanced Evaluation and Manipulation of the Craniofacial, Cervical, and Upper Thoracic Spine

Description: Evaluation and management of craniofacial, cervical and thoracic spine with lab

Location: St Augustine, FL

Date: 10/31/2010

Name of course: APTA Clinical Instructor Education and Credentialing Program

Description: Clinical instructor education/credentialing through the APTA.

Location: Gainesville, FL

Date: 11/7/2010

Name of course: Kinesiotaping 1 & 2

Description: Instruction in principles of kinesiotaping for UE/LE/Spine conditions

Location: Gainesville, FL

Date: 4/15/2012

Name of course: MT-2 Essential Spine Seminar – Maitland Physical Therapy Approach

Description: Evaluation and Treatment of the spine using the Maitland Physical Therapy approach

Location: Tallahassee, FL

Date: 4/7/2013

Name of course: MT-O Evidence Based Orthopedic Diagnostic Seminar-Maitland Physical Therapy Approach

Description: Orthopedic diagnostics and testing

Location: Orlando, FL

Date: 5/4/2014

Name of course: Orthopedic Update: The Lower Quarter. Cleveland Clinic

Description: Current update of lower extremity evaluation and treatment

Location: Sarasota, FL

Date: 1/15/2016

Name of course: Integrating Function of the Lower Extremity, Pelvis and Trunk

Description: Lower extremity evaluation and treatment with emphasis on foot biomechanics and LE influences

Location: Jacksonville, FL

Date: 6/2/2019

Name of conference: Combined Sections Meeting (APTA)

Location: San Antonio, TX

Date: February 2022

Name of course: Certified Clinical Instructor Program Level 2

Date: October 2023

Name of conference: Education Leadership Conference

Date: October 2023

**PRESENTATIONS**

Internal continuing education talk. Topic: Advances in Lumbopelvic Rehabilitation. Kessler Rehabilitation. August 2003

Poster Presentation. Topic: Development of an outpatient orthopedic database. CSM (APTA) 2006. Boston, MA

Shands Rehabilitation Continuing Education Course. Rehabilitation of the Spine. September 2007.

Internal continuing education talk. Topic: Rehabilitation of the hip. UF Health. 2008

Community Education Talk. Rehabilitation after spinal surgery. UF Health Community Education. 2010

Internal continuing education talk. Current Concepts in Total Knee Arthroplasty. UF Health. 2018

Internal continuing education talk: Pharmacology in Orthopedic Physical Therapy. UF Health 2021 (Magnolia Parke) and 2022 (Division of Rehabilitation)

Guest Lecturer: PHT 6352 Pharmacology in Physical Therapy Practice. Topic: Skeletal Muscle Relaxants and Arthritis Medications. University of Florida Doctor of Physical Therapy program. June 2023