

Update: July, 2023

## ARA JO, PhD, MS

Department of Health Services Research, Management and Policy  
College of Public Health and Health Professions  
University of Florida

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### Office Contact Information

HPNP Building, Room #3116  
1225 Center Drive, PO Box 100195  
Gainesville, FL 32611  
E-mail: [ara13j@phhp.ufl.edu](mailto:ara13j@phhp.ufl.edu)  
Office Phone: 352-273-6539

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### EDUCATION

- 2013-2017     **Ph.D. in Department of Health Services Research, Management and Policy**  
University of Florida, Florida, United States  
*Dissertation: Development of Cardiovascular Disease Risk Score by Adding Body Composition Assessment(s)*
- 2011 -2013     **M.S. in Department of Sport Management**  
Florida State University, Florida, United States  
*Thesis: Perceived Price Fairness of College Football Ticket Price for Sport Consumers*
- 2006-2011     **B.E. in Department of Economics**  
**B.S. in Department of Exercise Science**  
Ewha Womans University, Seoul, South Korea

### FACULTY AND ADMINISTRATIVE APPOINTMENTS

University Florida, College of Public Health and Health Professions

- |                     |   |
|---------------------|---|
| 1/05/2018 – present | Clinical Assistant Professor<br>Department of Health Services Research, Management and Policy |
| 7/01/2018-present   | PHHP Curriculum Committee   |
| 9/15/2019-present   | MPH Concentration Coordinator<br>Population Health Management Program                         |
| 8/16/2019- present  | UF Health Cancer Center Member<br>Cancer Populations Sciences Research Program                |
| 9/2019-3/2021       | Department Representative for CEPH Accreditation Committee                                    |
| 7/14/2020-1/2021    | HSRMP Chair Search Committee  |
| 8/2020-present      | HSRMP Curriculum Committee  |
| 11/2020-present     | HSRMP Admission Committee   |

12/2020-present	Faculty Advisor for MHA Case Competitions (UAB, OSU, PSU & NAHSE)
4/1/2022-present	HSRMP Faculty Search Committee (SBS and HSRMP)
1/1/2023-present	MPH Curriculum Task Force
7/21/2023-present	HSRMP Dean's Citation Paper Award Committee

### PEER-REVIEWED PUBLICATIONS (\*denotes student)

H-index:13, Citation: 671

1. Mainous AG, Essa JR\*, Sauer S\*, Bennett R\*, Keck S, **Jo A**. The Daily Mile: The Impact of an Elementary School-Based Exercise Program on Pulmonary Function. [published July 24, 2023]. *Fam Med*. <https://doi.org/10.22454/FamMed.2023.976789>.
2. Scarton L, Nelson T\*, **Jo A**, O'Neal LJ, Yao Y, Huggins S, Legaspi AB, McClaren MJ, Cabassa JS, Burgos Melendez JM, Munoz-Pena JM. A nurse-led intervention in patients with newly diagnosed cancer and Type 2 diabetes: A pilot randomized controlled trial feasibility study. *Cancer Medicine*. 2023 Jun 1. <https://doi.org/10.1002/cam4.6118>
3. **Jo A**, Dai M, Peterson L, Mainous AG. Trends and Practice Patterns of Family Physicians Maintaining Geriatrics Certificate: 1988-2019. *Family Medicine*. 2023; 55(2):95-102. DOI: 10.22454/FamMed.2023.917437
4. Aduse-Poku L\*, Gopireddy DR, Hernandez M, Lall C, Divaker J, Falzarano SM, Masood S, Datta S, Zhang W, **Jo A**, Bian J. Intraindividual Reliability of Opportunistic Computed Tomography—Assessed Adiposity and Skeletal Muscle Among Breast Cancer Patients. *JNCI Cancer Spectrum*. 2022 Dec;6(6):pkac068. <https://doi.org/10.1093/jncics/pkac068>
5. Scarton L, **Jo A**, Xie Z\*, O'Neal LJ, Munoz Pena JM, George TJ, Bian J. Examining the relationship between metformin dose and cancer survival: A SEER-Medicare analysis. *Plos one*. 2022 Oct 19;17(10):e0275681. <https://doi.org/10.1371/journal.pone.0275681>
6. Aduse-Poku L\*, Bian J, Gopireddy DR, Hernandez M, Lall C, Falzarano SM, Masood S, **Jo A**, Cheng TY. Associations of computed tomography image-assessed adiposity and skeletal muscles with triple-negative breast cancer. *Cancers*. 2022 Apr 6;14(7):1846. <https://doi.org/10.3390/cancers14071846>
7. Xie, Z.\*, Chen, G., Suk, R. Dixon, B., **Jo, A.**, Hong, YR. Limited English Proficiency and Screening for Cervical, Breast, and Colorectal Cancers among Asian American Adults. *J. Racial and Ethnic Health Disparities* 10, 977–985 (2023). <https://doi.org/10.1007/s40615-022-01285-8>

8. O'Neal LJ, **Jo A**, Scarton L, Marino. Food Insecurity is associated with Mental-Physical Comorbidities among US adults. *Int. J. Environ. Res. Public Health* 2022, 19(3), 1672; <https://doi.org/10.3390/ijerph19031672>
9. Hong YR, **Jo A**, Huo J, Cardel MI, Mainous III AG. Pathways of Teach-Back Communication to Health Outcomes Among Individuals With Diabetes: A Pathway Modeling. *Journal of primary care & community health*. 2022 Jan;13:21501319211066658. <https://doi.org/10.1177/21501319211066658>
10. Marlow NM, Xie Z, Tanner R, **Jo A**, Kirby AV. Association Between Disability and Suicide-Related Outcomes Among US Adults. *American journal of preventive medicine*. 2021 Dec 1;61(6):852-62. <https://doi.org/10.1016/j.amepre.2021.05.035>
11. VE MB, Keys H, Samuels SK, **Jo A**, Noland GS, Gonzales M, Blount S, Mainous AG. Prevalence of Diabetes, Prediabetes, and Associated Risk Factors Among Agricultural Village Residents in the Dominican Republic. *The American Journal of Tropical Medicine and Hygiene*. 2021 Apr 19. 10.4269/ajtmh.19-0942
12. Xie Z\*, Yadav S\*, **Jo A**. The association between electronic wearable devices and self-efficacy for managing health: a cross sectional study using 2019 HINTS data. *Health and Technology*. 2021 Mar;11(2):331-9. <https://doi.org/10.1007/s12553-021-00525-x>
13. **Jo A**, Scarton L, O'Neal LJ, Larson S\*, Schafer N, George TJ, Munoz Pena JM. New onset of type 2 diabetes as a complication after cancer diagnosis: A systematic review. *Cancer Medicine*. 2021 Jan;10(2):439-46. <https://doi.org/10.1002/cam4.3666>
14. Turner K, **Jo A**, Wei G, Tabriz AA, Clary A, Jim HS. Sharing patient-generated data with healthcare providers: findings from a 2019 national survey. *Journal of the American Medical Informatics Association*. 2020 Nov 12. 28(2): 371-376. <https://doi.org/10.1093/jamia/ocaa272>
15. Xie Z\*, **Jo A**, Hong YR. Electronic wearable device and physical activity among US adults: An analysis of 2019 HINTS data. *International Journal of Medical Informatics*. 2020 Oct 7:104297. <https://doi.org/10.1016/j.ijmedinf.2020.104297>
16. Hong, YR\*, Huo, JH., **Jo, A.**, Cardel, M., Mainous III, AG. Association of patient-provider teach-back communication with diabetic outcomes: a cohort study. *The Journal of the American Board of Family Medicine*. 2020 Nov 1;33(6):903-12. <https://doi.org/10.3122/jabfm.2020.06.200217>
17. Hong YR\*, **Jo A**, Cardel M, Huo J, Mainous AG III Patient-provider communication with teach-back, patient-centered diabetes care, and diabetes care education. *Patient Education and Counseling*. 2020 Dec 1;103(12):2443-50. <https://doi.org/10.1016/j.pec.2020.05.029>

18. Turner K, Bjarnadottir R, **Jo A**, Repique RJ, Thomas J, Green JF, Staggs VS. Patient falls and injuries in US psychiatric care: incidence and trends. *Psychiatric services*. 2020 Sep 1;71(9):899-905. <https://doi.org/10.1176/appi.ps.202000004>
19. Mansoor H\*, **Jo A**, Beau De Rochars VM, Pepine CJ, Mainous III AG. Novel Self-Report Tool for Cardiovascular Risk Assessment. *Journal of the American Heart Association*. 2019 Dec 17;8(24):e014123. <https://doi.org/10.1161/JAHA.119.014123>
20. **Jo A**, Coronel BD\*, Coakes CE\*, Mainous III AG. Is there a benefit to patients using wearable devices such as Fitbit or Health Apps on Mobile?: A systematic review. *The American journal of medicine*. 2019 Jul 11. <https://doi.org/10.1016/j.amjmed.2019.06.018>
21. Marlow NM, Shenae SK, Mainous AG III, **Jo A**. Patient-Provider Communication Quality for Persons with Disabilities: A Cross-Sectional Analysis of the Health Information National Trends Survey. *Disability and Health Journal*. April 2019. <https://doi.org/10.1016/j.dhjo.2019.03.010>
22. **Jo A**, Larson S\*, Carek PJ, Peabody MR, Peterson LE, Mainous AG III. Prevalence and practice for rare diseases in primary care: a national cross-sectional study in the USA. *BMJ Open*. 2019;9:e027248. doi: 10.1136/bmjopen-2018-027248
23. Desai R\*, **Jo A**, Marlow NM. Risk for Medication Nonadherence Among Medicaid Enrollees With Fibromyalgia: Development of a Validated Risk Prediction Tool. *Pain Practice*. 2019 Jan 15. <https://doi.org/10.1111/papr.12743>
24. Mainous III AG, Tanner RJ, Rahmanian KP, **Jo A**, Carek PJ. Effect of Sedentary Lifestyle on Cardiovascular Disease Risk Among Healthy Adults With Body Mass Indexes 18.5 to 29.9 kg/m<sup>2</sup>. *The American Journal of Cardiology*. 2018 Dec 4. <https://doi.org/10.1016/j.amjcard.2018.11.043>
25. **Jo A**, Mainous AG, 3rd. Informational value of percent body fat with body mass index for the risk of abnormal blood glucose: a nationally representative cross-sectional study. *BMJ open*. 2018;8(4):e019200. 10.1136/bmjopen-2017-019200
26. Mainous III AG, Tanner RJ, **Jo A**, Park K, De Rochars VM. Trends in Cardiovascular Disease Risk in the US, 1999–2014. *American journal of preventive medicine*. 2018 Sep 1;55(3):384-8. <https://doi.org/10.1016/j.amepre.2018.04.025>
27. Hong YR, **Jo A**, Mainous AG. Up-to-Date on Preventive Care Services Under Affordable Care Act. *Medical care*. 2017 Aug 1;55(8):771-80. <https://doi.org/10.1097/MLR.0000000000000763>
28. Marlow NM, Simpson KN, Vaughn IA, **Jo A**, Zoller JS, Baron Short E. Healthcare Costs and Medication Adherence Among Patients with Fibromyalgia: Combination Medication vs. Duloxetine, Milnacipran, Venlafaxine, and

Pregabalin Initiators. *Pain Practice*. 2017 Apr 18.

<https://doi.org/10.1111/papr.12585>

29. Mainous AG, Tanner RJ, Anton SD, **Jo A**, Luetke MC. Physical Activity and Abnormal Blood Glucose Among Healthy Weight Adults. *American Journal of Preventive Medicine*. 2017 Jul; 53(1):42-47.  
<https://doi.org/10.1016/j.amepre.2016.11.027>
30. Mainous AG III, Marlow NM, Tanner RJ, **Jo A**, Beau de Rochars VM, Malaty J, Carek PJ. Hearing Impairment and Undiagnosed Disease: The Potential Role of Clinical Recommendations. *Journal of Speech, Language, and Hearing Research*, 2017 Jan 1; 60(1):231-237. [https://doi.org/10.1044/2016\\_JSLHR-H-15-0373](https://doi.org/10.1044/2016_JSLHR-H-15-0373)
31. Mainous AG III, Tanner RJ, **Jo A**, Anton S. Prevalence of Prediabetes and Abdominal Obesity Among Healthy Weight Adults: 18 year Trend. *Annals of Family Medicine*, 2016 July;14(4):304-10. <https://doi.org/10.1370/afm.1946>
32. Mainous AG III, Tanner RJ, Anton S, **Jo A**. Low Grip Strength and Prediabetes in Healthy Weight Adults. *Journal of the American Board of Family Medicine*, 2016 Mar;29(2):280-2. <https://doi.org/10.3122/jabfm.2016.02.150262>
33. Mainous AG III, Tanner RJ, Anton S, **Jo A**. Grip Strength as a Marker of Hypertension and Diabetes in Healthy Weight Adults. *American Journal of Preventive Medicine*, 2015 Dec; 49(6):850-8.  
<https://doi.org/10.1016/j.amepre.2015.05.025>

\* denotes student.

### BOOK REVIEW/ REPORT

1. Beau De Rochars M, Mainous AG III, Samuels S, **Jo A**, Tanner RJ. *Updated Health Care Report: Diabetes Estimates among Migrant Farmers Living in Bateyes in the Dominican Republic*. March, 2017
2. Beau De Rochars M, Mainous AG III, Samuels S, **Jo A**, Tanner RJ. *Health Care Report: Diabetes Estimates among Migrant Farmers Living in Bateyes in the Dominican Republic*. November, 2016

### MANUSCRIPTS SUBMITTED FOR PUBLICATION

1. Xie, Z.\*, Hong, YR., **Jo, A.**, Marlow, NM. Telehealth utilization during the COVID-19 Pandemic among people with functional disabilities in the US-an analysis of NHIS 2020 data. *Journal of General Internal Medicine*. (Submit)
2. Mainous, AG III., Sharma, Pooja\*, **Jo, A.**, Systemic Inflammation Among Adults with Diagnosed and Undiagnosed Cardiometabolic Conditions. *Frontiers in Medicine*. (Submit)

### POSTER & ORAL PRESENTATION

1. Mainous, AG., Sharma, P., **Jo, A.** Systemic Inflammation Among Adults with Undiagnosed Cardiometabolic Conditions: Is This A Neglected Focus for Prevention? 51<sup>st</sup> NAPCRG Annual Meeting 2023. San Francisco, CA. October 30- November 3, 2023.
2. Mainous AG., Velyn Wu., **Jo, A.**, Sauer, S., Bennett, R., Essa, JR. A School-Based Exercise Intervention and Evaluation: Real World Lessons from the Daily Mile. 2023 STFM Annual Spring Conference. Tampa. FL, April 29-May 3, 2023.
3. Xie, Z., Hong, Y. R., **Jo, A.**, Marlow, N. M. Telehealth utilization during the COVID-19 Pandemic among people with functional disabilities in the US-an analysis of NHIS 2020 data. 2022 APHA Annual Meeting and Expo-Oral Presentation. Boston, MA. November 6-9, 2022.
4. Scarton, L., Nelson, T., Yao, Y., Huggins, S., **Jo, A.**, O'Neal, L.J., George, T.J., Munoz-Pena, J.M., Markham, M.J., Murphy, M.C., Chatzkel, J.A., Rogers, S. Feasibility Metric Outcomes: A Nurse-Led Intervention to Identify and Manage Undiagnosed Type 2 Diabetes in Patients with Newly Diagnosed Cancer. Poster presented at the AACR Health Disparities Conference, Philadelphia, PA. Sept 16-19, 2022
5. **Jo, A.**, Health Services Research for Surgeons: How Health Services Research Can Improve Surgical Outcomes. Presented at the Grand Rounds, College of Medicine, University of Florida. April,29, 2022.
6. Zhigang, X., Chen, G., Suk, R., Dixon, B., **Jo, A.**, Hong, YR. Limited English Proficiency, Patient-Provider Language Concordance, and Evidence-Based Cancer Screening among Asian Americans. 2022 AcademyHealth Annual Meeting. Washington, DC. June 4-7, 2022
7. Scarton, L., **Jo, A.**, Zhigang, X., O'Neal, L.J., Munoz, Pena, J.M., George, T.J., Bian, J. (2022, April 8-13). Examining the relationship between metformin dose and cancer survival across racial and ethnic groups: A SEER-Medicare analysis. Poster presented virtually at the 2022 American Association for Cancer Research. New Orleans, LA.
8. Scarton, L., O'Neal, L.J., **Jo, A.**, Dhar, B., Gutter, M., Yingwei, Y., Wilkie, D.J. Prevalence of Cardiometabolic Comorbidities, Race/Ethnicity, and Socioeconomic Status: Comparison among a Diverse U.S. and Florida Sample. Health disparities symposium presentation at the 36th Annual Conference, Southern Nursing Research Society. Virtual meeting. (2022, February 23-25).
9. Ming D, **Jo A**, Peterson L, Mainous AG. Family Physicians Maintaining Geriatric Medicine Certificate: Trends and Practice Patterns. NAPCRG Annual Meeting 2020, Virtual, November 2020
10. **Jo A.** Health policy and insurance plan for mental health and substance use disorder. Seminar at the Department of Clinical Psychology and Practice, University of Florida, Florida, February 7, 2020

11. **Jo A**, Coronel BD, Coakes CE, Mainous AG III. Is there a benefit to patients using wearable devices such as Fitbit or Health Apps on Mobiles? : A systematic review. NAPCRG Annual Meeting 2019, Toronto, Canada, November 2019
12. Jimenez E, Larson, S, Fleischman SR, **Jo A**. 5-Year Trends of Length of Stay at ED and Characteristics in Patients Diagnosed with Ambulatory Care Sensitive Conditions (ACSCs): The National Hospital Ambulatory Medical Condition Survey (NHAMCS), 2011-2015. Presented at the AcademyHealth Annual Meeting 2019, Washington DC, June 2019
13. **Jo A**, Mainous AG III, Larson S, Carek PJ, Peabody M, Peterson L. Rare Disease in Primary Care: Prevalence and Practice. Presented at the 46<sup>th</sup> North American Primary Care Research Group Annual Meeting (NAPCRG), Chicago, US, November, 2018
14. **Jo A**, Mainous AG III, Marlow NM. Identify an Optimal Non-Invasive Body Composition Assessment to Develop Cardiovascular Disease Risk Score. Presented at the AcademyHealth Annual Meeting 2018, Seattle, WA, June, 2018.
15. Mainous AG III, Tanner RJ, **Jo A**, Park K, Beau De Rochars V. Trends in Cardiovascular Disease Risk in the United States, 1999-2014: Implications for Health Disparities. Presented at the Annual Spring Conference of the Society of Teachers of Family Medicine, Washington, DC, May, 2018.
16. **Jo A**, Mainous AG III. Utility of Body Fat Percentage Integrating Body Mass Index on Abnormal Blood Glucose. Presented at the 45<sup>th</sup> North American Primary Care Research Group Annual Meeting, Montreal, Quebec, Canada, November, 2017
17. Samuels SK, **Jo A**, Beau De Rochars V, Keys H, Blount S, Noland G, Gonzales M, Mainous AG III. Diabetes among Residents Living in Bateyes in the Dominican Republic: A Hidden Epidemic in a Middle-Income Country. Presented at the 45<sup>th</sup> North American Primary Care Research Group Annual Meeting, Montreal, Quebec, Canada, November, 2017
18. **Jo A**, Samuels SK, Mainous AG III. Impact of Weight Loss to Normal BMI Target on Abnormal Glucose. Presented at the AcademyHealth Annual Meeting 2017, New Orleans, NA, June, 2017
19. **Jo A**, Mainous AG III. Impact of Body Fat Percentage Integrating Body Mass Index on Abnormal Blood Glucose: the Informational Value of Body Fat. Presented at the Family Medicine Research Day, Gainesville, FL, June 1, 2017
20. **Jo A**, Samuels SK, Mainous AG III. Weight Loss to Healthy BMI Target and Prediabetes/Undiagnosed Diabetes. Presented at the 1<sup>st</sup> GatorCare Forum, University of Florida, Gainesville, FL, November, 2016
21. Mainous AG III, Tanner RJ, Anton S, **Jo A**. Prevalence of Prediabetes and Abdominal Obesity Among Healthy Weight Adults: 18 year Trend. Presented at

the 49th annual meeting of the Society of Teachers of Family Medicine,  
Minneapolis, MN, May, 2016

22. Zayas CE, Lyon JA, **Jo A**, Yoon S, Harle CA. The effect of U.S. school-based health centers on care quality, health outcomes, hospital and emergency department use, cost and economic benefits: A systematic review. Poster presented at the Research Day, University of Florida, Gainesville, FL, April, 2015
23. Lee J, **Jo A**, Lee J. Do Social Networking Sites (SNSs) Help Health Information Seeking Behaviors in Adults? : A Systematic Review. Poster presented at the AcademyHealth Annual Meeting, Minneapolis, MN, June, 2015
24. Nelson R, Lee J, Lee J, & **Jo A**. Does voluntary activity affect depression for older adults? Poster presented at the 20th International Association of Gerontology and Geriatrics (IAGG), Seoul, Korea, June, 2013
25. Lee J, Lee J, **Jo A**, Ryu H, & Cho K. Re-tweeting about the “end-of-life”: Information sharing on Twitter. Poster presented at the 20th International Association of Gerontology and Geriatrics (IAGG), Seoul, Korea, June, 2013
26. **Jo A**. Perceived Price Fairness for Sport Consumers. Presented at the Sport Marketing Association (SMA), Orlando, FL, 2012

## **FUNDING**

Florida Together Now Project (Co-I)	09/2022-
Florida Department of Health	7/2025
PI: Linda Cottler, PhD	
Nursing-led Intervention for Newly Diagnosed Type 2 Diabetes	6/9/2020-
Patients with Cancer (Co-I)	1/31/2022
PI: Lisa Scarton, PhD, RN	
Healthcare Utilization Outcomes Research in Florida	1/1/18 –
Research collaboration with Edward Jimenez, MBA, CEO of UF	8/31/22
Shands	
Patient Characteristics and Their Influence on Referrals	1/1/18 - 6/30-
PI: Arch G. Mainous III, PhD	18

## **EDITORIAL EXPERIENCE**

### **Editorial Board**

Frontiers in Public Health (Specialized in Life-course epidemiology and social inequalities)

### **Manuscript Reviewer**

Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy  
Journal of Rare Diseases  
Healthcare  
Cell Press: Heliyon  
Journal of Diabetes



International Journal of Environmental Research and Public Health  
 International Journal of Obesity  
 American Journal of Human Biology  
 Journal of Medical Internet Research  
 BMC Health Services Research  
 American Journal of Preventive Medicine  
 Cancer Cause  
 Cancer Medicine  
 Asia Pacific Journal of Social Work and Development  
 Journal of Health Care for the Poor and Underserved  
 Family Medicine  
 Plos ONE  
 Journal of Medical Internet Research  
 Cancer Biomarker, Epidemiology and Prevention  
 BMJ Public Health  
 Healthcare

### Conference abstract reviewer

AcademyHealth

Jan, 2023

### ADVISOR OF ACADEMIC THESIS/DISSERTATION RESEARCH

Name	Degree Program	Role	Period
Patrick Guyer	MPH	Advisor	June-May 2021
Omari Richins	MPH	Advisor	August 2018-May 2019
Andrew Cristola	MPH	Advisor	August 2018- April 2020
Acadia Jacob	MPH	Advisor	August 2018-April 2020
Andrew Borelli	MPH	Advisor	September 2019-Dec 2019
Emma Crawly	MPH	Advisor	September 2019- April 2020
Zachary Sandoval	MPH	Advisor	September 2019-
Melissa Amundsen	MPH	Advisor	September 2019- April 2020
Matthew Taddeo	MPH	Advisor	August 2019-April 2022
Gianna Guterrez	MPH	Advisor	August 2019-April 2021
Shiyuan Huang	MPH	Advisor	August 2019- April 2021
Pamela McFarlane	MPH	Advisor	August 2019- April 2021
Kevin Rodriguez	MPH	Advisor	Summer 2021-December 2021
Nuzhat Zaman	MPH	Advisor	August 2021-April 2022
Nicole Morales	MPH	Advisor	August 2021-April 2022
Katarzyna Zinninger	MPH	Advisor	August 2021-July 2022
Wellington Dos Santos	MPH	Advisor	August 2022-

Casey Montoya	MPH	Advisor	August 2022-
Shay Cunningham	MPH	Advisor	August 2022-December 2022
Michael Hernandez-Garcia	MPH	Advisor	September 2022-
Novia Love	MHA	Essay Competition Advisor	October-December 2021
Sarah Fleischman	Undergrad	Honors Program Thesis Advisor	January 2018-May 2019
Kevin To	Undergrad	Honors Program Thesis Advisor	May 2019- April 2020
Samantha Schwartz	Undergrad	Honors Program Thesis Advisor	May 2020-April 2021
Mackenzie Smith	Undergrad	Honors Program Thesis Advisor	May 2021-April 2022
Brandi Caughorn	Undergrad	Honors Program Thesis Advisor	May 2021-April 2022
Sarina Shri Parikh	Undergrad	Honors Program Thesis Advisor	August 2022-present
Wellington Dos Santos	Undergrad	UFHCC Scholarship undergraduate advisee	September 2021-April 2022
Adam James Bouhamdan	Undergrad	UFHCC Scholarship undergraduate advisee	August 2022-present
Hend Mansmoor	PhD	Dissertation Committee Member	September, 2018-August 2019
Young-Rock Hong	PhD	Dissertation Committee Member	April, 2019-Dec 2019
Janet Lopez	PhD	Dissertation Committee Member-External	August 2020-Dec 2021
Zhigang Xie	PhD	Dissertation Committee Member	August 2021-April 2022

### ADVISOR OF THE CASE COMPETITION

Year	Case Competition	Team members
2023	UAB	Makenna Slack, Yami Gonzalez, Liam Ngo
2022	UAB	Andrea Bell, Christina Lim, Xinyi Jiang
	OSU	Makenna Slack, Dee Garcia, Sofia Osorio
2021	NAHSE	Ben Churba, Orlando Sanchez, Rahim Moxey
	PSU	Sofia Osorio, Lydia Masut, Chan Kim, Christina Truong
	OSU	Novia Love, Andrea Bell, Christina Lim
	UAB	Tylor Floyd, Anu Vats, Novia Love

### TEACHING ACTIVITY

2021 Fall- present	HSA6188: Strategic Management for Health Administrators
2018 Summer-present	HSA6114: Health Care System and Policy

2018 Fall-2021 Spring	HSA6115: Introduction to Management of Healthcare Services Organizations
2019 Spring- present 2016 Fall	HSA6126: US Health Insurance  Lecture: Managed care Case Studies: Current US Healthcare Issues HSA 6114: Introduction to US Health Care System University of Florida
2015 Spring	Lecture: Strategic Planning with Electronic Health Records in Health services PHC 4117: Public Health Management and Leadership University of Florida
2015 Fall	Lectures: Case Study about E-cigarette in Public Health Lecture: Continuous Quality Improvement (CQI) Measurement Lecture: Case Study about Leadership in Health Services Organizations HSA 6115 Introduction to management of Health Services Organizations University of Florida
2014 Spring	Lecture: Ethics in Public Health PHC 4117: Public Health Management and Leadership University of Florida
2014 Fall	Lectures: Case Study about E-cigarette in Public Health HSA 6115 Introduction to management of Health Services Organizations
<i>Florida State University</i> 2012-2013	Instructor in Lifetime Activity Stretching and Relaxation, and Tennis

### **EMPLOYMENT EXPERIENCE**

2017	Research Assistant to CEO Edward Jimenez University of Florida Shands Hospital
2015-2017	Research Assistant Department of Health Services Research, Management and Policy University of Florida
2013-2017	Teaching Assistant Department of Health Services Research, Management and Policy University of Florida
2012-2013	Graduate Assistant Lifetime Activity Program Instructor Florida State University
2009	International Teaching Assistant in Basic Statistics and Algebra Department of Global Business, Akita International University

## HONORS & AWARDS

- 2023 Spring PHHP Excellence in Teaching
- 2021 Spring American Association for Cancer Research (AACR)-Minorities in Cancer Research Council Faculty Scholar Award, Scarton, L., Jo, A., Zhigang, X., O'Neal, L.J., Munoz, Pena, J.M., George, T.J., Bian, J. (2022, April 8-13). "Examining the relationship between metformin dose and cancer survival across racial and ethnic groups: A SEER-Medicare analysis."
- 2020 Fall Selected as a Dean's Citation Paper Award, "Is there a benefit to patients using wearable devices such as Fitbit or Health Apps on Mobiles?: A systematic review".
- 2019 Fall Selected as a Dean's Citation Paper Award, "Informational value of percent body fat with body mass index for the risk of abnormal blood glucose: a nationally representative cross-sectional study".
- 2019 Spring Selected as a Featured Article, "Informational value of percent body fat with body mass index for the risk of abnormal blood glucose: a nationally representative cross-sectional study". *Year in Review 2018. UF Diabetes Institute*
- 2016 Spring Distinguished Paper, "Prevalence of Prediabetes and Abdominal Obesity Among Healthy Weight Adults: 18-Year Trend". *Society of Teachers of Family Medicine (STFM.org)*.
- 2014-2017 Dean's Award  
University of Florida
- 2012 Fall Southern Scholarship Foundation  
Florida State University
- 2012 Graduate Teaching Assistantship Scholarship  
Florida State University

## MEMBERSHIP

- 2020-present Association of University Programs in Health Administration
- 2019-present UF Health Cancer Center, Cancer Population Science Workgroup
- 2017-2021 North American Primary Care Research Group (NAPCRG)
- 2014-2022 AcademyHealth
- 2012-2012 Sport Marketing Association (SMA)
- 2012-2012 North American Society for Sport Management (NASSM)

## SERVICE

- 9/27, 2021 UF ATTAC IT Tobacco cessation training moderator

## LANGUAGE CAPACITIES

Korean as native

Fluent in English and Japanese

### **CERTIFICATIONS & PROFESSIONAL SKILLS**

1. Program for Instructional Excellence (PIE) Certificate, Florida State University, 2013
2. Knowledge of SAS, SUDAAN, STATA and ArcGIS Pro
3. Shakti DEI Training Completion