

CURRICULUM VITAE

Victoria Menzies, PhD, RN, PMHCNS-BC, FAAN

College of Nursing, University of Florida

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EDUCATION

Institution	Degree	Major	Date
University of Virginia	PhD	Nursing	2004
University of Virginia	MSN	Psychiatric and Mental Health Nursing	2000
Temple University	EdM	Education	1997
Columbia University	BA	English (Honors)	1978
Asbury Hospital School of Nursing	Diploma	Nursing	1969

LICENSURE

State Issuing License: Virginia – Multi-State License

State Issuing License: Virginia - Clinical Specialist in Adult Psychiatric and Mental Health

State Issuing License: Florida - Advanced Practice Registered Nurse

MILITARY SERVICE RECORD

LTJG, Inactive Duty/U.S. Naval Reserve (Nurse Corps)	1972-1979
Ensign/LTJG, Active Duty/U.S. Naval Reserve (Nurse Corps)	1970-1972

PROFESSIONAL EXPERIENCE

Academic Experience

Institution	Position	Date
College of Nursing University of Florida Gainesville, Florida	Associate Professor with Tenure	2019-present
School of Nursing Virginia Commonwealth University Richmond, Virginia	Associate Professor	2014-2019
School of Nursing Virginia Commonwealth University Richmond, Virginia	Tenure Granted	2014-July
School of Nursing Virginia Commonwealth University Richmond, Virginia	Assistant Professor	2008-2014

School of Nursing Florida International University Miami, Florida	Assistant Professor	2004-2007
School of Nursing University of Virginia Charlottesville, Virginia	Teaching/Research Assistant	1998-2004

Clinical Experience

Institution	Position	Date
Fan District Free Clinic Richmond, Virginia	Adult Psychiatric Mental Health Counseling	2008-2016
Virginia Commonwealth University Health System (VCUHS)	Adult Psychiatric Mental Health CNS-Crisis Center	2011-2013
Integrative Health Education Media, Pennsylvania	Principal Health Education and Counseling	1985-1998
MEDOX Nursing Service Agency Boston, Massachusetts	Director, Nursing CEU Program	1978-1979
Columbia University Medical Center New York, New York	Private Duty Nursing	1976-1978
St. Luke's Hospital New York, New York	Assistant Head Nurse Emergency Department	1972-1976
U.S. Navy Nurse Corps St. Albans Naval Hospital Queens, New York	Ensign/LTJG Orthopedic, Drug Rehab, and Medical-Surgical Nursing	1970-1972
St. Elizabeth's Hospital Lincoln, Nebraska	Staff Nurse, Emergency Room	1969-1970

HONORS/AWARDS

Award/Honor	Date
Ambassador, Friends of National Institute of Nursing Research	2017
Congressionally Directed Medical Research Program (CDMRP) Peer Reviewed Medical Research Program (PRMRP) Panel Member	2016
Fellow, American Academy of Nursing	2016
Recruitment Inclusive Champion Program, Virginia Commonwealth University	2016
NINR Precision Health: From 'Omics' to Data Science Boot Camp	2016
NIH Early Career Reviewer Program/Center for Scientific Review	2016
Congressionally Directed Medical Research Program (CDMRP) Peer Reviewed Medical Research Program (PRMRP) Panel Member	2015
VCU School of Nursing Outstanding Faculty Award	2015
Oxford Fellow-Harris Manchester College Summer Research Institute	2014
Daisy Award: Excellence in Teaching (VCUHS Award)	2014
National Institute of Nursing Research Fatigue/Sleep Methodologies Boot Camp	2013
Building Interdisciplinary Bridges in Women's Health Research Award (VCUHS/Institute for Women's Health Award)	2013
VCU School of Nursing Excellence in Teaching (VCUHS Award)	2009
Southern Nursing Research Society Scholar	2005

New Investigator Award for the Fibromyalgia Workshop: The Next Advances Washington, D.C. – National Institute of Arthritis and Musculoskeletal and Skin Diseases	2004
Phyllis J. Verhonick Outstanding Dissertation Award (UVA School of Nursing Award)	2004
The Raven Honorary Society – Scholarship and Service, University of Virginia	2003
Emeritus Member, Dean’s Advisory Board, University of Virginia School of Nursing	2002
Chapter Service Award, Sigma Theta Tau International, Beta Kappa Chapter	2001
Omicron Delta Kappa Induction – The National Leadership Honor Society	2000
Sigma Theta Tau Induction – Nursing Honor Society, University of Virginia	1999
Helena Rubenstein Scholar, Columbia University, New York, New York	1976

PUBLICATIONS

Papers Published

(including papers in review and *in press*)

- Menzies, V.**, Starkweather, A. S., Yao, Y., Thacker, L. R., Garrett, T. J., Lynch Kelly, D., Patel, P., & Lyon, D. E. Metabolomic differentials in women with and without fibromyalgia. *Clinical and Translational Science*. (*in press*)
- Menzies, V.**, Lynch-Kelly, D., Yang, G. S., Starkweather, A. S., & Lyon, D. E. (2019) A systematic review of the association between fatigue and cognition in chronic noncommunicable diseases (NCDs). *Chronic Illness*. 2019 Mar 18:1742395319836472. doi: 10.1177/1742395319836472. [Epub ahead of print]. PMID: 30884965
- Gullet, J., Yang, G. S., **Menzies, V.**, Cohen, R., Fieo, R., Kelly, D., Starkweather, A., Jackson-Cook, C., & Lyon, D. L. (2019). Relationship of fatigue with performance based cognitive testing in women with early-stage breast cancer over two years. *Psycho-Oncology*, 28, 997-1003. doi: 10.1002/pon.5028
- Proffitt, T., & **Menzies, V.** (2019). Relationship of symptoms associated with ICU-survivorship: An integrative literature review. *Intensive & Critical Care Nursing*. 2019 Mar 13. pii: S0964-3397(18)30318-5. doi: 10.1016/j.iccn.2019.02.004. [Epub ahead of print] (PhD Student)
- Lyon, D. L., Starkweather, A. Yao, Y., Garrett, T., Kelly, D. L., **Menzies, V.**, Dereziński, P., Datta, S., Kumar, S., & Jackson-Cook, C. (2018). Pilot study of metabolomics and psychoneurological symptoms in women with early stage breast cancer. *Biological Research for Nursing*, 20, 227-236. doi: <https://doi.org/10.1177/1099800417747411>
- Starkweather, A. R., Coleman, B., Barcelona de Mendoza, Fu, M. R., V., **Menzies, V.**, O’Keefe, M., & Williams, J. (2018). Strengthen federal regulation of laboratory-developed and direct-to-consumer genetic testing. *Nursing Outlook*, 66, 101-104. doi: 10.1016/j.outlook.2017.11.004.
- Minnock, P., McKee, G., Kelly, A. Carter, S. C., **Menzies, V.**, O’Sullivan, D., Richards, P., Ndosi, M., & van Eijk Hustings, Y. (2018). Nursing sensitive outcomes in patients with rheumatoid arthritis: A systematic literature review. *International Journal of Nursing Studies*, 77, 115-129. doi: <http://dx.doi.org/10.1016/j.ijnurstu.2017.09.005>
- Davis, K.D., Sargent, L. & **Menzies, V.** (2017). Community-based care of the fibromyalgia patient: Strategies to promote self-management. *Home Healthcare Now*, 35(7), 2-10. doi: 10.1097/NHH.0000000000000570 [I]
- Bray, M., Root, M., Gelbar, N., Bruder, M. B., **Menzies, V.** (2017) Relaxation and guided imagery for parents of offspring with developmental disabilities. *Journal of Psychological Abnormalities*, 6: 155. doi: 10.4172/2471-9900.1000155

- Jallo, N., Thacker, L., **Menzies, V.**, Stojanovic, P., & Svikis, D. (2017). A mobile device stress coping app for hospitalized pregnant women at risk for preterm birth, *MCN: The American Journal of Maternal/Child Nursing*, advanced pub, doi: 10.1097/NMC.0000000000000355.
- Menzies, V.**, Thacker, L. R., II, Mayer, S. D., Young, A. M., Evans, S., & Barstow, L. (2017). Polypharmacy, opioid use, and fibromyalgia: A secondary analysis of clinical trial data. *Biological Research for Nursing*, 19, 97-105. doi: 10.1177/1099800416657636. PMID: 27432465
- Starkweather, A., & **Menzies, V.** (2016). CEU Module: Fibromyalgia: Diagnosis and management across the lifespan. *Topics in Pain Management: Current concepts and treatment strategies*, 2(2), 1-12.
- Subnis, U. B., Starkweather, A., & **Menzies, V.** (2016). A current review of distraction-based interventions for chronic pain management. *European Journal of Integrative Medicine*, 8, 715-722. <http://dx.doi.org/10.1016/j.eujim.2016.08.162>
- Ameringer, S., Elswick, R. K., **Menzies, V.**, Robins, J., Starkweather, A., Walter, J., & Jallo, N. (2016). Psychometric evaluation of the PROMIS fatigue-short form across diverse populations. *Nursing Research*, 65(4), 279-289. doi: 10.1097/NNR.0000000000000162
- Menzies, V.** (2016). Invited Paper: CE: Fibromyalgia: Current considerations in symptom management. *American Journal of Nursing*, 116(1), 24-32. doi:10.1097/01.NAJ.0000476162.13177.ae
- An, K., Jallo, N., **Menzies, V.**, Kinser, P., Robins, J. W., & Starkweather, A. R. (2015). Integrative review of co-occurring symptoms across etiologies of chronic liver disease and implications for symptom management research and practice. *Journal of Nursing Scholarship*, 47, 310-317. doi:10.1111/jnu.12146. PMID: 26077958
- Menzies, V.**, Jallo, N., Kinser, P., An, K., Robins, J., Driscoll, C., Starkweather, A., Bajaj, J., & Lyon, D. (2015). Shared symptoms and putative biological mechanisms in chronic liver disease: Implications for biobehavioral research. *Biological Research for Nursing*, 17, 222-229. doi:10.1177/1099800414541541. PMID: 25037448
- Menzies, V.**, Lyon, D. E., Archer, K. J., Zhou, A., Brumelle, J., Jones, K. H., Gao, G., York, T. P., & Jackson-Cook, C. (2013). Epigenetic alterations and an increased frequency of micronuclei in women with fibromyalgia. *Nursing Research and Practice*, 2013, 795784. doi: 10.1155/2013/795784
- Starkweather, A. R., Lyon, D. E., Montpetit, A. J., **Menzies, V.**, & Jallo, N. (2014). A biobehavioral perspective on telomere length and the exposome. *Biological Research for Nursing*, 16(4), 448-455. doi:10.1177/1099800414522689. PMID: 25199652
- DelaRippa, J., Conlon, A., Lyon, D., Ameringer, S., Kelly, D. L., & **Menzies, V.** (2015). Perceptions of distress in women with ovarian cancer. *Oncology Nursing Forum*, 42(3), 292-300. doi:10.1188/15.ONF.292-300
- Lyon, D. E., McCain, N., Elswick, R. K., Sturgill, J., Ameringer, S., Jallo, N., **Menzies, V.**, Robins, J., Starkweather, A., Walter, J., & Grap, M. J. (2014). Biobehavioral examination of fatigue and associated symptoms across populations: Report from a P30 Center of Excellence. *Nursing Outlook*, 62(5), 322-331. doi:10.1016/j.outlook.2014.06.008. PMID: PMC4290842
- Sturgill, J., McGee, E., & **Menzies, V.** (2014). Unique cytokine signature in the plasma of patients with fibromyalgia. *Journal of Immunology Research*, 2014, Article ID 938576. doi:10.1155/2014/938576. PMID: PMC3998983
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- Montpetit, A. J., Alhareeri, A. A., Montpetit, M., Starkweather, A. R., Elmore, L. W., Filler, K., Mohanraj, L., Burton, C. W., **Menzies, V. S.**, Lyon, D. E., & Jackson-Cook, C. K. (2014). Telomere length: A review of methods for measurement. *Nursing Research, 63*(4), 289-299. doi:10.1097/NNR.0000000000000037. PMID: 24977726
- Lyon, D. E., Starkweather, A. R., Montpetit, A., **Menzies, V.**, & Jallo, N. A. (2014). Biobehavioral perspective on telomere length and the exposome. *Biological Research for Nursing, 16*, 448-455. doi:10.1177/1099800414522689. PMID: 25199652
- Menzies, V.**, Lyon, D. E., Elswick, R. K., Jr., McCain, N. L., & Gray, D. P. (2014). Effects of guided imagery on biobehavioral factors in women with fibromyalgia. *Journal of Behavioral Medicine, 37*, 70-80. doi:10.1007/s10865-012-9464-7. PMCID: PMC3610859
- Menzies, V.**, Lyon, D. E., Archer, K. J., Zhou, Q., Brumelle, J., Jones, K. H., Gao, G., York, T. P., & Jackson-Cook, C. (2013). Epigenetic alterations and an increased frequency of micronuclei in women with fibromyalgia. *Nursing Research and Practice, 2013*, Article ID795784. doi:10.1155/2013/795784. PMCID: PMC3766610
- Jallo, N., Lyon, D. E., Kinser, P., Lynch-Kelly, D., **Menzies, V.**, & Jackson-Cook, C. (2013). Recruiting for epigenetic research: Facilitating the informed consent process. *Nursing Research and Practice: Epigenetics Research and Practice, 2013*, Article ID 935740. doi:10.1155/2013/935740. PMCID: PMC3690242
- Shockey, D., **Menzies, V.**, Glick, D., Taylor, A. G., Boitnott, A., & Rovnyak, V. (2013). Preprocedural distress in children with cancer: An intervention using biofeedback and relaxation. *Journal of Pediatric Oncology Nursing, 30*(3), 129-138. doi:10.1177/1043454213479035. NO PMID (DNP Student)
- Menzies, V.**, Lyon, D. E., Elswick, R. K., Jr., Montpetit, A. J., & McCain, N. L. (2013). Psychoneuroimmunological relationships in women with fibromyalgia. *Biological Research for Nursing, 15*(2), 217-223. doi:10.1177/1099800411424204. PMCID: PMC3722552
- McNallen, A. T., McCain, N. L., Elswick, Jr., R. K., **Menzies, V.**, & Leszczyszyn, D. J. (2013). Fatigue, sleep, and stress: Dynamic relationships in fibromyalgia. *Fatigue: Biomedicine, Health & Behavior, 1*(1-2), 64-80. doi:10.1080/21641846.2012.741783. NO PMID (PhD Student)
- Menzies, V.**, & Jallo, N. (2011). Guided imagery as a treatment option for fatigue: A literature review. *Journal of Holistic Nursing, 29*, 275-282. doi:10.1177/0898010111412187. PMCID: PMC3709599.
- Menzies, V.**, & Lyon, D. (2010). Integrated review of the association of cytokines with fibromyalgia and fibromyalgia core symptoms. *Biological Research for Nursing, 11*, 387-394. doi:10.1177/1099800409348328. PMCID: PMC3721357
- Menzies, V.**, Taylor, A. G., & Bourguignon, C. (2008). Absorption: An individual difference to consider in mind-body interventions. *Journal of Holistic Nursing, 26*, 297-302. doi:10.1177/0898010107307456. PMCID: PMC2810559
- Menzies, V.**, & Kim, S. (2008). Relaxation and guided imagery in Hispanic persons diagnosed with fibromyalgia: A pilot study. *Family and Community Health, 31*, 204-212. doi:10.1097/01.FCH.0000324477.48083.08. PMID: 18552601
- Menzies, V.**, Taylor, A. G., & Bourguignon, C. (2006). Effects of guided imagery on outcomes of pain, functional status, and self-efficacy in persons diagnosed with fibromyalgia. *Journal of Alternative and Complementary Medicine, 12*, 23-30. PMCID: PMC3712642
- Youngblut, J. M., Brooten, D., & **Menzies, V.** (2006). Psychometric properties of Spanish versions of the FACES II and Dyadic Adjustment Scale. *Journal of Nursing Measures, 14*, 181-189. PMID: 17278338
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- Menzies, V., & Taylor, A. G.** (2004). The idea of imagination: An analysis of “imagery.” *Advances in Mind-body Medicine*, 20, 4-10. PMID: 15356951
- Menzies, V., & Farrell, S. P.** (2002). Schizophrenia, tardive dyskinesia, and the Abnormal Involuntary Movement Scale (AIMS). *Journal of the American Psychiatric Nurses Association*, 8(4), 51-56. NO PMID
- Menzies, V.** (2000). Depression in schizophrenia: Nursing care as generalized resistance resource. *Issues in Mental Health Nursing*, 21(6), 605-617. PMID: 11271136
- Menzies, V.** (2000). Depression and burn wounds. *Archives of Psychiatric Nursing*, XIV(4), 199-206. NO PMID

Books and/or Chapters

- Taylor, A. G., & **Menzies, V.** (2018). Complementary health approaches. In J. Fitzpatrick (Ed.), *Encyclopedia of Nursing Research* (4th ed.).
- Taylor, A. G., & **Menzies, V.** (2012). Complementary and alternative practices and products (CAPPs). In J. Fitzpatrick & M. W. Kazer (Eds.), *Encyclopedia of Nursing Research* (3rd ed., pp. 80-83).
- Brooten, D., Youngblut, J. M., Donahue, D., & **Menzies, V.** (2007). A political minefield: Conducting nursing research. In D. J. Mason, J. K. Leavitt & M. W. Chaffee (Eds.), *Policy and Politics in Nursing and Health Care* (5th ed., pp. 607-621). Philadelphia, PA: W.B. Saunders.
- Taylor, A. G., Taibi, D. M., Snyder, A. E., Bourguignon, C., Vincent, H. K., & **Menzies, V.** (2007). Complementary and alternative practices and products: Components of holistic health care. In J. L. Creasia & B. Parker (Eds.), *Conceptual Foundations: The Bridge to Nursing Practice* (4th ed., pp. 369-407). St. Louis, MO: Mosby, Inc. New York, NY: Springer Publishing Company, Inc.
- Taylor, A. G., & **Menzies, V.** (2005). Complementary and alternative practices and products (CAPPs). In J. Fitzpatrick & M. Wallace (Eds.), *Encyclopedia of Nursing Research* (pp. 97-99). New York, NY: Springer Publishing Company, Inc.
- Taylor, A. G., **Menzies, V.**, & Boyden, K. (2001). Complementary and alternative practices and products: Components of holistic health care. In J. L. Creasia & B. Parker (Eds.), *Conceptual Foundations: The Bridge to Professional Nursing Practice* (3rd ed., pp. 351-381). St. Louis, MO: Mosby, Inc.

Public Service Publications

- Faught, D. D., Gray, D. P., DiMeglio, C., Meadows, S., & **Menzies, V.** (2013). Creating an integrated psychiatric-mental health nursing clinical experience. *Nurse Educator*, 38(3), 122-125. doi:10.1097/NNE.0b13e31828dc27b
- Menzies, V.** (2003, August 31). Mental imagery can be a powerful stress reliever. *Daily Progress*, p. C5.
- Menzies, V.** (2003). Meet the doctoral students. *Nursing Futures*, 6(1), 4-5.
- Menzies, V.** (2002, December). Guided imagery as symptom management. *Central Virginia CFS/FM Newsletter*, pp. 1, 4-5.
- Menzies, V.** (2002). Inaugural hooding ceremony for UVA doctoral grads. *Nursing Futures*, 5(1), 7-8.
- Menzies, V.** (2000). Alumni interview with Yu-Shen Lin. *Nursing Futures*, 3(1), 4-5.
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FUNDED RESEARCH

- 2017-2018 Principal Investigator, **Menzies, V.** Metabolic Snapshot in Women with Fibromyalgia: A Pilot Study. Center for Clinical and Translational Research, Virginia Commonwealth University (\$25,680).
- 2014-2015 Co-Investigator, **Menzies, V.** A Pocket Computer Delivered Stress Coping Intervention for Hospitalized Pregnant Women at High Risk for Preterm Birth. Funded through Virginia Commonwealth University School of Nursing Intramural Grant Program (Jallo, PI). (\$14,906).
- 2009-2011 Project Director, **Menzies, V.** *Self-Efficacy, Stress, Immunity, and Symptoms of Fibromyalgia*. Funded through Grant #P30 NR011403 (Grap, PI), Center of Excellence for Biobehavioral Approaches to Symptom Management; National Institute of Nursing Research. (20%, \$60,572).
- 2008-2009 Project Director, **Menzies, V.** *Stress, Immunity and Symptoms in Fibromyalgia*. A pilot study funded through Grant #P20 NR008988 (McCain, PI), Center for Biobehavioral Clinical Research; National Institute of Nursing Research. (20%, \$47,246).
- 2004-2005 Principal Investigator, **Menzies, V.** *Exploring Effects of Relaxation and Guided Imagery on Outcomes of Pain, Distress, Functional Status and Self-Efficacy in Hispanic Persons Diagnosed with Fibromyalgia*. A pilot study funded in part through an American Nurses' Foundation Small/Southern Nursing Research Society Award (\$4,000).
- 2004-2005 Principal Investigator, **Menzies, V.** *Exploring Effects of Relaxation and Guided Imagery on Outcomes of Pain, Distress, Functional Status and Self-Efficacy in Hispanic Persons Diagnosed with Fibromyalgia*. A pilot study funded in part through a Sigma Theta Tau International Small Grants Award (\$4,000).

Submitted/Unfunded

- 2018 Sub-Award Contact/Co-Investigator: **Menzies, V.** *Further Elucidating the Omic Signature of Psychoneurological Symptoms in Breast Cancer*. Submitted August 9, 2018 (Score 39) to National Institute of Nursing through the University of Florida College of Nursing (Lyon, PI) (5%). (Not funded)
- 2015 Jackson-Cook, C. (Contact PI), Multiple Principal Investigator **Menzies, V.** R01 Grant Application. *Submitted Feb 05, 2015*. (Score 41) *Symptom, Epigenetic & Somatic Chromosome Patterns in Chronic Pain: A Twin Study*. Submitted to National Institute of Health (NIH), directed to National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS). Score 41 (Not funded)
- 2014 Bajaj, J. MD (Contact PI), Multiple Principal Investigator **Menzies, V.**, & Lyon, D. E.. R01 Grant Application.. *Submitted Feb 5, 2014*. *Biobehavioral RCT of Probiotics and Guided Imagery for Symptoms in Cirrhosis*. Submitted to National Institute of Health (NIH), National Center for Complementary and Alternative Therapy (NCCAM) (Not Discussed)

- 2013 **Menzies, V.** (Contact PI), Multiple Principle Investigator: Jackson-Cook, C., & Lyon, D. E. R01 Grant Application. *Submitted May 30, 2013. Epigenetic/Genetic Changes in Fibromyalgia (FM) and FM Symptoms: A Twin Study.* Submitted to National Institute of Health (NIH), National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS). Not Discussed.

PRESENTATIONS

International, National and Regional Presentations

- October 2018 **Menzies, V.**, Starkweather, A. S., Thacker, L., Yao, Y., & Lyon, D. E. Podium: “Metabolomic Analysis and Comparison of Women with Fibromyalgia and Healthy Controls.” International Society for Genetics in Nursing (ISONG). Orlando, Florida
- April 2018 Huson, C., Robins, J., Staykova, M., Thacker, L. R., & **Menzies, V.** Poster: “Perceived Stress, Cortisol, and Depression in Adults with Postconcussion Syndrome”, Jefferson College, Virginia Tech Carilion School of Medicine & Carilion Clinic Research Day, Roanoke, Virginia
- March 2018 Proffitt, T. B., Salyer, J., & **Menzies, V.** Poster: “Anticipatory Advocacy: A Conceptual Model.” 30th Annual Conference of the Southern Nursing Research Society, Williamsburg, Virginia. (Doctoral Student)
- February 2017 Sturgill, J., An, K., Montpetit, A., Jallo, N., Brown, L., Swift-Scanlan, T., & **Menzies, V.** Pre-Conference Workshop: “Putting the Bio in Biobehavioral Research”. 31st Annual Conference of the Southern Nursing Research Society, Dallas, Texas.
- February 2015 Proffitt, T. B., Salyer, J., Scafide, K., & **Menzies, V.** Poster: “Anticipatory Advocacy: A Conceptual Model.” 30th Annual Conference of the Southern Nursing Research Society, Williamsburg, Virginia. (Doctoral Student)
- June 2015 Kelly, E. A., McKee, G., Van Eijk-Hustings, Y., Nodsi, M., O’Sullivan, D., **Menzies, V.**, Carter, S., Richards, P., & Minnock, P. Paper: “Nurse Sensitive Outcomes in Patients with Rheumatoid Arthritis: A Systematic Literature Review.” European League Against Rheumatoid Arthritis (EULAR), Rome, Italy.
- May 2015 **Menzies, V.**, Young, A., Thacker, L., Mayer, S., Barstow, L., & Evans, S. Poster: “Polypharmacy, Opioid Use, Chronic Widespread Pain: A Secondary Analysis of Clinical Trial Data.” 34th Annual American Pain Society Conference, Palm Springs, California.
- September 2014 **Menzies, V.** Paper: “Psychometric Evaluation of the PROMIS Fatigue-Short Form in Women with Fibromyalgia.” 2014 State of the Science Congress on Nursing Research, Washington, D.C.
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- September 2014 Starkweather, A., **Menzies, V. S.**, & Sturgill, J. L. Paper: "Identifying the Biological Fingerprint of Symptom Clusters: Exemplars Using Inflammatory Biomarkers." 2014 State of the Science Congress on Nursing Research, Washington, D.C.
- April 2014 **Menzies, V.** Paper: Increased Frequency of Micronuclei in Fibromyalgia. Symposium: Research Methodologies and Frameworks Regarding the Gene x Environment Interaction: Epigenetics and Biobehavioral Research. 26th Annual Scientific Sessions of the Eastern Nursing Research Society, Philadelphia, Pennsylvania.
- June 2013 Lyon, D. E., **Menzies, V.**, Archer, K., Brumelle, J. R., Jones, K. H., Gao, G., Elswick, R. K., York, T., & Jackson-Cook, C. Poster: "Epigenetic Alterations and an Increased Frequency of Micronuclei in Women with Fibromyalgia." 20th Annual Scientific Meeting, PsychoNeuroImmunology Research Society, Stockholm, Sweden.
- April 2013 **Menzies, V.**, Lyon, D., Elswick, R. K., Jr., & McCain, N. Poster: "Guided Imagery and Biobehavioral Factors in Women with Fibromyalgia." National Institute of Nursing Research, 2013 Center Directors Meeting, National Institutes of Health, Bethesda, Maryland.
- April 2013 **Menzies, V.**, McGee, E. A., & Sturgill, J. L. Poster: "Unique Cytokine Signature in the Serum of Patients with Fibromyalgia." 9th Annual Women's Health Research Day, Institute for Women's Health, Virginia Commonwealth University Health System, Richmond, Virginia.
- September 2012 **Menzies, V.**, Starkweather, A., Lyon, D., Elswick, R. K., Jr., & McCain, N. Poster: "The Impact of Guided Imagery on Psychoneuroimmunology-based Factors in Women with Fibromyalgia." 2012 National State of the Science Congress on Nursing Research, Washington, D.C.
- September 2012 **Menzies, V.**, Lyon, D., & Elswick, R. K. Poster: "Symptom Clusters in Women with Fibromyalgia." 2012 National State of the Science Congress on Nursing Research, Washington, D.C.
- April 2012 **Menzies, V.**, Lyon, D., Elswick, R. K., Jr., & McCain, N. Paper: "Effects of Guided Imagery on PNI-based Factors in Women with Fibromyalgia." Symposium: Center for Biobehavioral and Clinical Research, Virginia Commonwealth University School of Nursing, Richmond, Virginia.
- February 2012 **Menzies, V.**, Lyon, D., Elswick, R. K., Jr., & McCain, N. Paper: "Effects of Guided Imagery on PNI-based Relationships in Women with Fibromyalgia." 26th Annual Southern Nursing Research Society Conference, New Orleans, Louisiana.
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- February 2012 McNallen, A. T., McCain, N., & **Menzies, V.** Poster: “A Biobehavioral Model of Fibromyalgia.” 26th Annual Southern Nursing Research Society Conference, New Orleans, Louisiana.
- January 2012 **Menzies, V.** Invited Presentation: “Discovering Evidence from Research: Guided Imagery as Adjunctive Symptom Management Strategy in Chronic Illness.” Center for Clinical and Translational Research, Virginia Commonwealth University Office of Research, Richmond, Virginia.
- October 2011 **Menzies, V.,** & Elswick, R. K. Jr. Poster: “Preliminary Findings: Effects of Guided Imagery on Self-Efficacy and Stress in Women with Fibromyalgia.” 25th Anniversary Scientific Symposium, National Institute of Nursing Research, Washington, D.C.
- September 2010 **Menzies, V.,** Lyon, D., Elswick, R. K., Jr., & McCain, N. Paper: “Cytokine Patterns in Women with Fibromyalgia.” 2010 State of the Science Congress on Nursing Research, Council for the Advancement of Nursing Science, Washington, D.C.
- September 2010 **Menzies, V.** Invited Presentation: “Guided Imagery & Symptom Management in Fibromyalgia: A Research Trajectory.” Institute for Women’s Health; Exercise, Nutrition & Women's Health Research Development Group, Virginia Commonwealth University Health System, Richmond, Virginia.
- April 2010 **Menzies, V.,** Lyon, D., Elswick, R. K., Jr., & McCain, N. Poster: “Biobehavioral Relationships in Fibromyalgia Syndrome.” Sixth Annual Women’s Health Research Day, Virginia Commonwealth University Health System, Richmond, Virginia.
- February 2010 **Menzies, V.,** Lyon, D., Cheng, C., & Elswick, R. K., Jr. Paper: “Biobehavioral Relationships in Fibromyalgia.” Southern Nursing Research Society 2010 Annual Conference, Austin, Texas.
- February 2008 **Menzies, V.** Paper: “Pilot Study to Test the Effects of Mind-Body Intervention for Symptom Management in Hispanic Persons Diagnosed with Fibromyalgia.” 22nd Annual Southern Nursing Research Society Conference, Birmingham, Alabama.
- July 2007 **Menzies, V.** Paper: “Effects of Relaxation and Guided Imagery as a Nursing Intervention for Managing Pain and Other Symptoms of Fibromyalgia in Hispanic Americans.” Sigma Theta Tau International 18th International Nursing Research Congress, Vienna, Austria.
- April 2007 **Menzies, V.** Poster: “Exploring Mind-Body Interventions in Hispanic Individuals Diagnosed with Fibromyalgia.” Improving Health Care Quality through Research Conference, Florida International University, Miami, Florida.
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- June 2006 **Menzies, V.** Invited Paper: "Pilot Study: Effects of Relaxation and Guided Imagery as Nursing Intervention in Hispanic Persons Diagnosed with Fibromyalgia." Pi Alpha Chapter, Sigma Theta Tau International, Florida International University, Miami, Florida.
- February 2006 **Menzies, V.** Paper: "Pilot Study in Progress: Exploring the Effects of Relaxation and Guided Imagery on Pain, Distress, Functional Status and Self-Efficacy in Hispanic Persons Diagnosed with Fibromyalgia." Southern Nursing Research Society 20th Anniversary Conference, Memphis, Tennessee.
- February 2006 Youngblut, J. M., Brooten, D., & **Menzies, V.** Poster: "Psychometric Properties of Spanish Versions of the FACES II and Dyadic Adjustment Scale." Southern Nursing Research Society 20th Anniversary Conference, Memphis, Tennessee.
- December 2005 **Menzies, V.** Poster: "Pilot Study in Progress: Effects of Relaxation and Guided Imagery on Pain, Distress, Functional Status and Self-Efficacy in Hispanic Persons Diagnosed with Fibromyalgia." Florida International University School of Nursing Research Day Conference, Miami, Florida.
- June 2005 **Menzies, V.** Poster Presentation: "Guided Imagery: A Nursing Intervention for Fibromyalgia." National Academy of Nurse Practitioners 20th Annual National Conference, Ft. Lauderdale, Florida.
- March 2005 **Menzies, V.** Invited Presentation: "A Program of Research." University of Virginia School of Nursing, Doctoral Scholars Day, Charlottesville, Virginia.
- November 2004 **Menzies, V.** Poster: "Is Guided Imagery an Effective Intervention for Pain, Functional Status and Self-Efficacy in Persons Diagnosed with Fibromyalgia?" The Fibromyalgia Workshop: The Next Advances (Sponsored by NIH/NIAMS), Washington, D.C.
- October 2004 **Menzies, V.** Paper: "Effects of Guided Imagery on Outcomes of Pain, Functional Status and Self-Efficacy in Persons Diagnosed with Fibromyalgia." Florida International University School of Nursing Research Day Conference: Improving Health Care Quality through Research, Miami, Florida.
- February 2003 **Menzies, V.** Poster: "A History of Pain Management 1890-1980." Southern Nursing Research Society Conference, Orlando, Florida.
- September 2002 **Menzies, V.** Paper: "Pain: A Signal, Symptom, or Scientific Entity?" 19th Annual Nursing History Research Conference, Salt Lake City, Utah.
- February 2002 **Menzies, V.** Poster: "Mental Imagery: A Concept Analysis." Southern Nursing Research Society Conference, San Antonio, Texas.
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- February 2001 **Menzies, V.** Poster: “The Use of, and Recommendations for, Complementary and Alternative Therapies by Psychiatric Nurses.” Southern Nursing Research Society Conference, Baltimore, Maryland.
- October 1999 **Menzies, V.** Paper: “Mental Imagery as a Nursing Intervention in Clinical Settings.” 21st Annual Southeastern Conference of Clinical Specialists in Psychiatric Mental Health Nursing, Florida Nurses Association, Orlando, Florida.
- February 1999 **Menzies, V.** Poster: “Center for the Study of Complementary and Alternative Therapies: A Supportive Environment for Doctoral Study and Research.” Southern Nursing Research Society Conference, Charleston, South Carolina.

Public Service Presentations (Invited)

- October 2016 **Menzies, V.** “Complementary & Alternative Therapies in Pain Management”, 1st Annual Pain Management Symposium, Virginia Commonwealth University Health System, Richmond, Virginia.
- August 2014 **Menzies, V.** “Stress Journaling for Health.” Community Health Education Center, Virginia Commonwealth University Health System, Richmond, Virginia.
- September 2011 **Menzies, V.** “Imagery: Clinical Research and Application.” Center for the Study of Complementary and Alternative Therapies (CSCAT), University of Virginia School of Nursing, GNUR 5003, Doctoral Level Class, Charlottesville, Virginia.
- February 2011 **Menzies, V.** “Imagery and Relaxation.” Relaxation Workshop, Sigma Theta Tau International, Gamma Omega Chapter, Virginia Commonwealth University School of Nursing, Richmond, Virginia.
- October 2010 **Menzies, V.** “Guided Imagery Workshop.” 20th Annual Good Grief Conference, Virginia Commonwealth University Health System Department of Education and Professional Development, Richmond, Virginia.
- August 2010 **Menzies, V.** “Managing Stress through Journaling.” Richmond Community Health Senior Living, Rockwood Center, Richmond, Virginia.
- May 2010 **Menzies, V.** “Stress Journaling for Health.” Community Health Education Center, Virginia Commonwealth University Health System, Richmond, Virginia.
- September 2009 **Menzies, V.** “Imagery as a Portable Self-Care Tool.” Stress, Health & Wellness Conference, Sigma Theta Tau International, Gamma Omega Chapter, Virginia Commonwealth University School of Nursing, Richmond, Virginia.
- September 2009 **Menzies, V.** “Imagery: Research and Clinical Application.” Center for the Study of Complementary and Alternative Therapies (CSCAT), University of Virginia School of Nursing, GNUR 5003, Doctoral Level Class, Charlottesville, Virginia.
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- March 2009 **Menzies, V.** “Therapeutic Touch Workshop.” Pediatric Oncology Nursing and Medical Staff, Department of Pediatrics, Virginia Commonwealth University Health System, Richmond, Virginia.
- April 2004 **Menzies, V.** “Success from Within: An Interactive Imagery Workshop.” University Career Services, University of Virginia, Charlottesville, Virginia.
- February 2004 **Menzies, V.** “Mental Imagery in the Clinical Setting.” CAM Clinical Connections Day, University of Virginia Medical School, Charlottesville, Virginia.
- November 2003 **Menzies, V.** “Mental Imagery in Physical Rehabilitation.” Department of Physical Medicine & Rehabilitation, University of Virginia Medical School, Charlottesville, Virginia.
- May 2003 **Menzies, V.** “Imagery as Pain Management: Adjunct or Alternative?” Department of Neuroscience Nursing, University of Virginia Health System, Charlottesville, Virginia.
- February 2003 **Menzies, V.** “Imagery for Pain and Symptom Management in CFS/FM.” Central Virginia CFS/FM Association, Charlottesville, Virginia.
- February 2003 **Menzies, V.** “Imagery: Inner Guide to Wellness.” First Annual Women’s Health Festival, University of Virginia Women’s Center, Charlottesville, Virginia.
- July 2002 **Menzies, V.** “Introduction to Imagery as Wellness Tool.” Women’s Support Group of Charlottesville, Jefferson Unitarian Church, Charlottesville, Virginia.
- April 2001 **Menzies, V.** “How Imagery Can Serve Patient Care in Hospice Setting.” Virginia Association for Hospices, Spring Conference, Charlottesville, Virginia.
- October 2000 **Menzies, V.** “Integration of Mental Imagery into Nursing Practice.” Staff Development Day, Martha Jefferson Hospital, Charlottesville, Virginia.
- November 1999 **Menzies, V.** “Mental Imagery and Stress Management.” Diabetes Support Group, Charlottesville Family Medicine, Charlottesville, Virginia.

PROFESSIONAL SERVICE

Editor/Editorial Board of Professional Journals

- 2016-2021 Editorial Board Member, *Biological Research for Nursing*
- 2013-2016 Editorial Board Member, *Arthritis Care & Research*

Reviewer for Journal Manuscripts/Textbook Chapters/Conference Abstracts

- 2019 Manuscript Reviewer, *Neuropsychiatric Disease and Treatment*; *Biological Research for Nursing*

- 2018 Manuscript Reviewer, *Biological Research for Nursing; Disability and Rehabilitation; Journal of Holistic Nursing; Journal of Pain Research*
- 2017- Abstract Reviewer, International Society of Nurses in Genetics
- 2017 Senior Reviewer, Western Schools CE Course Review: Fibromyalgia
- 2017 Manuscript Reviewer, *Biological Research for Nursing; Disability and Rehabilitation; Journal of Holistic Nursing; International Journal of Sport and Exercise Psychology; Western Journal of Nursing Research; Complementary Therapies in Clinical Practice*
- 2016 Manuscript Reviewer, *Archives of Psychiatric Nursing; Arthritis Care & Research; Bentham Reviews; Biological Research for Nursing; Current Rheumatology Reviews; Disability and Rehabilitation; International Journal of Sport and Exercise Psychology; Journal of Holistic Nursing; Western Journal of Nursing Research*
- 2016 Abstract Reviewer, Council for the Advancement of Nursing Science
- 2015 Manuscript Reviewer, *Arthritis Care & Research, Behavioral Medicine, and Journal of Holistic Nursing*
Abstract Reviewer, Southern Nursing Research Society
- 2014 Manuscript Reviewer, *Archives of Psychiatric Nursing, Arthritis Care & Research, Biological Research for Nursing, and Journal of Holistic Nursing*
Abstract Reviewer, Southern Nursing Research Society
- 2013 Manuscript Reviewer, *Dove Medical Press: Current Biomarker Findings, Journal of Holistic Nursing, Nursing Outlook, Nursing Research and Practice, and Stress & Health*
Abstract Reviewer, Southern Nursing Research Society
- 2012 Manuscript Reviewer, *Arthritis Care & Research, Archives of Psychiatric Nursing, Biological Research for Nursing, Evidence-Based Complementary and Alternative Medicine, Journal of Affective Disorders, and Journal of Holistic Nursing*
Abstract Reviewer, Southern Nursing Research Society
- 2011 Manuscript Reviewer, *Archives of Psychiatric Nursing, Arthritis Care & Research, Biological Research for Nursing, and Journal of Holistic Nursing*
Abstract Reviewer, Southern Nursing Research Society
- 2010 Manuscript Reviewer, *Archives of Psychiatric Nursing, BioMed Central (BMC) Research Notes, Clinical and Vaccine Immunology, Dove Medical Press, and Evidence-Based Complementary and Alternative Medicine*
Chapter Reviewer, *Pearson-Education Health Science: Nursing Research;*
Abstract Reviewer, *Southern Nursing Research Society Conference*
- 2009 Manuscript Reviewer, *Biological Research in Nursing*
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- 2008 Manuscript Reviewer, *Arthritis Care & Research, Biological Research in Nursing*, and *Dove Medical Press: Therapeutic and Clinical Risk Management*
Abstract Reviewer, *Southern Nursing Research Society Conference*
Contributor to Pearson Education Textbook, *Contemporary Psychiatric-Mental Health Nursing*
- 2007 Chapter Reviewer for F.A. Davis Company, *Nursing Theories & Nursing Practice*
Chapter Reviewer for Prentice Hall, *Psychiatric Mental Health Nursing*
- 2006 Manuscript Reviewer, *Journal of Complementary and Alternative Therapies*

MEMBERSHIPS/SCIENTIFIC/HONORARY/PROFESSIONAL SOCIETIES

International Society of Nurses in Genetics	2018-present
American Academy of Nursing, Fellow	2016-present
American Pain Society	2013-present
Council for the Advancement of Nursing Science	2013-present
American College of Rheumatology/Association of Rheumatology Professionals	2010-present
Raven Society, University of Virginia	2003-present
University of Virginia School of Nursing Advisory Board, Emeritus Member	2002-present
Sigma Theta Tau International	1999-present
American Psychiatric Nurses Association	1998-present
American Nurses Association	1998-present
Southern Nursing Research Society	1998-present

SERVICE

<u>Committee</u>	<u>Participation</u>	<u>Date</u>
<u>University Service</u>		
Appointment, Promotion & Tenure Committee	Chair	2017-2018
Steering Committee	Member	2017-2018
Recruitment Inclusive Champions, Appointed	Member	2016-2017
University Council, Elected	Member	2017-2019
University Council Faculty Affairs Comm.	Member	2016-2019
University Grievance Panel, Elected	Member	2016-2017
Tenure-Track Search Committee, Appointed	Chair	2016-2017
Term Search Committee, Appointed	Chair	2015-2016
University Council, Elected	Member	2015-2017
Appointment, Promotion & Tenure Committee	Member	2015-2018
University Promotion and Tenure Policies & Procedures Committee	Member	2014
University Promotion and Tenure Appeals Comm.	Member	2014
VCUSON Grievance Committee, Elected	Member/Alternate	2014-2016
Faculty Assembly, Elected	Chair	2013-2015
Steering Committee	Chair	2013-2015

Faculty Assembly, Elected Steering Committee	Chair Elect Member	2012-2013 2012-2013
Faculty Assembly, Elected Faculty Assembly, Elected Steering Committee	Secretary Nominating Committee, Chair Member	2010-2012 2008-2010 2008-2010
Libraries Advisory Committee, Elected Faculty Senate, Elected	Member Alternate	2012-2013 2011-2014
<u>State</u>		
Statewide Nursing Research Advisory Council Martha Jefferson Hospital Charlottesville, Virginia	Member	2013-2015
<u>Regional</u>		
Southern Nursing Research Society Policy & Procedures Task Force	Secretarial Committee Member	2011-2012
<u>National</u>		
Association Rheumatology Professionals Executive Committee	Member	2018-2019
American Academy of Nursing Expert Panel: Genomic Nursing and Health Care	Member	2016-
American College of Rheumatology Government Affairs Committee	Member	2016-2019
American Nurses Foundation Silver Springs, Maryland	Member: Nursing Research Grant Reviewer Committee Panel 1 and Panel 2	2016-2019
Council for the Advancement of Nursing Science Operating Guidelines, Policies & Procedures Committee	Member	2015-
Congressionally Directed Medical Research Program (CDMRP) Peer Reviewed Medical Research Program	Grant Application Reviewer	2015; 2017
Veterans Affairs: Musculoskeletal Medical Comorbidity Rehabilitation Research and Development Scientific Reviewer	Grant Application Reviewer	2013
American Nurses Foundation Silver Springs, Maryland	Member: Nursing Research Grant Reviewer Committee, Panel 1	2013-2015

International

Rheumatology Advances in Practice British Society for Rheumatology and Oxford Press	Member, Editorial Board	2018-2021
National Institutes of Health Fogarty International Brain Disorders Study Section		2018
Medical Sciences in the Israeli Ministry of Science, Technology & Space	Reviewer: Research Proposal (Guided Imagery Intervention)	2015
Outcome Measures in Rheumatology (OMERACT)	Member, Special Interest Group: Nurse Sensitive Outcomes	2014-2018
