

Curriculum Vitae

Jessica Payne-Murphy, Ph.D., ABPP

CONTACT INFORMATION

Clinical and Health Psychology
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PROFESSIONAL STATUS

Licensed Psychologist, State of Florida, PY9793	January 2017 to present
Board Certified in Clinical Health Psychology	October 2020 to present

EDUCATION

Doctor of Philosophy (August, 2015)
University of Colorado Denver, Denver, CO
Clinical Health Psychology
Advisors: Abbie O. Beacham, Ph.D. and Kevin S. Masters, Ph.D.
Dissertation: *“Acceptance-Based Factors in Chronic Pain: A Comparison Between Fibromyalgia and Chronic Pain Patients in an Internet Support Group Sample.”*

Master of Arts (December, 2012)
University of Colorado Denver, Denver, CO
Clinical Psychology
Advisor: Abbie O. Beacham, Ph.D.
Thesis: *“Improving Chronic Pain Patient Profiling: An Acceptance-Based Approach Using an Online Sample.”*

Bachelor of Arts (May, 1999), *Cum Laude*
Smith College, Northampton, MA
Major: Psychology

CLINICAL EXPERIENCE

September 2016-Present	Clinical Assistant Faculty University of Florida Health Sciences Center, Gainesville, Florida Department Chair: Dr. Glenn Smith, Ph.D., ABPP-cn Director of the Insomnia and Behavioral Sleep Medicine Clinic at UF Health Sleep Center and faculty member within the Department of Clinical and Health Psychology. Conduct intake assessments and therapy for adult and child patients with sleep and comorbid mental health disorders. Clinical teaching and supervision of interns and graduate students.
July 2015-July 2016	Post-doctoral Psychology Fellow University of Florida Health Sciences Center, Gainesville, Florida Clinical Supervisors: Dr. Lori Waxenberg, Ph.D., ABPP and Dr. Glenn Ashkanazi, Ph.D. Year-long fellowship in behavioral sleep medicine, inpatient pre-transplant

October 2020

and general mental health assessment. Served as liaison to coordinate behavioral sleep medicine service at UF Health Sleep Center. Conducted intakes and therapy and supervised interns and graduate students.

July 2014-July 2015

Pre-doctoral Psychology Intern

University of Florida Health Sciences Center, Gainesville, Florida

Training Director: Dr. Lori Waxenberg, Ph.D., ABPP

Year-long internship with focus in health psychology. *Rotations included:* Behavioral sleep medicine, transplant, oncology, primary care, women's health, neuropsychological assessment, inpatient consultation and treatment, chronic pain, pediatric health, bariatrics, outpatient psychodiagnostic assessment, psychotherapy, and supervision.

September 2013-May 2014

Practicum Student

Pediatric Behavioral Sleep Clinic, National Jewish Health, Denver

Supervisor: Lisa J. Meltzer, Ph.D.

Conducted intake interviews with parents and children with sleep disorders. Assessed symptoms and devised and delivered evidence-based behavioral sleep interventions.

June 2010-June 2014

Practicum Student

Psychological Services Center, University of Colorado Denver

Supervisors: Kevin Everhart, Ph.D., Kristin Kilbourn, Ph.D., M.P.H., and Abbie O. Beacham, Ph.D. Conducted intakes, semi-structured interviews, provided individual psychotherapy and administered cognitive and personality assessments to adults, adolescents, and children.

September 2012-July 2013

Practicum Student

Westside Family Health Center, Denver Health, Denver, CO

Supervisor: Kimberly C. Lomonaco, Psy.D.

Provided brief evidence-based and crisis interventions to underserved, primarily Latino patients at this integrated primary care FQHC. Co-led series of group cognitive behavioral therapy sessions for patients with chronic pain.

January-August 2012

Practicum Student

**Div. of Psychosocial Medicine, National Jewish Health, Denver, CO
University of Colorado Hospital, Aurora, CO**

Supervisors: Psychiatrist Alison M. Heru, M.D. and Kristin Kilbourn, Ph.D., M.P.H. Provided cognitive behavioral therapy and developed behavioral management plans for psychiatry outpatients and medical inpatients in rehabilitation, burn unit, neurology and emergency departments.

March-June 2004

Case Advocate

So. Asian Women's Empowerment Resource Alliance, Portland, OR

Provided case management, emotional support and sought medical, legal, educational, and employment resources for immigrant women survivors of domestic violence and their children.

October 1997-August 1998 **Paraprofessional Social Worker**
Family Renewal Services, Seattle, WA
Assisted social workers with cases referred by Child Protective Services.
Provided individual therapy and respite care to mothers and children.

RESEARCH EXPERIENCE

January 2012-June 2014 **Research Assistant**
University of Colorado Denver- Office of Integrated Healthcare
Research and Policy
Supervisor: Benjamin F. Miller, Psy.D.
Wrote and prepared mental health policy manuscripts and web content for AHRQ's The Academy for Integrating Behavioral Health and Primary Care. Managed and conducted literature review and prepared presentations.

August 2009-August 2011 **Research Assistant**
University of Colorado Denver- Department of Psychology
Supervisor: Abbie O. Beacham, Ph.D.
Participated in hypothesis development, survey design, implementation, and analysis of online chronic pain group data collection as part of a research team. Also wrote abstracts, presentations, and publications.

January 2005-July 2009 **Research Associate**
Layton Aging and Alzheimer's Disease Research Center,
Oregon Health and Science University, Portland, OR
Supervisors: Jeffrey Kaye, M.D. and Diane Howieson, Ph.D.
Managed NIH research study investigating cognitive decline in elders using unobtrusive technologies. Administered 138 neuropsychological batteries, conducted analyses, revised manuscripts, and hired, trained and managed research staff.

March 2000-January 2002 **Research Assistant**
Brigham and Women's Hospital, Boston, MA
Supervisor: Arthur J. Barsky, M.D., Harvard Medical School
Managed two studies investigating hypochondriasis. Administered diagnostic interviews, conducted analyses, revised manuscripts, and hired, trained and managed research staff.

TEACHING EXPERIENCE

Summer 2010 **Teaching Assistant**
University of Colorado Denver, Denver, CO
Assisted Vivian Shyu, Ph.D. with *Biological Bases of Behavior* course, PSYC 2220. Graded assignments, maintained gradebook, answered student questions, and guest-lectured.

Fall 2010 **Teaching Assistant**
University of Colorado Denver, Denver, CO
Assisted Joan Bihun, Ph.D. with *Introduction to Statistics* course, PSYC 2090. Taught weekly recitations, graded assignments, maintained gradebook, and answered student questions.

- Spring 2011 **Teaching Assistant**
University of Colorado Denver, Denver, CO
Assisted Peter Kaplan, Ph.D. with *Introduction to Psychology* course, PSYC 1000. Graded assignments, maintained gradebook, answered student questions, and guest-lectured.
- Fall 2011 **Teaching Assistant**
University of Colorado Denver, Denver, CO
Assisted Joan Bihun, Ph.D. with *Human Development II: Adolescent and Adulthood* course, PSYC 3215. Graded assignments, maintained gradebook, and answered student questions.
- Fall 2016 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the graduate course *Neuroplasticity and Rehabilitation*, SPA4904. Course is taught by Lori Altmann, Ph.D. in the Department of Speech, Language and Hearing Sciences. “Attaining good sleep: Evidence-based approaches to improve your slumber.”
- Fall 2017 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the graduate course, *Behavioral Health and Illness*, CLP 7934. Course is taught by Nicole Ennis, Ph.D. in the Department of Clinical and Health Psychology. “Sleep Psychology and Sleep Disorders.”
- Fall 2017 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the undergraduate course *Introduction to Clinical Psychology*, CLP 4302. Course is taught by Glenn Ashkanazi, Ph.D. in the Department of Clinical and Health Psychology. “Behavioral sleep medicine.”
- Spring 2019 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the undergraduate course *Introduction to Health Psychology*, CLP 4314. Course is taught by Deidre Pereira, Ph.D., ABPP in the Department of Clinical and Health Psychology. “Behavioral sleep medicine.”
- Fall 2019 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the graduate course *Behavioral Health and Illness*, CLP 7934. Course is taught by Jeff Boissoneault, Ph.D. in the Department of Clinical and Health Psychology. “Behavioral sleep medicine.”
- Spring 2020 **Invited Guest Lecturer**
University of Florida, Gainesville, FL
Guest lectured for the undergraduate course *Introduction to Health Psychology*, CLP 4314. Course is taught by Deidre Pereira, Ph.D., ABPP in the Department of Clinical and Health Psychology. “Behavioral sleep medicine.”

Spring 2020

Invited Guest Lecturer

University of Florida, Gainesville, FL

Guest lectured for the graduate course *Advanced Health Psychology*, CLP 7317. Course is taught by Glenn Ashkanazi, Ph.D. in the Department of Clinical and Health Psychology. “Fibromyalgia: A Clinical Review, Case Conceptualization and Treatment.”

Fall 2020

Invited Guest Lecturer

University of Florida, Gainesville, FL

Guest lectured for the graduate course *Behavioral Health and Illness*, CLP 7934. Course is taught by Jeff Boissoneault, Ph.D. in the Department of Clinical and Health Psychology. “Behavioral sleep medicine.”

PEER REVIEWED PUBLICATIONS

- Beacham, A. O., Linfield, K., Kinman, C. R., & **Payne-Murphy, J. C.** (2015). The Chronic Illness Acceptance Questionnaire: Confirmatory factor analysis and prediction of perceived disability in an online chronic illness support group sample. *Journal of Contextual Behavioral Science*, 4, 96-102.
- Brown Levey, S. M., Miller, B. F., Knierim, K. & **Payne-Murphy, J. C.** (2013). A call for psychology within healthcare reform. *New York State Psychologist*, XXV(4), 25-27.
- Howieson, D.B., Carlson, N.E., Moore, M.M., Wasserman, D., Abendroth, C.D., **Payne-Murphy, J.**, & Kaye, J.A. (2008). Trajectory of mild cognitive impairment onset. *Journal of the International Neuropsychological Society*, (14)2, 192-198.
- Kaye, J., Hayes, T., Zitzelberger, T., Yeagers, J., Pavel, M., Jimison, H., Larimer, N., **Payne-Murphy, J.**, Earl, E., Wild, K., Boise, L., Williams, D., Lundell, J., & Dishman, E. (2008). Deploying wide-scale in-home assessment technology. In Mihailidis, A., Boger, J., Kautz, H., and Normie, L (Eds.), *Technology and Aging: Selected papers from the 2007 International Conference on Technology and Aging*, (pp. 19-26). Amsterdam, The Netherlands: IOS Press.
- Kinman, C.R., Gilchrist, E.C., **Payne-Murphy, J.C.**, & Miller BF. Provider- and practice-level competencies for integrated behavioral health in primary care: a literature review. (Prepared by Westat under Contract No. HHS 290-2009-000231). Rockville, MD: Agency for Healthcare Research and Quality. March 2015.
- Miller, B. F., Brown Levey, S. M., **Payne-Murphy, J. C.**, & Kwan, B. M. (2014). Outlining the scope of behavioral health practice in integrated primary care: Dispelling the myth of the one-trick mental health pony. *Families, Systems, & Health*, 32(3), 338.
- Miller, B. F., Petterson, S., Brown-Levey, S. M., **Payne-Murphy, J. C.**, Moore, M., & Bazemore, A. (2014). Primary care, behavioral health, provider colocation, and rurality. *Journal of the American Board of Family Medicine*, 27(3), 367-374.
- Payne-Murphy, J. C.** & Beacham, A. O. (2014). Revisiting chronic pain patient profiling: An Acceptance-based approach in an online sample. *Clinical Psychology & Psychotherapy*, 22(3), 240-248.

Petterson, S., Miller, B. F., **Payne-Murphy, J. C.**, & Phillips, R. L. (2014). Mental health treatment in the primary care setting: Patterns and pathways. *Families, Systems & Health, 32*(2), 157-166.

CHAPTERS

Payne-Murphy, J. C., Parazak Eberle, S., Conry, C., & Beacham, A. O. (2019). Fibromyalgia and Related Conditions in *Clinical Topics in Psychology and Psychiatry*. New York, NY: Taylor & Francis.

ORAL PRESENTATIONS

Payne-Murphy, J. C. (2019, May). *Enhancing sleep: Evidence-based approaches for individuals with cancer*. Presentation at UF Health's Cancer Support and Wellness Series, Gainesville, FL.

Payne-Murphy, J. C. (2018, July). *Enhancing sleep: Evidence-based approaches for individuals with cancer*. Presentation at UF Health's Cancer Support and Wellness Series, Gainesville, FL.

Payne-Murphy, J. C. (2016, June). *Attaining good sleep: Evidence-based approaches to improve your slumber*. Presentation at UF Health's Wellness Wednesdays Colloquium, Gainesville, FL.

Payne-Murphy, J. C. & Beacham, A. O., Harris, J., Albeck, D. (2013, November). *Examination of acceptance in chronic pain and chronic illness: Past, present and future directions for meaningful application*. Beacham, A. O., chair. *Clinical utility of profiling high, medium and low chronic pain acceptance subgroups*. Symposium presentation at the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

POSTER PRESENTATIONS

Brown, D.L., Beacham, A.O., Kinman, C., **Payne-Murphy, J.**, & Katsikas, S.L. (2010, April). *Chronic Pain Acceptance Mediates Positive Affect and Patient Perception of Interference in Life Activities*. Poster presented at the Society for Behavioral Medicine, Seattle, WA.

Herbst, A.G., Beacham, A.O., **Payne-Murphy, J.**, Crafton, K.T., & Katsikas, S.L. (2010, April). *The Role of Chronic Pain Acceptance and Mindfulness in Patients' Perceived Disability in an Online Support Group Sample*. Poster presented at the Society for Behavioral Medicine, Seattle, WA.

Payne-Murphy, J., Brown, D., & Beacham, A.O. (2010, April). *Perceived Caregiver Burden Among African American, Caucasian and Hispanic Women With Chronic Illness*. Poster presented at the Society for Behavioral Medicine, Seattle, WA.

Kinman, C.R., Beacham, A.O., **Payne-Murphy, J.**, Lillis, T., & Brown, D.L. (2010, November). *Should We Tailor Chronic Pain Intervention Foci and Components According to Baseline Levels of Acceptance and Experiential Avoidance?* Poster presented at the Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.

Payne-Murphy, J., Lillis, T., Brown, D., Herbst, A.G., & Beacham, A.O. (2010, November). *Revisiting Chronic Pain "Adaptive Coper" and "Dysfunctional" Clinical Profiles: Can Acceptance and Experiential Avoidance Better Inform Effective Interventions?* Poster presented at the Association for Behavioral and Cognitive Therapies Convention, San Francisco, CA.

- Brown, D.L., Beacham, A.O., & **Payne-Murphy, J.** (2011, April). *An Investigation of Body Dissatisfaction and Chronic Pain Patient Perception of Satisfaction in Valued Domains*. Poster presented at the Society for Behavioral Medicine, Washington, D.C.
- Payne-Murphy, J.**, Brown, D., & Beacham, A.O. (2011, April). *Clinical Utility of Differentiating Among High, Medium and Low Chronic Pain Acceptance Subgroups*. Poster presented at the Society for Behavioral Medicine, Washington, D.C.
- Herbst, A.G., Kinman, C., **Payne-Murphy, J.**, Brown, D.L., & Beacham, A.O. (2011, November). *Chronic Pain Acceptance Mediates Anxiety Sensitivity and Perceived Disability in Chronic Pain Patients*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Toronto, Canada.
- Geller, J., **Payne-Murphy, J.**, & Beacham, A.O. (2012, November). *If We Build It, Will They Come to Chronic Illness and Pain Management Programming? Insights From Internet Support Group Samples*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, MD.
- Payne-Murphy, J.**, Herbst, A.G., & Beacham, A.O. (2012, November). *Experiential Avoidance and Perceived Disability in Fibromyalgia Patients in Online Support Groups*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, National Harbor, MD.
- Miller, B. F., & **Payne-Murphy, J.** (2012, December). *Studying Integrated Mental Health and Primary Care: The CoNNECT Project*. Poster presented at the North American Primary Care Research Group Annual Meeting, New Orleans, LA.
- Herbst, A.G., **Payne-Murphy, J.**, & Beacham, A.O. (2013, March). *Chronic Illness Acceptance Mediates Anxiety Sensitivity and Perceived Disability in Chronic Pain Patients: A Replication and Extension*. Poster presented at the Society for Behavioral Medicine, San Francisco, CA.
- Payne-Murphy, J.** & Beacham, A.O. (2013, March). *Utility of Chronic Pain Patient Subgroups for Tailored Intervention: An Acceptance-based Approach*. Poster presented at the Society for Behavioral Medicine, San Francisco, CA.
- Payne-Murphy, J.**, Geller, J., & Beacham, A.O. (2013, March). *Acceptance and Perceived Disability in an Online Fibromyalgia Support Group Sample*. Poster presented at the Society for Behavioral Medicine, San Francisco, CA.
- Geller, J., **Payne-Murphy, J.**, & Beacham, A.O. (2013, November). *The Role of Chronic Illness Acceptance, Positive and Negative Affect and Sleep in Patients? Perceived Disability in a Sample of Patients in Diabetes Support Groups*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.
- Payne-Murphy, J.**, Geller, J., & Beacham, A.O. (2013, November). *Re-examining the Treatment Targets for Fibromyalgia: Acceptance and Perceived Disability in a Chronic Pain Online Sample*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.
- Miller, B. F., Petterson, S., Green, L. A., Bazemore, A., & **Payne-Murphy, J.** (2014, May). *Characteristics of Primary Care Physicians Working in the Same Practice as Behavioral Health Providers*. Poster presented at the Tenth Annual Association of the American Medical Colleges Health Workforce Research Conference, Washington, D.C.

OTHER PUBLICATIONS

Miller, B. F., Brown Levey, S., **Payne-Murphy, J.**, & Massa, I. (October, 2012). Social media: A viable tool to improve patient satisfaction, patient-physician communication, and health outcomes. *Readmission News*, 1(9), 3-4.

PROFESSIONAL SERVICE

September 2016-Present **Committee Leadership and Participation as Clinical Assistant Faculty**
University of Florida Health Sciences Center, Gainesville, Florida
Bimonthly Med/Health Area Seminar Series Coordinator
Member of the following committees: Clinical Training; Internship Admissions; Education and Advocacy; and Health Equity, Anti-Racism and Diversity (HEARD).

January 2012-January 2014 **Student Representative**
Association for Behavioral and Cognitive Therapies' Behavioral Medicine and Integrated Primary Care Special Interest Group (SIG)
Managed SIG member listserv, increased advocacy, and compiled conference statistics.

January-April 2011 **Student Representative**
Clinical Health Psychology Department Admissions, University of Colorado Denver Department of Psychology
Coordinated visits and interview schedules for twenty doctoral candidates.

PROFESSIONAL MEMBERSHIPS

1995-1999 Psi Chi International Honor Society; Smith College, Northampton, MA
2009-2015 Association for Behavioral and Cognitive Therapies
2009-2015 Society for Behavioral Medicine
2009-Present American Psychological Association
2014-Present Society of Behavioral Sleep Medicine
2016-Present American Academy of Sleep Medicine

AWARDS

November 2017 **Hugh C. Davis Award for Excellence in Clinical Supervision**
University of Florida Health Sciences Center, Gainesville, Florida