

Curriculum Vitae

Date: 3/13/2023

Rebecca L. Pearl, Ph.D.

Address: P.O. Box 100165
Gainesville, FL 32610 USA
Phone: 352-294-5405
Email: rebecca.pearl@ufl.edu

U.S. Citizen

Education:

2015	Ph.D.	Yale University (Clinical Psychology)
2012	M.Phil.	Yale University (Clinical Psychology)
2011	M.S.	Yale University (Clinical Psychology)
2009	A.B.	Duke University (Psychology; Minor in Literature)

Postgraduate Training and Fellowship Appointments:

2015-2016	Postdoctoral Fellow in Psychology, Center for Weight and Eating Disorders, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania
2015-2016	Clinical Research Fellow in Psychiatry, Harvard Medical School/McLean Hospital
2014-2015	Predoctoral Psychology Intern, Harvard Medical School/McLean Hospital

Faculty Appointments:

2020- Present	Assistant Professor, Clinical and Health Psychology, College of Public Health and Health Professions, University of Florida
2020-Present	Assistant Professor, Social and Behavioral Sciences (Secondary), College of Public Health and Health Professions, University of Florida
2020-Present	Adjunct Assistant Professor of Psychiatry, Perelman School of Medicine at the University of Pennsylvania
2016-2020	Assistant Professor of Psychology in Psychiatry, Perelman School of Medicine at the University of Pennsylvania

2016-2019	Assistant Professor of Psychology in Surgery (Secondary), Perelman School of Medicine at the University of Pennsylvania
-----------	---

Administrative and Other Positions:

2022-Present	Faculty Member, Skin Biology and Diseases Resource-Based Center, University of Pennsylvania
2021-Present	Faculty Member, Obesity and Cancer Research Collective, University of Florida
2021-Present	Faculty Member, Center for Integrative Cardiovascular and Metabolic Disease, University of Florida
2019-2020	Director of Research, Center for Weight and Eating Disorders, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania
2018-2019	Co-Director of Research, Center for Weight and Eating Disorders, Department of Psychiatry, Perelman School of Medicine at the University of Pennsylvania
2018-2020	Associated Faculty, Penn Center for Neuroaesthetics, Perelman School of Medicine at the University of Pennsylvania
2016-2020	Faculty Member, Neuroscience Graduate Group, Biomedical Graduate Studies, Perelman School of Medicine at the University of Pennsylvania

Specialty Certification:

2021	Master Mentor Program, Mentor Academy, Clinical and Translational Research Institute, University of Florida
2021	Certificate in Multicultural Mentoring, University of Florida
2014	Certificate of College Teaching Preparation, Yale University Center for Teaching and Learning

Licensure:

2021-Present	Florida Board of Psychology
2016-Present	Psychology Board of Pennsylvania

Awards, Honors and Membership in Honorary Societies:

2022	NIH Director's New Innovator Award
2019	"Recent Best of <i>Obesity</i> ," Article selected for special issue by the <i>Obesity</i> Editors-in-Chief
2016	Top Trainee Abstract in Health Services Research, The Obesity Society
2016	Top Early Career Abstract Competition (2 nd place), The Obesity Society
2015	Conference Travel Fellowship, Graduate Student Assembly, Yale University, (\$500)
2013-2014	Joseph Hopkins Twichell Memorial Financial Aid Fund Award, Yale University
2013	American Psychological Association Dissertation Research Award (\$1000)
2009	Graduation with Distinction in Psychology, Duke University
2009	Summa Cum Laude, Duke University
2009	Phi Beta Kappa, National Academic Honor Society
2007	Vertical Integration Program Fellowship, Duke University (\$2500)

Memberships in Professional and Scientific Societies and Other Professional Activities:

2016-Present	The Obesity Society
2013-Present	Association of Psychological Science
2010-Present	American Psychological Association
2009-Present	Psi Chi, National Honor Society in Psychology

Editorial Positions:

2023-Present	Editorial Board, Obesity Science & Practice
2020-2021	Topic Editor, Nutrients
2018	Guest Academic Editor, PloS ONE
2016-2021	Review Editor, Frontiers in Psychology: Eating Behaviors

Ad-Hoc Reviewer:

2022-Present	Development and Psychopathology
2022-Present	BMC Psychology
2022-Present	Journal of Contemporary Psychotherapy
2021-Present	Annals of Internal Medicine (<i>Graded by editors as Top Reviewer</i>)
2021-Present	Psychological Bulletin
2021-Present	Psychological Science
2020-Present	Obesity Facts
2020-Present	Translational Journal of the American College of Sports Medicine
2019-Present	Applied Psychology: Health and Well-Being
2018-Present	Surgery for Obesity and Related Disorders
2018-Present	Obesity Surgery
2018-Present	Journal of Consulting and Clinical Psychology
2018-Present	Mayo Clinic Proceedings
2018-Present	Childhood Obesity
2018-Present	Journal of Investigative Dermatology
2018-Present	Obesity Reviews
2018-Present	American Journal of Preventive Medicine
2017-Present	Personality Disorders: Theory, Research, and Treatment
2017-Present	Australian Journal of Psychology
2017-Present	Substance Use and Misuse
2017-Present	Pediatrics
2016-Present	Social Science & Medicine
2016-Present	European Review of Applied Psychology
2016-Present	Eating and Weight Disorders
2016-Present	Social Psychology
2016-Present	Physiology and Behavior
2016-Present	Stigma and Health
2016-Present	Preventive Medicine
2016-Present	Translational Issues in Psychological Science
2015-Present	Appetite
2015-Present	Psychology of Popular Media Culture
2015-Present	Psychology, Health, and Medicine
2015-Present	International Journal of Obesity
2014-Present	International Journal of Behavioral Nutrition and Physical Activity
2014-Present	Journal of Applied Social Psychology
2014-Present	Journal of Health Communication
2014-Present	Women's Health Issues
2014-Present	Journal of Health Psychology
2014-Present	Eating Behaviors
2014-Present	BMC Obesity
2013-Present	International Journal of Eating Disorders
2013-Present	BMC Public Health
2013-Present	Advances in Eating Disorders
2013-Present	Journal of Experimental Social Psychology

2013-Present	PloS ONE
2013-Present	Journal of Experimental Psychology: Applied
2013-Present	Sex Roles
2013-Present	Health Psychology
2012-Present	Obesity
2012-Present	Body Image

Academic and Institutional Committees:

2021-Present	Representative, The Obesity Society Spokesperson Network
2021-2022	Med/Health Area Representative, Graduate Admissions Committee, Department of Clinical and Health Psychology, College of Public Health and Health Professions, University of Florida
2021-Present	Faculty Member, Microaggression Support Committee, Department of Clinical and Health Psychology, College of Public Health and Health Professions, University of Florida
2021-Present	Member, Education and Advocacy Committee, Department of Clinical and Health Psychology, College of Public Health and Health Professions, University of Florida
2021	Weight Bias Content Expert, “Weight sensitivity instrument development,” Villanova Fitzpatrick College of Nursing
2020-Present	External Advisory Panel, “A pilot study to objectively examine the impact of weight stigma on diet, physical activity and sleep.” White Rose University Consortium, Universities of Leeds, Sheffield, and York (UK)
2019-2021	Advisory Stakeholder, Harvard Catalyst Student Weight Stigma Research Project, Department of Nutrition, Harvard T.H. Chan School of Public Health
2016-2017	Lab Rotation Talks Committee, Neuroscience Graduate Group, Perelman School of Medicine at the University of Pennsylvania
2013-2014	Graduate Student Representative, Yale University Institutional Review Board (Human Subjects Committee)
2009-2011	Member, Cherlin Colloquium Committee, Yale University
2009-2011	Member, Current Works in Clinical Psychology Committee, Yale University

Major Academic and Clinical Teaching Responsibilities:*Courses*

Summer 2021, 2022	Instructor, Stigma and Health, Social and Behavioral Sciences, College of Public Health and Health Professions, University of Florida. Graduate-Level Course.
Summer 2019	Instructor, Abnormal Psychology, College of Liberal and Professional Studies, University of Pennsylvania. Course for Undergraduates and Non-Traditional Students.
Spring 2013	Teaching Fellow, Health Psychology, Yale University. Instructor: Benjamin Toll, PhD. Undergraduate Course. <u>Guest Lectures:</u> “Empathy, Warmth, and Genuineness in Psychotherapy;” “Chronic Pain;” “Helping Patients with Cancer;” “Mindfulness;” “Helping Patients with Trauma;” “Obesity: Applying Psychology to a Public Health Problem”
Fall 2012	Teaching Fellow, Social and Behavioral Foundations of Health, Yale School of Epidemiology and Public Health. Instructor: Marney White, PhD, Masters-Level Course. <u>Guest Lecture:</u> “Weight Bias: Implications for Public Health”
Spring 2012	Teaching Fellow, Sex, Evolution, and Human Nature, Yale University. Instructor: Laurie Santos, PhD. Undergraduate Course.
Fall 2011	Head Teaching Fellow, Introduction to Psychology, Yale University. Instructor: Marvin Chun, PhD. Undergraduate Course.
Spring 2011	Teaching Fellow, The Psychology, Biology, and Politics of Food, Yale University. Instructor: Kelly Brownell, PhD. Undergraduate/Masters-Level Course. <u>Guest Lecture:</u> “The Nutrition Transition”
Fall 2010	Teaching Fellow, Introduction to Psychology, Yale University. Instructor: Paul Bloom, PhD. Undergraduate Course.

Lectures and Seminars (within home institution)

2022	“Weight Stigma.” Behavioral Health and Illness (course for doctoral students), Department of Clinical and Health Psychology, University of Florida
2022	“Weight Bias and Stigma: Barriers to Health Promotion.” Department of Health Education and Behavior’s Community and Behavioral Science Seminar, University of Florida.

- 2021 "Preventing Weight Stigma in Clinical Practice." Department of Clinical and Health Psychology, University of Florida
- 2021 "Weight Bias and Stigma." Med/Health Area Seminar, Department of Clinical and Health Psychology, University of Florida
- 2021 "Weight Bias and Stigma: What Do We Know and What Can We Do?" Center for Integrative Cardiovascular and Metabolic Disease Seminar, University of Florida
- 2020 "Combatting Weight Stigma in Health Promotion During the Pandemic." University of Pennsylvania Health System Nutrition Symposium
- 2019 "Weight Stigma." Science and Politics of Food Course, Master of Public Health Program, University of Pennsylvania
- 2019 "Targeting Weight Stigma in Behavioral Weight Loss Treatment: A Randomized Controlled Study." Penn Center for Weight and Eating Disorders Research Seminar
- 2019 Responsible Conduct of Research Workshop (Co-Facilitator), Biomedical Graduate Studies, Perelman School of Medicine at the University of Pennsylvania
- 2018 "Health or Appearance? Factors Motivating the Decision to Seek Bariatric Surgery." Penn Center for Weight and Eating Disorders Research Seminar
- 2018 "The Stigma of Psoriasis," Center for Human Appearance 9th Annual Research Conference, Penn Department of Surgery
- 2018 "Ageism in Patients Seeking Cosmetic Anti-Aging Procedures," Center for Human Appearance 9th Annual Research Conference, Penn Department of Surgery
- 2018 "Weight Bias and Stigma: The Impact of Media." Lab presentation (Director: Dr. Anjan Chatterjee), Penn Department of Neurology
- 2017-Present "Meet the Professor" Seminar with clinical psychology practicum students, Penn Center for Weight and Eating Disorders
- 2017 "Weight Bias and Stigma: Implications for Clinical Care," Health Equity Week, Educational Conference for Penn Internal Medicine Residents

- 2017 “Weight Bias and Stigma,” Penn Student Health Service Continuing Medical Education Series
- 2017 “Psychosocial and Behavioral Correlates of Patient Quality of Life Following Mohs Surgery,” Center for Human Appearance 8th Annual Research Conference, Penn Department of Surgery
- 2017 “Changes in Psychosocial Outcomes with Weight Loss Maintenance: Results from the PennWHEEL Study.” Penn Center for Weight and Eating Disorders Research Seminar, Department of Psychiatry
- 2016-2021 “Weight Bias and Stigma,” Obesity and Society Undergraduate Course, Penn School of Nursing
- 2016-2020 “Eating Disorders,” Penn Psychiatry Clerkship Didactics
- 2016 “Weight Bias Internalization: Associations with Obesity-Related Health Outcomes,” Penn Center for Weight and Eating Disorders Research Seminar
- 2016 “Psychology of Appearance: Stigma and Discrimination.” Board of Trustees Meeting, Center for Human Appearance, Penn Department of Surgery
- 2015-2016 “Weight Bias and Stigma,” Penn Medicine NOURISH Seminar Series (medical student group)
- 2012 “Eating Disorders and Obesity.” Guest Lecture, Abnormal Psychology Undergraduate Course, Yale University

Student Mentoring and Research

- Fall 2022-Spring 2023 Chair, Master’s Thesis Committee for Laurie Groshon, Doctoral Student in Clinical and Health Psychology, University of Florida
- Summer 2022-Present Primary Advisor, Senior Honors Thesis for Madelynn Reeves, University of Florida
- Fall 2021-Present Primary Faculty Advisor to MPH Students in Social and Behavioral Sciences, University of Florida: Lauren Cox, Illeana Acosta, Carley Lutzow, and Andrea Rangel (Graduated)

Fall 2021-Present	Member, Qualifying Exam Committees for Doctoral Students in Clinical and Health Psychology, University of Florida: Manuela Sinisterra, Cheyenne Reynolds, Charlayne Scarlett, Kelsey Bacharz, and Rachel Schade
Fall 2021-Present	Member, Master's Thesis Committees for Doctoral Students in Clinical and Health Psychology, University of Florida: Taylor Swanson, Kelsey Arroyo, Elizabeth Wolock, and Manuela Sinisterra
Fall 2021-Present	Primary Mentor to Doctoral Students in Clinical and Health Psychology, University of Florida: Laurie Groshon, Dakota Leget, and Miriam Sheynblyum
Summer 2020	Primary Faculty Mentor to Maddy Fair, Penn Undergraduate Research Mentoring Program, University of Pennsylvania
2019-2020	Primary Faculty Advisor to Camila Johanek, Senior Honors Thesis in Psychology, University of Pennsylvania
2019	Primary Faculty Mentor to Camila Johanek, Jumpstart for Juniors Research Grant, University of Pennsylvania Center for Undergraduate Research and Fellowships
2017-2018	Faculty Advisor, Dance for Health Community Outreach Program at the Common Place, Office of Diversity and Inclusion, Perelman School of Medicine at the University of Pennsylvania
2016-Present	External Qualifying Exam or Dissertation Committee Member for: Leah Schumacher, Doctoral Candidate in Clinical Psychology, Drexel University; Keri Carvalho, Doctoral Candidate in Psychology, Tufts University; Jocelyn Remmert, Doctoral Candidate in Clinical Psychology, Drexel University; Nitsan Goldstein, Neuroscience Graduate Group, Penn Biomedical Graduate Studies; Yvette Forbes, Griffiths University, Melbourne, Australia; Montserrat Carrera Seoane, Doctoral Student in Health Education & Behavior, University of Florida; Sophia Eikenberry, Doctoral Student in Physiology and Functional Genomics, Biomedical Sciences Program, University of Florida; Hannah Lavoie, Doctoral Student in Health Education & Behavior, University of Florida
2016-Present	Research Mentor to medical students, postdoctoral fellows, clinical interns, and other trainees, including: Dallas Argueso, Monique Arnold, Lawrence Lin, Daniel Mazzaferro, Erica Schulte, Kimberly Shao, Marilyn Wan, Olivia Walsh, Caroline Bach, Hannah Fitterman-Harris, and Anna Epifano

- 2015-2016 Research Mentor to Cai Guo, Active Minds Emerging Scholars Fellowship, Dickinson College
- 2009-Present Research Mentor to undergraduate research assistants, including: Sophia Hua, Mahima Sukhdev, Lucy McWhorter, Margaret Strickland, Anne Claire Grammer, Jin Yoon, Kaylah Walton, AnnaClaire Osei-Akoto, Danielle Collins, Matthew McDermott, Camila Johanek, Kyra Bronfman, Zhengyi Du, Grace Mezzanotte, Ginikachi Ozioma Amuzie, Caroline O'Neil, Emma Palermo, Danielle Caby, Lily Sherwood, Maddy Fair, and Salome Bezabih

Clinical Supervision and Training

- 2022 Clinical Supervisor, Pre-Surgical Evaluations for Bariatric Surgery Rotation, Department of Clinical and Health Psychology, University of Florida (Trainees: Caitlin Coyer, Hannah Fitterman-Harris)
- 2019 "Bariatric Sensitivity: Weight Bias and Stigma," Bariatric Education Day, Hospital of the University of Pennsylvania Department of Nursing Education, Innovation, and Professional Development
- 2018-2019 Subject Matter Expert for Bariatric Sensitivity, Bariatric Program, Penn Presbyterian Medical Center
- 2017-2018 Primary Clinical Supervisor for Philadelphia-area psychology graduate student clinical practicum at the Penn Center for Weight and Eating Disorders (Students: Jessica Weissman, Jessica Fiske-Baier)
- 2016 "Weight Sensitivity Training," Bariatric Surgery Program, Perelman Center for Advanced Medicine, Penn Medicine
- 2016 "Weight Sensitivity Training," Department of Surgery, Pennsylvania Hospital
- 2013-2014 Graduate Student Clinic Director and Supervisor, Yale Center for Anxiety and Mood Disorders

Lectures by Invitation (past 5 years):

- Feb, 2023 "Reducing Weight Stigma in Weight Management: Results from a Long-term RCT." Center for Weight and Eating Disorders Research Seminar. University of Pennsylvania (Online)
- Dec, 2022 "Weight Bias and Stigma: Considerations for Weight Management." Department of Human Nutrition, Foods, and Exercise Weight Management Panel Discussion. Virginia Tech (Online)

- Oct, 2022 “Intervening on Social and Structural Determinants of Health and Obesity” (Moderator). Advancing Interventions for Adult Obesity to Promote Health Equity Workshop. NHLBI, NIH (Online)
- Sept, 2022 “Weight Stigma, Internalization, and Health: Opportunities for Intervention.” NHLBI Obesity, Nutrition, and Physical Activity Seminar, NIH (Online)
- Sept, 2022 “Introduction to Weight Stigma.” Seminar hosted by Students Against Weight Stigma (medical student group), Penn Medicine (Online)
- June, 2022 “Weight Bias and Stigma: Implications for Physical Activity.” Global Classroom Lecture Series, University of Giessen, Germany (Online)
- June, 2022 “Experiences of Weight Stigma and Diabetes Stigma among People with Type 2 Diabetes.” Invited presentation in symposium titled “Stigma in Diabetes Care: Evidence and Solutions.” American Diabetes Association Annual Meeting, New Orleans, LA
- May, 2022 “Weight Bias and Stigma: Barriers to Weight Management.” Weight, Eating, and Lifestyle Center Seminar Series, Drexel University (Online)
- Apr, 2022 “Changing the Conversation Around Representation in Media and Body Image.” Invited presentation in public workshop, titled “Shifting the Paradigm: Targeting Structures, Communications, and Beliefs to Advance Practical Strategies for Obesity Solutions.” Hosted by the Roundtable on Obesity Solutions, National Academies of Science, Engineering, and Medicine (Online).
- Apr, 2022 “Weight Bias and Stigma: Considerations for Gynecologic Care.” Invited oral presentation in symposium organized by the National Cancer Institute titled, “Challenges in Gynecologic Care for Patients with Obesity.” American Society for Colposcopy and Cervical Pathology Annual Meeting, San Diego
- Feb, 2022 “Targeting Weight Stigma in Obesity Interventions.” NORC Seminar Series, University of Alabama Birmingham (Online)
- Nov, 2021 “Health Outcomes of Internalized Weight Stigma Among Patients with Obesity.” Presidential Plenary Session, Invited oral presentation at The Obesity Society’s Annual Meeting “Obesity Week” (Online).

Sept, 2021	“Childhood Obesity: Facts, Bullying, & How to Make a Difference.” Special Guest, Obesity Action Coalition Monthly Broadcast (Online).
Sept 2021	“Weight Bias and Stigma.” Featured Speaker, Bahrain Obesity Academy, Bahrain (Online).
Apr, 2021	“From Awareness to Action: Confronting Weight Stigma to Promote Public Health.” Featured Expert Guest Lecturer, Inaugural Weight Stigma Awareness Series, Department of Nutrition, University of North Carolina Gillings School of Global Public Health (Online).
Apr, 2021	“Careers on Tap.” Professional Development and Research Seminar. Department of Human Nutrition, Foods, and Exercise, Virginia Tech, Blacksburg, VA (Online).
Mar, 2021	“Future Directions for Diabetes Stigma Research.” d21 Executive Innovation Series, The diaTribe Foundation, San Francisco, CA (Online).
Mar, 2021	“Weight Bias and Stigma in Human and Animal Health Care.” One Health Annual Symposium, University of Pennsylvania, Philadelphia, PA (Online).
Jan, 2021	“Weight Bias, Stigma, and Discrimination.” Guest Lecture in Food Industry, Politics, and Public Health course (Instructor Alyssa Moran, ScD). Johns Hopkins Bloomberg School of Public Health, Baltimore MD (Online).
Oct, 2020	“Internalization of Weight Bias and Stigma.” Symposium: Let’s Come Together: Uniting Dietitians to Combat Weight Bias. Academy of Nutrition and Dietetics Annual Food and Nutrition Conference & Expo (Online due to COVID-19).
Jun, 2020	“Weight Bias and Stigma.” Physician Assistant Program, College of St. Elizabeth, Morristown, NJ (Online due to COVID-19)
Apr, 2020-2023; May, 2019; Apr, 2018; Apr, 2017	“Weight Bias and Discrimination.” Obesity: Etiology, Prevention and Treatment and Obesity Medicine Board Review Course, Columbia University Institute of Human Nutrition, New York, NY
Mar, 2020	“Weight Stigma: Public Health Interventions and Implications,” Department of Nutrition, Harvard T. H. Chan School of Public Health, Boston, MA (Online due to COVID-19)

Jan, 2020	“Weight Bias Internalization: Health Implications and Clinical Intervention,” Department of Psychology, York University, Toronto, CA
Dec, 2019	“Weight Bias Internalization: Health Implications and Clinical Intervention,” Department of Clinical and Health Psychology, University of Florida, Gainesville, FL
Nov, 2019	“Conversation about Weight Stigma,” Guest Lecture in Nutrition Course (Instructor Jennifer Temple, PhD), School of Public Health and Health Professions, University of Buffalo, Buffalo, NY (Online)
Nov, 2019	“Psychology and Public Health Perspectives on Obesity,” Guest Lecture in Anxiety Course (Instructor Casey Schofield, PhD), Skidmore College, Saratoga Springs, NY
Nov, 2019	“Weight Bias Internalization: Health Implications and Clinical Intervention,” Department of Psychology, Skidmore College, Saratoga Springs, NY
Oct, 2019	“Weight Bias Internalization: Health Implications and Clinical Intervention,” Department of Psychology, Virginia Commonwealth University, Richmond, VA
Oct, 2019	“The Stigmatization of Women and Weight,” Closing Keynote Presentation, Nephrology Nursing Practice, Management and Leadership Conference, American Nephrology Nurses Association, San Diego, CA.
Sept, 2019	“Weight Bias, Internalization, and Eating Disorders: What Do We Know and What Do We Do?” Academy for Eating Disorders Webinar.
Apr, 2019	“Weight Stigma and Eating Disorders,” Midwest Region Eating Disorders T32 Didactics Seminar (Webcam with trainees in Chicago, IL, Minneapolis, MN, and Fargo, ND)
Mar, 2019	“Weight Bias Internalization and Weight Management.” Brown University Weight Stigma Summit, Providence, RI
Oct 2020; Feb 2019; Oct, 2018; Feb, 2018; Feb 2017	“Weight Bias and Discrimination.” Supersized Nation: Understanding and Managing America’s Obesity Epidemic Undergraduate Course, Haverford College, Haverford, PA

Feb, 2019	“Mental Health and Obesity.” Roundtable on Obesity Solutions, National Academies of Science, Engineering, and Medicine, Washington, DC
Aug, 2018	“The Role of Psychosocial Interaction in Obesity,” 2018 James W. Freston Conference: Obesity and Metabolic Disease. American Gastroenterological Association, Arlington, VA
Jul, 2018	“Weight Bias Internalization: Implications and Intervention.” Rudd Center for Food Policy and Obesity, University of Connecticut, Hartford, CT
Jul, 2018	“Impact of Weight Bias on Your Health: Steps to Rejecting Self-Stigma.” Obesity Action Coalition National Convention, Denver, CO
Jul, 2018	“Meeting in the Middle: A Discussion of Body Positivity and Health.” Obesity Action Coalition National Convention, Denver, CO
Jul, 2018	“Reducing Weight Stigma to Improve Long-Term Weight Loss,” Physical Activity and Weight Management Research Center, University of Pittsburgh, Pittsburgh, PA
May, 2018	“Weight Stigma and Health: Implications for Clinical Care.” ACCEL Innovative Discovery Series, Value Institute at Christiana Care Health System. Newark, DE
Nov, 2017	“Interventions to Address Experienced and Internalized Weight Bias,” Session: Weight Bias. Invited oral presentation at The Obesity Society’s Obesity Week, National Harbor, MD
Sep, 2017	“Weight Bias and Stigma: Opportunities for Psychological Intervention.” Psychology Brown Bag Series. Rutgers-Camden College of Arts and Sciences, Camden, NJ

Organizing Roles in Scientific Meetings:

2022	Planning Committee Member for Public Workshop Series, Roundtable on Obesity Solutions, National Academies of Science, Engineering, and Medicine
2021-Present	Chair of Public Health and Policy Track, The Obesity Society Annual Meeting Program Committee

2020-Present	Member, Public Health and Policy Track, The Obesity Society Annual Meeting Program Committee
2020	Abstract Reviewer, The Obesity Society's Obesity Week (Annual Convention), Atlanta, GA (Online due to COVID-19)
2020	Abstract Reviewer, Society of Behavioral Medicine Annual Meeting (Online due to COVID-19)
2019	Session Chair, Policy and Public Health Orals Session: Communicating About Nutrition and Weight Bias. The Obesity Society's Obesity Week (Annual Convention), Las Vegas, NV
2019	Abstract Reviewer, The Obesity Society's Obesity Week (Annual Convention), Las Vegas, NV
2018	Abstract Reviewer, The Obesity Society's Obesity Week (Annual Convention), Nashville, TN

Grants:*Current:*

A Weight Stigma-Informed Model to Improve Energy Intake Assessment, National Institute of Nursing Research/NIH/DHHS (R21NR020405), 9/22/2022-7/31/2024
 Total award: \$453,180
 Role: Co-I (PI: Valisa Hedrick)

Transdiagnostic Intervention to Reduce Internalized Health-Related Stigma, Office of the Director/Common Fund/National Institute of Mental Health/NIH/DHHS (DP2MH132938), 9/1/2022-8/31/2027
 Total award: \$2,287,500
 Role: PI

Investigating the Relationship Between Internalized Weight Stigma and Metabolic Syndrome, National Heart, Lung, and Blood Institute/NIH/DHHS (R03HL160603), 8/1/2022-7/31/2024
 Total award: \$152,500
 Role: PI

Reducing Weight Stigma To Improve Long-Term Weight Loss, National Heart, Lung, And Blood Institute/NIH/DHHS (K23HL140176), 12/15/2017-11/30/2023
 Total award: \$835,225
 Role: PI

Past:

Examining Potential Racial Discrepancies in Genetic Attributions for Obesity and Their Implications for Clinically and Socially Relevant Attitudes and Beliefs, Columbia University Center for Research on Ethical, Legal and Social Implications of Psychiatric, Neurologic and Behavioral Genetics (Pilot Grant), 10/2021-6/2022
Role: Co-I (PI: Matthew Lebowitz)

Acute Inflammatory Effects of Weight Stigma in Overweight/Obesity, National Heart, Lung, and Blood Institute, NIH/DHHS (F31HL152620), 7/2020 – 6/2022,
Role: Co-mentor (PI: Natalie Keirns)

A Randomized Controlled Trial Of A Psychological Intervention To Reduce Weight Bias Internalization In The Context Of Behavioral Weight Loss, Weight Watchers (WW) International, 3/2018-10/2019. Role: PI

Ageism Among Patients Seeking Anti-Aging Cosmetic Procedures, Edwin & Fannie Gray Hall Center for Human Appearance Pilot Grant, 10/2017-6/2018. Role: PI

The Stigma of Psoriasis, Edwin & Fannie Gray Hall Center for Human Appearance Pilot Grant, 7/2017-6/2018. Role: PI

Psychosocial and Behavioral Correlates of Patient Quality of Life Following Mohs Micrographic Surgery: One Year Follow-Up, Edwin & Fannie Gray Hall Center for Human Appearance Pilot Grant, 7/2016-6/2017. Role: PI

A Randomized Trial of Lifestyle Modification and Lorcaserin for Weight Loss Maintenance, Eisai Co., 12/2014-12/2017. Role: Co-I (PI: Thomas Wadden)

Weight Attributions and Attitudes, Yale University Department of Psychology Supplemental Research Funds, 1/2013-5/2013. Role: PI

Invited Reviewer:

Diabetes UK (April 2023)
Special Emphasis Panel ZDK1 GRB-S M2, NIDDK/NIH (March 2023)
Health Research Board of Ireland (June 2022)
Social Sciences and Humanities Research Council of Canada (Jan 2022)
Department of Defense Military Women's Health Research Consortium Intramural Grant (review conducted through NIH Center for Scientific Review; October 2021)
Medical Research Council, UK (July 2020)
Israel Science Foundation (March 2019)

Bibliography:

*Indicates undergraduate or graduate student, medical student, postdoctoral fellow, or other trainee.

Research Publications, peer reviewed (print or other media):

1. **Pearl RL**, Wadden TA, Groshon LC*, Fitterman-Harris, HF*, Bach C*, LaFata EM: Refining the conceptualization and assessment of internalized weight stigma: A mixed methods approach. Body Image. 44:93-102. Mar 2023.
2. Chao AM, Abene J*, Allison KC, **Pearl RL**, Wadden TA, Williams NN, Tronieri JS: Binge eating disorder and eating self-efficacy in adults seeking bariatric surgery. Clinical Obesity. e12531. May 2022.
3. **Pearl RL**, Bach C*, Wadden TA: Development of a cognitive-behavioral intervention for internalized weight stigma. Journal of Contemporary Psychotherapy. Advance online publication. May 2022.
4. Schulte EM*, Bach C*, Berkowitz RI, Latner JD, **Pearl RL**: Adverse childhood experiences and weight stigma: Co-occurrence and associations with psychological well-being. Stigma and Health. 6(4): 408-418. Nov 2021.
5. Puhl RM, Lessard L*, **Pearl RL**, Grupski A, Foster GD: Policies to address weight discrimination and bullying: Perspectives of adults engaged in weight management from six nations. Obesity. 29(11):1787-1798. Nov 2021.
6. Puhl RM, Lessard L*, **Pearl RL**, Himmelstein MS, Foster GD: International comparisons of weight stigma: Addressing a void in the field. International Journal of Obesity. 45(9):1976-1985 Sept 2021.
7. Keirns NG*, Tsotsoros CE, Addante S, Layman HM, Krems JA, **Pearl RL**, Tomiyama AJ, Hawkins, MA: Adverse childhood experiences associated with greater internalization of weight stigma in women with excess weight. Obesities. 1: 49-57, Jun 2021.
8. Lessard L*, Puhl RM, Himmelstein MS, **Pearl RL**, Foster GD: Eating and exercise-related correlates of weight stigma: A multinational investigation. Obesity. 29(6): 966-970. Jun 2021.
9. **Pearl RL**, Puhl RM, Lessard L*, Himmelstein MS, Foster GD: Prevalence and correlates of weight bias internalization in weight management: A multinational study. Social Science & Medicine: Population Health. 13: 100755, Mar 2021.
10. **Pearl RL**, Wadden TA, Bach C*, Leonard SM, Michel, KE: Who's a good boy? Effects of dog and owner body weight on veterinarian perceptions and treatment recommendations. International Journal of Obesity. 44: 2455-2564, Dec 2020.
11. **Pearl RL**, Puhl RM, Himmelstein MS, Pinto AM, Foster GD: Weight stigma

and weight-related health: Associations of self-report measures among adults in weight management. Annals of Behavioral Medicine 54(11): 904-914, Nov 2020.

12. **Pearl RL**, Wadden TA, Bach C*, Tronieri JS, Berkowitz RI: Six-month follow-up from a randomized controlled trial of the Weight BIAS program. Obesity 28(10): 1878-1888, Oct 2020.
13. Himmelstein MS, Puhl RM, **Pearl RL**, Pinto AM, Foster GD: Coping with weight stigma among adults in a commercial weight management sample. International Journal of Behavioral Medicine 27(5):576-590, Oct 2020.
14. Wan MT*, **Pearl RL**, Fuxench ZCC, Takeshita J, Gelfand JM: Anticipated and perceived stigma among patients with psoriasis. Journal of Psoriasis and Psoriatic Arthritis 5(3): 93-99, Jul 2020.
15. **Pearl RL**, Wadden TA, Bach C*, Gruber K, Leonard S, Walsh OA*, Tronieri JS, Berkowitz RI: Effects of a cognitive-behavioral intervention targeting weight stigma: A randomized controlled trial. Journal of Consulting and Clinical Psychology 88(5), 470-80, May 2020.
16. **Pearl RL**, Wadden TA, Chao AM, Alamuddin N, Berkowitz RI, Walsh O*, Allison KC, Tronieri JS: Associations between causal attributions for obesity and long-term weight loss. Behavioral Medicine 46(2):87-91, Apr-Jun 2020.
17. Goss AL*, Rethy L*, **Pearl RL**, DeLisser HM: The “difficult” cadaver”: A mixed-methods study of weight bias in gross anatomy. Medical Education Online 25(1): 1742966, Mar 2020.
18. Puhl RM, Himmelstein MS, **Pearl RL**, Wojtanowski AC, Foster GD: Weight stigma among sexual minority adults: Findings from a matched sample of adults engaged in weight management. Obesity 27(11):1906-15, Nov 2019.
19. **Pearl RL**, Wadden TA, Chao AM, Walsh O*, Alamuddin N, Berkowitz RI, Tronieri JS: Weight bias internalization and long-term weight loss in patients with obesity. Annals of Behavioral Medicine 53(8): 782-787, Aug 2019.
20. **Pearl RL**, Himmelstein MS, Puhl RM, Wadden TA, Wojtanowski AC, Foster GD: Weight bias internalization in a commercial weight management sample: Prevalence and correlates. Obesity Science & Practice 5(4): 342-353, Aug 2019.
21. **Pearl RL**, Percec I: Ageism and health in patients undergoing cosmetic procedures. Aesthetic Surgery Journal 39(7): NP288-NP292, Jul 2019.

22. **Pearl RL**, Wan MT*, Takeshita J, Gelfand JM: Stigmatizing attitudes toward persons with psoriasis among laypersons and medical students. Journal of the American Academy of Dermatology 80 (6): 1556-1563, Jun 2019.
23. **Pearl RL**, Wadden TA, Walton K*, Allison KC, Tronieri JS, William N: Health and appearance: Factors motivating the decision to seek bariatric surgery. Surgery for Obesity and Related Diseases 15(4): 636-642, Apr 2019.
24. Chao AM, Wadden TA, Tronieri JS, **Pearl RL**, Alamuddin N, Bakizada ZM*, Pinkasavage E*, Leonard SM, Alfaris N, Berkowitz RI: Effects of addictive-like eating behaviors on weight loss with behavioral obesity treatment. Journal of Behavioral Medicine 42(2): 246-255, Apr 2019.
25. Tronieri JS, Wadden TA, Chao AM, **Pearl RL**, Alamuddin N, Berkowitz RI: Early weight loss in behavioral treatment predicts later rate of weight loss and response to pharmacotherapy. Annals of Behavioral Medicine 53(3): 290-295, Mar 2019.
26. **Pearl RL**, Walton K*, Allison KC, Tronieri JS, Wadden TA: Preference for people-first language among patients seeking bariatric surgery. JAMA Surgery 153(12):1161-1162, Dec 2018
27. Walsh OA*, Wadden TA, Tronieri JS, Chao AM, **Pearl RL**: Weight bias internalization is negatively associated with weight-related quality of life in persons seeking weight loss. Frontiers in Psychology 9(2576), Dec 2018.
28. Chao AM, Wadden TA, **Pearl RL**, Alamuddin N, Leonard SM, Bakizada ZM*, Pinkasavage E*, Gruber KA, Walsh OA*, Berkowitz RI, Alfaris N, Tronieri JS: A randomized controlled trial lorcaserin and lifestyle counseling for weight loss maintenance: changes in emotion and stress related eating, food cravings, and appetite. Clinical Obesity 8(6): 383-390, Dec 2018
29. **Pearl RL**, Wadden TA, Allison KC, Chao AM, Alamuddin N, Berkowitz RI, Walsh O*, Tronieri JS: Causal attributions for obesity among patients seeking surgical versus behavioral/pharmacological weight loss treatment. Obesity Surgery 28(11): 3724-3728, Nov 2018.
30. **Pearl RL**, Shao K*, Shin TM, Miller CJ, Sobanko JF: Acute appearance concerns in patients undergoing Mohs surgery: A single institution cross-sectional study. Dermatologic Surgery 44(10): 1349-1351, Oct 2018.
31. Lin L*, Zhang R*, Mazzaferro D*, Hoppe I*, **Pearl R**, Swanson J, Bartlett S, Taylor J: Influence of repaired cleft lip and palate on layperson perceptions following orthognathic surgery. Plastic and Reconstructive Surgery 142(4): 1012-1022, Oct 2018.

32. Tronieri JS, Wadden TA, Alfaris N, Chao AM, Alamuddin N, Berkowitz RI, **Pearl RL**: "Last supper" predicts greater weight loss early in obesity treatment, but not enough to offset initial gains. Frontiers in Psychology 2(9): 1335, Aug 2018.
33. Shao K*, Zhang J*, **Pearl RL**, Taylor L, Sobanko JF: Improving quality of life measurement in skin cancer patients: Clinical correlates for the Skin Cancer Index. Dermatologic Surgery 44(8): 1139-40, Aug 2018.
34. **Pearl RL**, Wadden TA, Tronieri JS, Berkowitz RI, Chao AM, Alamuddin N, Leonard SM, Carvajal R, Bakizada ZM*, Pinkasavage E*, Gruber KA, Walsh OA*, Alfaris N: Short- and long-term changes in health-related quality of life with weight loss: Results from a randomized controlled trial. Obesity 26(6): 985-991, Jun 2018.
35. **Pearl RL**, Hopkins CH*, Berkowitz RI, Wadden TA: Group cognitive-behavioral treatment for internalized weight stigma: a pilot study. Eating and Weight Disorders 23(3): 357-362, Jun 2018.
36. **Pearl RL**, Wadden TA, Tronieri JS, Chao AM, Alamuddin N, Berkowitz RI: Everyday discrimination in a racially-diverse sample of patients with obesity. Clinical Obesity 8(2): 140-146, Apr 2018.
37. **Pearl RL**, Wadden TA, Tronieri JS, Chao AM, Alamuddin N, Bakizada ZM*, Pinkasavage E, Berkowitz RI: Sociocultural and familial factors associated with weight bias internalization. Obesity Facts 11(2): 157-164, Apr 2018.
38. Shaw Tronieri J, Wadden TA, Berkowitz RI, Chao AM, **Pearl RL**, Alamuddin N, Leonard SM, Carvajal R, Bakizada ZM*, Pinkasavage E*, Gruber KA, Walsh OA*, Alfaris N: A randomized trial of lorcaserin and lifestyle counseling for maintaining weight loss achieved with a low-calorie diet. Obesity 26(2): 299-309, Feb 2018.
39. Mazzaferro DM*, Wes AM*, Naran S*, **Pearl R**, Bartlett SP, Taylor JA: Orthognathic surgery has a significant effect on perceived personality traits and emotional expressions. Plastic and Reconstructive Surgery 140(5): 971-981, Nov 2017.
40. Chao AM, Wadden TA, Gorin AA, Tronieri JS, **Pearl RL**, Bakizada ZM*, Yanovski SZ, Berkowitz RI: Binge eating and weight loss outcomes in individuals with type 2 diabetes: 4-Year results from the Look AHEAD study. Obesity 25(11): 1830-1837, Nov 2017.
41. **Pearl RL**, Argueso D*, Wadden TA: Effects of medical trainees' weight-loss history on perceptions of patients with obesity. Medical Education 51(8): 802-11, Aug 2017.

42. Tronieri JS, Alfari N, Chao AM, **Pearl RL**, Alamuddin N, Bakizada ZM, Berkowitz RI, Wadden TA: Lorcaserin plus lifestyle modification for weight loss maintenance: Rationale and design for a randomized controlled trial. Contemporary Clinical Trials 59: 105-112, Jun 2017.
43. **Pearl RL**, Wadden TA, Hopkins CM,* Shaw JA, Hayes MR, Bakizada ZM*, Alfari N, Chao AM, Pinkasavage E*, Berkowitz RI, Alamuddin N: Association between weight bias internalization and metabolic syndrome among treatment-seeking individuals with obesity. Obesity 25(2): 317-322, Feb 2017.
44. **Pearl RL**, Forgeard MJC, Rifkin L*, Beard C, Bjorgvinsson T: Internalized stigma of mental illness: Changes and associations with treatment outcomes. Stigma and Health 2(1): 2-15, Feb 2017.
45. Chao AM, Shaw JA, **Pearl RL**, Alamuddin N, Hopkins CM*, Bakizada ZM*, Berkowitz RI, Wadden TA: Prevalence and psychosocial correlates of food addiction in persons with obesity seeking weight reduction. Comprehensive Psychiatry 73: 97-104, Feb 2017.
46. **Pearl RL**, Puhl RM, Dovidio JF: Can legislation prohibiting weight discrimination improve psychological well-being? A preliminary investigation. Analyses of Social Issues and Public Policy 17(1): 84-104, Jan 2017.
47. **Pearl RL**, Puhl RM: The distinct effects of internalizing weight bias: An experimental study. Body Image 17: 38-42, Jun 2016.
48. Forgeard MJC, **Pearl RL**, Cheung J*, Rifkin LS*, Beard C, Björgvinsson T: Positive beliefs about mental illness: Associations with sex, age, diagnosis, and clinical outcomes. Journal of Affective Disorders 204: 197-204, Jun 2016.
49. **Pearl RL**, Puhl RM, Dovidio JF: Differential effects of weight bias experiences and internalization on exercise among women with overweight and obesity. Journal of Health Psychology 20(12): 1626-32, Dec 2015.
50. **Pearl RL**, Dovidio JF, Puhl RM: Visual portrayals of obesity in health media: promoting exercise without perpetuating weight bias. Health Education Research 30(4): 580-590, Aug 2015.
51. **Pearl RL**, Dovidio JF, Puhl RM, Brownell KD: Exposure to weight-stigmatizing media: Effects on exercise intentions, motivation, and behavior. Journal of Health Communication 20(9): 1004-13, Jul 2015.

52. **Pearl RL**, Dovidio JF: Experiencing weight bias in an unjust world: Impact on exercise and internalization. Health Psychology 34(7): 741-9, Jul 2015.
53. **Pearl RL**, White MA, Grilo CM: Weight bias internalization, depression, and self-reported health among overweight binge eating disorder patients. Obesity 22(5): E142-8, May 2014.
54. **Pearl RL**, Lebowitz MS: Beyond personal responsibility: Effects of causal attributions for overweight and obesity on weight-related beliefs, stigma, and policy support. Psychology & Health 29(10): 1176-91, May 2014.
55. **Pearl RL**, White MA, Grilo CM: Overvaluation of shape and weight as a mediator between self-esteem and weight bias internalization among patients with binge eating disorder. Eating Behaviors 15(2): 259-61, Apr 2014.
56. Brochu PM, **Pearl RL**, Puhl RM, Brownell KD: Do media portrayals of obesity influence support for weight-related medical policy? Health Psychology 33(2): 197-200, Feb 2014.
57. **Pearl RL**, Puhl RM: Measuring internalized weight attitudes across body weight categories: Validation of the Modified Weight Bias Internalization Scale. Body Image 11(1): 89-92, Jan 2014.
58. **Pearl RL**, Puhl RM, Brownell KD: Positive media portrayals of obese persons: Impact on attitudes and image preferences. Health Psychology 31(6): 821-9, Nov 2012.
59. Roberto CA, Sysko R, Bush J, **Pearl R**, Puhl RM, Schvey NA, Dovidio JF: Clinical correlates of the Weight Bias Internalization Scale in a sample of obese adolescents seeking bariatric surgery. Obesity 20(3): 533-9, Mar 2012.

Research Publications, peer-reviewed reviews:

⁺*Indicates invited submission*

1. **Pearl RL**, Wadden TA, Jakicic JM: Is weight stigma associated with physical activity? A systematic review. Obesity. 29(12):1994-2012, Dec 2021.
2. ⁺**Pearl RL**, Schulte EM*: Weight bias during the COVID-19 pandemic. Current Obesity Reports. 10(2):181-190, Jun 2021.

3. ⁺Puhl RM, Himmelstein MS, **Pearl RL**: Weight stigma as a psychosocial contributor to obesity. American Psychologist 75(2):274-289, Feb 2020.
4. **Pearl RL**, Puhl RM: Weight bias internalization and health: A systematic review. Obesity Reviews 19(8): 1141-1163, Aug 2018.
5. ⁺**Pearl RL**: Weight bias and stigma: Public health implications and structural solutions. Social Issues and Policy Review 12(1): 146-182, Jan 2018.
6. ⁺Tronieri JS, Wurst CM*, **Pearl RL**, Allison KC: Sex differences in obesity and mental health. Current Psychiatry Reports 19(6): 29, Jun 2017.
7. ⁺Gearhardt AN, Bragg MA, **Pearl RL**, Schvey NA, Roberto CA, Brownell KD: Obesity and public policy. Annual Review of Clinical Psychology 8: 405-30, Jan 2012.

Select Conference Abstracts:

1. **Pearl RL**. Weight Bias in Health Education: The Need for Evidence-based Solutions. Oral presentation in session titled, “Weight Stigma in Healthcare Education and Practice: A Missed Opportunity to Do No Harm.” Anatomy Connected 2023: Advances in Science, Research, and Education, American Association of Anatomy, Washington, DC, Mar 2023.
2. **Pearl RL**, Wadden TA, Latner JD. Cultural Differences in Body Appreciation and Health Correlates Among Adults Seeking Cognitive-Behavioral Treatment for Weight and Stigma. Paper presentation as part of symposium “Positive body image as social justice: Cognitive behavioral applications to socioculturally diverse groups.” Association for Behavioral and Cognitive Therapies Annual Meeting, Online Nov 2021.
3. **Pearl RL**, Wadden TA, Bach C*, Gruber K, Leonard S, Walsh OA*, Tronieri JS, Berkowitz RI. Targeting Weight Stigma in Behavioral Weight Loss Treatment: A Randomized Controlled Trial. Oral presentation at The Obesity Society’s Obesity Week, Las Vegas, NV Nov 2019.
4. **Pearl RL**, Wadden TA, Bach C*, Leonard S, Berkowitz RI. Reducing Weight Stigma to Improve Long-Term Weight Loss. NHLBI K-to-R01 Meeting, Bethesda, MD Jul 2019.
5. **Pearl RL**, Percec I. Perceived and Anticipated Age-Based Discrimination in Adults Undergoing Cosmetic Procedures: Associations with Health and Self-Esteem. Paper presentation as part of symposium “Making their voices heard: Health effects of stigma and discrimination in understudied populations.” Society of Behavioral Medicine Annual Meeting, Washington, DC Mar 2019.

5. **Pearl RL**, Wadden TA, Walton K*, Allison KC, Tronieri JS, Williams NN: Health or appearance? Factors motivating the decision to seek bariatric surgery. Paper presentation at the Masters Course in Behavioral Health, American Society for Metabolic and Bariatric Surgery, Obesity Week, Nashville, TN Nov 2018.
6. **Pearl RL**, Wadden TA, Chao AM, Walsh O*, Alamuddin N, Berkowitz RI, Tronieri JS: Does weight loss reduce stigma? Results from a long-term weight loss maintenance trial. Poster presented at the Society of Behavioral Medicine Annual Meeting, New Orleans, LA Mar 2018.
7. **Pearl RL**: Lose weight and stigma? Exploring the relationship between weight loss and changes in perceived and internalized stigma among individuals with obesity. Paper presented in session, "Weighty matters: The heavy impact of weight stigma on health and weight-related outcomes." Association for Psychological Science Annual Meeting, Boston, MA May 2017.
8. **Pearl RL**, Wadden TA, Hopkins CM*, Shaw JA, Hayes MR, Bakizada ZM*, Alfari N, Chao AM, Pinkasavage E*, Berkowitz RI, Alamuddin N: Association between weight bias internalization and metabolic syndrome among treatment-seeking individuals with obesity. Poster presented at Psychiatry Research Day, Perelman School of Medicine at the University of Pennsylvania, Philadelphia, PA Oct 2016.
9. **Pearl RL**, Argueso D*, Wadden TA: Medical trainees' weight-loss history affects perceptions of patients' weight-loss outcomes. Oral presentation and poster presented at The Obesity Society's Obesity Week, New Orleans, LA Oct 2016.
10. **Pearl RL**, Wadden TA, Hopkins CM*, Shaw JA, Hayes MR, Bakizada ZM*, Alfari N, Chao AM, Pinkasavage E*, Berkowitz RI, Alamuddin N: Association between weight bias internalization and metabolic syndrome among treatment-seeking individuals with obesity. Oral presentation and poster presented at The Obesity Society's Obesity Week, New Orleans, LA Oct 2016.
11. **Pearl RL**, Puhl RM, Dovidio JF: Psychological benefits of legislation prohibiting weight discrimination: A preliminary investigation. Paper presented at the Society for Psychological Study of Social Issues Conference, Minneapolis, MN June 2016.

Editorials, Reviews, Chapters, including participation in committee reports (print or other media):

1. Leget DL*, Sheynblyum M*, Harrop EN, **Pearl RL**. Reflecting on mirror use for individuals with obesity: A response to Omondi and Freysteinson's systematic review. Journal of Clinical Nursing. Feb 2023. doi: 10.1111/jocn.16641
2. Cardel MI, Newsome FA*, **Pearl RL**, Ross KM, Dillard JR*, Miller DR*, Hayes JF*, Wilfley D, Keel PK, Dhurandhar EJ, Balantekin KN. Letter to the Editor re: Patient-centered care for obesity: How healthcare providers can treat obesity while actively addressing weight stigma and eating disorder risk. Journal of the Academy of Nutrition and Dietetics. Oct 2022. doi: 10.1016/j.jand.2022.09.017
3. Cardel MI, Newsome FA*, **Pearl RL**, Ross KM, Dillard JR*, Miller DR*, Hayes JF*, Wilfley D, Keel PK, Dhurandhar EJ, Balantekin KN. Patient-centered care for obesity: How healthcare providers can treat obesity while actively addressing weight stigma and eating disorder risk. Journal of the Academy of Nutrition and Dietetics. 122(6): 1089-1098, June 2022.
4. **Pearl RL**, Groshon L*, Fitterman-Harris, H*. Weight stigma. Diversity and Disparities in Mental Health, Klump, K (section ed.), in Encyclopedia of Mental Health, 3rd Edition. Markey C, Friedman HS (eds.). Elsevier Press. In press.
5. **Pearl RL**. Weight stigma and bias. Health Professional's Guide to Weight Management for Adults. Gigliotti L, Raynor H (eds.). Academy of Nutrition and Dietetics. In press.
6. Austen, E*, **Pearl RL**, Griffiths S. Inconsistencies in the conceptualisation and operationalisation of internalized weight stigma. Body Image. S1740-1455(20): 30442-3. Dec 2020.
7. **Pearl RL**, Hopkins CM: Bias, stigma, and social consequences of obesity. Clinical Obesity in Adults and Children, 4th Edition. Kopelman PG, Caterson ID, Dietz WH (eds.). John Wiley & Sons Limited. In press.
8. **Pearl RL**: Weight stigma and the "quarantine-15." Obesity. 28(7): 1180-81. Jul 2020.
9. Puhl RM, **Pearl RL**: Psychological causes and consequences of obesity. Handbook of Obesity Treatment, 2nd Edition. Wadden TA, Bray GA (eds.). The Guilford Press, 2018.

10. Dovidio JF, Penner LA, Calabrese SK, **Pearl RL**: Physical health disparities and stigma: Race, sexual orientation, and body weight. Oxford Handbook of Stigma, Discrimination and Health. Major B, Dovidio JF, Link BG (eds.) Oxford University Press, 2018.
11. Brochu PM, **Pearl RL**, Simontacchi LA*: Weight stigma and related social factors in psychological care. Psychological Care in Severe Obesity: A Practical and Integrated Approach. Cassin SE, Hawa R, Sockalingham S (eds.). Cambridge University Press, 2018.
12. **Pearl RL**, Wadden TA: Weight stigma affects men too. Obesity 26(6): 949, Jun 2018.
13. Sobanko JF, Shao K*, **Pearl RL**, Leachman S: United States Preventive Services Task Force overstates cosmetic harms of skin cancer screening. The Journal of Clinical and Aesthetic Dermatology 11(4): 52-53, Apr 2018.
14. **Pearl RL**, Allison KC, Tronieri JS, Wadden TA: Reconsidering the psychosocial-behavioral evaluation required prior to bariatric surgery. Obesity 26(2): 249-50, Feb 2018.

Alternative Media:

1. Kyle T, **Pearl R**: Weight stigma and gender: Common issues and differences. Weight Matters Magazine (published by the Obesity Action Coalition) 18(4), 36-37, Jul 2022.
2. **Pearl RL**: How weight bias may affect dogs and their owners. Scientific American: Mind Matters Nov 2020.
<https://www.scientificamerican.com/article/how-weight-bias-may-affect-dogs-and-their-owners/>
3. **Pearl RL**: For 2019, consider a New Year's resolution to lose weight bias. USA Today Jan 2019. <https://www.usatoday.com/story/opinion/2019/01/01/2019-new-years-resolution-lose-weight-bias-stigma-not-weight-column/2445190002/>

Select Media Coverage:

1. Susman, E. Words matter to people who are overweight. MedPage Today Nov 2021. <https://www.medpagetoday.com/meetingcoverage/obesityweek/95413>
2. Forand, RL. Psoriasis stigma can lead to depression, mental health problems. Healio Oct 2021.
<https://www.healio.com/news/dermatology/20211013/psoriasis-stigma-can-lead-to-depression-mental-health-problems>

3. Boyd PJ: Insults, projectiles, well-intentioned fat-shaming: The perils of being a plus-size runner. The Guardian May 2019. <https://www.theguardian.com/lifeandstyle/2019/may/12/insults-projectiles-well-intentioned-fat-shaming-the-perils-of-being-a-plus-size-runner>
4. Rubin R. Addressing medicine's bias against patients who are overweight. JAMA News & Analysis Feb 2019. <https://www.ncbi.nlm.nih.gov/pubmed/30785613>
5. Carpenter J: How some wellness programs encourage toxic attitudes about body size. CNN Jan 2019. <https://www.cnn.com/2019/01/14/success/wellness-program-bias/index.html>
6. Bowser AD. Psoriasis stigma persists among medical students. American Academy of Dermatology Reading Room/MedPage Today Sept 2018. <https://www.medpagetoday.com/reading-room/aad/psoriasis/75151>
7. Brown H. Internalizing stigma is bad for your health. VICE Apr 2018. https://www.vice.com/en_us/article/8xkeax/internalizing-stigma-is-bad-for-your-health
8. Harrington E. Feds spend \$167,045 to fight fat shaming. Washington Free Beacon Jan 2018. <https://freebeacon.com/issues/feds-spend-167045-fight-fat-shaming/>
9. Thompson J. Metabolic syndrome and how women are affected. Oprah.com Apr 2017. http://www.oprah.com/health_wellness/metabolic-syndrome-and-how-women-are-affected
10. Conason A. The real truth about your weight and health. Psychology Today Apr 2017. <https://www.psychologytoday.com/us/blog/eating-mindfully/201704/the-real-truth-about-your-weight-and-health>
11. MacMillan A. Fat-shaming could raise health risks, study suggests. CNN Feb 2017. <https://www.cnn.com/2017/02/07/health/fat-shaming-sick-study-partner/index.html>
12. Firman T. Science says the way you feel about your body can determine how healthy you are. Marie Claire Jan 2017. <https://www.marieclaire.com/health-fitness/news/a25047/study-fat-shaming-affects-health/>
13. Doheny K. Fat shaming can lead to a host of health problems. CBS News Jan 2017. <https://www.cbsnews.com/news/fat-shaming-can-lead-to-host-of-health-problems/>
14. Worland J. You exercise less when you think life isn't fair. Time Nov 2014. <https://time.com/3595856/obesity-overweight-exercise/>