**Julia R. Varnes, PhD, MPH, MCHES**

MPH Program Director & Clinical Associate Professor

College of Public Health and Health Professions

University of Florida

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Gainesville, FL 32610-0185

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**Education**

**Ph.D. University of Florida**

*Major****:*** Health Behavior

*Minor***:** Research and Evaluation Methodology

*Dissertation*: Body Image Disturbance, Objectification, and College Women

**M.P.H. University of Maryland, College Park**

*Emphasis*: Community Health Education

*Advanced Graduate Coursework:* Measurement Statistics and Evaluation

**M.S. University of Florida**

*Major:* Health Science Education

*Emphasis:* Health Promotion

**B.S. University of Florida (with Honors)**

*Major: Health Science Education*

*Emphasis:* Community Health

**Certifications & Specialized Training**

Graduate Certificate, Herbal Medicine In progress

UF SEC Certificate in Multicultural Mentoring 2021

Motivational Interviewing Network of Trainers (MINT) Training of New Trainers (TNT) 2017

Master Certified Health Education Specialist (MCHES®), ID# 27035 2016

Tobacco Treatment Specialist (lapsed) 2008

Phlebotomy, Maryland (expired) 2005

HIV 501 Testing and Counseling (expired) 2001

**Professional Experience**

**MPH Program Director** 2021-present

University of Florida, College of Public Health and Health Professions

**Clinical Associate Professor** 2021-present

University of Florida, Department of Health Services, Research,   
Management & Policy | Social & Behavioral Sciences Concentration Faculty

**Affiliate Professor** 2014-present

University of Florida, Center for Gender, Sexualities, and Women’s Studies Research

**Senior Lecturer** 2020-2021

**Lecturer** 2014-2020

University of Florida, Department of Health Education and Behavior

**Health Promotion Specialist** 2013-2014

University of Florida, GatorWell Health Promotion Services

* Planned, implemented, and evaluated health promotion programs at the University of Florida, focusing on alcohol, other drugs, and interpersonal violence prevention (AOD-IVP).
* Developed, implemented, and analyzed results of quantitative and qualitative assessments.
* Served as an advocate for environmental and policy change that focuses on AOD-IVP.
* Developed relationships and collaborated with campus and community partners in programming efforts that serve to positively enhance students’ learning and living environment.
* Provided oversight and coordination to the peer education group STRIVE (Sexual Trauma/Interpersonal Violence Education).
* Supervised the STRIVE Graduate Assistant (doctoral student), paid Graduate Peer Educators, and Graduate Practicum students.
* Successfully implemented efforts to recruit, train, and retain volunteer undergraduate peer educators.

**Consultant** 2010-2013

University of Florida Area Health Education Centers (AHEC) Program, College of Medicine

* Trained incoming Tobacco Program Coordinators.
* Worked with UF Health Shands to provide tobacco training to healthcare providers; implement systems change within the hospital; facilitate tobacco cessation classes; and develop web training modules for healthcare professionals.

**Graduate Assistant** 2010-2013

University of Florida, Department of Health Education and Behavior

**Education & Training Coordinator, Tobacco Programs** 2008-2010

University of Florida Area Health Education Centers (AHEC) Program, College of Medicine

* Planned and coordinated annual Learning Afternoon for 700+ health professions (HP) students (Medicine, Dentistry, Nursing, Pharmacy, and Public Health).
  + Collaborated with faculty from the HP disciplines to develop, implement, and evaluate health behavior change curriculum for HP students. Curriculum was utilized by several Universities throughout the state of Florida.
  + Facilitated the design and dissemination of educational preparation materials via online learning systems for HP students to complete prior to the Learning Afternoon.
  + Coordinated and organized all event planning tasks for the Learning Afternoon for HP students (large group lectures and small group interdisciplinary activities).
* Annually planned and coordinated the Applied Learning Days (ALD) for HP students.
  + Collaborated with faculty from the HP colleges to develop tobacco prevention curriculum for middle school students, which were presented by HP students.
  + Coordinated the compilation of, and disseminated teaching materials to, HP student teams for their visits to the middle schools.
  + Recruited middle school classrooms for ALD school visits. Scheduled and coordinated these visits. More than 700 HP students from the University of Florida visited 140+ schools in 13 Florida counties each year during Red Ribbon Week.
* Wrote, edited, and distributed bi-annual newsletter (electronic and print) on current tobacco issues to health professionals.
* Collaborated at the local, regional, and state level to implement systems and policy change specific to tobacco use prevention and cessation.
* Supervised interns.

**Research Assistant / Interventionist** 2006-2007

University of Maryland, College Park, School of Public Health, Center for Health Behavior Research

* Performed tasks specific to clinical research studies including marketing; determining participant eligibility; collecting consent, blood and vital signs, and adverse events and concomitant medications; documentation on Case Report Forms and Source Documents; and counseling participants.
* Assisted with writing and editing grant submissions, and IRB proposals.

*Note*: All studies were funded by either government grants or pharmaceutical companies and focused on tobacco addiction and cessation.

**Graduate Assistant** 2004-2006

University of Maryland, College Park - Department of Public and Community Health

**Research Assistant**, Podcasting Pilot Study2005

University of Maryland, College Park, Dean’s Office, College of Health and Human Performance

* Supervised by Dr. Robert Gold.

**Health Educator**, **Independent Contractor** 2003

Women’s Health Bridges, Tampax Health Education, Proctor & Gamble

**Graduate Teaching Assistant** 2002-2003

University of Florida - Department of Health Science Education

**Family Planning Assistant (I & II)/Nursing Assistant** 2002

Planned Parenthood of North Central Florida, Gainesville, FL.

**Health Educator** 2002

Education Department: Planned Parenthood of North Central Florida, Gainesville, FL

* Completed as partial requirement for Bachelors of Science degree.
* Assisted with existing programs and implemented specialty and new programs, including conceptualization, development and implementation of Planned Parenthood NCF’s first annual National Condom Week Awareness Program
* Conducted sexuality / health presentations for students of varying ages (middle school to college aged).
* Supervised two peer educators.
* Conducted HIV testing and counseling.
* Provided pregnancy options counseling.

**Patient Care Assistant** 2000-2001

SHANDS at the University of Florida - Central Staffing Office

**Teaching**

**Instructor for Undergraduate Courses**

*University of Florida*

HSC 3102, Personal and Family Health

HSC 3537, Health & Medical Terminology (online)

HSC 4134, Emotional Health & Health Counseling (residential & online)

HSC 4143, Drug Education

HSC 4302, Methods & Materials in Health Science Education

*University of Maryland, College Park*

HLTH 140, Personal and Community Health

**Instructor for Graduate Courses**

*University of Florida*

HSC 5135, Emotional Health & Health Education (residential & online)

HSC 5142, Drug Education

HSC 5536, Medical Terminology for the Health Professions (online)

HSC 6318, Planning Health Education Programs (residential & online)

HSC 6712, Evaluating Health Education Programs (residential & online)

PHC 6146, Planning and Evaluating Public Health Programs (residential)

PHC 6251, Assessment & Surveillance in Public Health (online)

PHC 6410, Psychological, Social, & Behavioral Issues in Public Health (residential)

PHC 6940, Master of Public Health Capstone (residential & online)

PHC 6941, MPH Applied Practice Experience

**Development of Online**

*University of Florida*

HSC 5135, Emotional Health and Health Education (Graduate, online)

HSC 6318, Planning Health Education Programs (Graduate, online)

HSC 6712, Evaluating Health Education Programs (Graduate, online)

PHC 6940, Master of Public Health Capstone (Graduate, residential & online)

PHC 6XXX, Public Health Leadership (Graduate, residential & online)

**Mentoring & Supervising**

***Doctoral Committees***

Johnson, Emily (Special Appointment). College of Health & Human Performance, Health Education and Behavior, University of Florida.

* Completion: Summer 2016
* Dissertation title: *Maternal Psychological Control and Body Image Dissatisfaction among College Undergraduate Students.*
* Awards & Recognitions
  + 2015 M. M. Tutton Endowed Scholarship, College of Health & Human Performance
* Current Position: Assistant Instructional Professor & Practicum Coordinator, Department of Family, Youth, and Community Sciences, University of Florida

James, Tyler (Member).College of Health & Human Performance, Health Education and Behavior, University of Florida.

* Completion: Summer 2021
* Dissertation Title: *Emergency Department* *Utilization* *among* *Deaf and Hard of Hearing Adults: An Explanatory Sequential Mixed Methods Study.*
* Grants, Awards & Recognitions
  + 2021 APHA Disability Section Award, Student
  + R36 HS027537-01, AHRQ, $41,021
  + 2020 Vivian Drenckhahn Student Scholarship, SOPHE
  + 2019 M. M. Tutton Endowed Scholarship, College of Health & Human Performance
  + 2018 M. M. Tutton Endowed Scholarship, College of Health & Human Performance
  + 2018 Student Fellowship in Patient Engagement, SOPHE, $2,000
  + 2017 SOPHE 21st Century Scholar
  + 2016 Champions for Change Award for Health and Wellness, Sustainable UF
* Current position: Assistant Professor, Department of Family Medicine, University of Michigan

Mechlowitz, Karah (Member). College of Public Health & Health Professions, Social and Behavioral Sciences, University of Florida

* Anticipated Completion: 2023
* Dissertation title: *Women’s* *empowerment, rural* *livelihoods, and* *child* *nutrition in eastern Ethiopia*

Carr, Cary (Member). College of Public Health & Health Professions, Social and Behavioral Sciences, University of Florida

* Anticipated Completion: 2024
* Dissertation: *Sex workers left out of the “Me Too” movement: Implications for violence prevention and response*
* Grants, Awards, & Recognitions
  + 2022, American Association of University Women Gainesville Branch Grant, $3,000

***Doctoral Academic Advisor***

Antwan Brinson (in progress). College of Public Health & Health Professions, Social and Behavioral Sciences, University of Florida

Avery Bolinger (in progress). College of Public Health & Health Professions, Health Services Research, University of Florida

***Master’s Thesis Committees***

Dellich, Amber (Chair). Department of Health Education and Behavior, University of Florida.

* Completion: Summer 2018
* Thesis title: *Assessing Health Education Students Self-Efficacy in Professional Competencies.*
* Award & Recognitions (see also Undergraduate):
  + 2018 Allen, Holyoak, Varnes Endowed Scholarship, College of Health & Human Performance
  + 2018 Masters Student of the Year, Department of Health Education & Behavior
  + 2018 Graduate Student Case Study Competition, First Place, Society for Public Health Education
  + 2017 SOPHE 21st Century Scholar

***Master’s Student Committees (Chair)***

*University of Florida, Master of Public Health Program*

Stephanie Whatley-Hopkins (Fall 2021). Social & Behavioral Sciences concentration. *Program Evaluation of Ballard Center’s Season of Health*

Sydney Guthrie (Fall 2021). Social & Behavioral Sciences concentration. *Analysis of Public Health Policies related to Youth Tobacco and Vaping Prevention*

Joseph Washington (Spring 2022). Joint Pharmacy Doctor/MPH, Public Health Practice concentration. *Program Proposal: Long COVID, Navigating the Long-term Effects of the COVID-19 Infection*

Veronica Blancato (Summer 2022). Social & Behavioral Sciences concentration. *The Prison Epidemic: An Analysis of the First Step Act*

Lauren Aycock (Summer 2022). Joint Medical Doctor/MPH, Public Health Practice concentration. *Transgender Healthcare Restrictions and Their Impact on LGBTQIA+ Youth*

Kaitlyn Morton (Fall 2022). Social & Behavioral Sciences concentration. *The Creation of a Digital Healthcare Credentialing Maintenance Tool for Clark Institute for Aesthetics*

Staci Dufrene (Fall 2022). Public Health Practice concentration. *Development of an Updated Electronic Clinical Resource for Providers of Transgender Healthcare*

Maria Aslam (Fall 2022). Public Health Practice concentration. *Small-Area Estimates of Adults’ Exposure to Adverse Childhood Experiences in the United States and Each U.S. State in 2019-2020*

Savannah Spears (Spring 2023). Joint Juris Doctor/MPH, Public Health Practice concentration. *LA County Court Pediatric Program: For the Good of the Children – A Monitoring and Evaluation Plan.*

Kayla Sloan (Spring 2023). Social & Behavioral Sciences concentration. *Gainesville Opportunity Center Wellness Program: Intervention and Evaluation Plan*

Brooke DeSantis (Spring 2023). Social & Behavioral Sciences concentration. *Effective Implementation Components and Outcomes of Task-Shifting Interventions for Common Mental Health Disorders in Low- and Middle-Income Countries*

Hayley Ernyey (in progress). Joint Medical Doctor/MPH, Public Health Practice concentration.

Dionne Blake (in progress). Joint Medical Doctor/MPH, Public Health Practice concentration.

Torie Livingston (in progress). Joint Medical Doctor/MPH, Public Health Practice concentration.

*University of Florida, Department of Health Education & Behavior*

Nicole Liss, Spring 2020

Leah Knight, Spring 2020

Kiarra Krulikowski, Fall 2019

Kai Christmas, Fall 2019

Rachel Basmaci, Spring 2019

Sophia Reagan, Spring 2018

Kaley Miller, Fall 2017

T. James White, Fall 2017

Tahira Macedo, Summer 2017

Jayla Bostic, Summer 2016

Brittany Schambow, Spring 2016

Myesha Ponder, Spring 2016

Jazmine DiCristo, Spring 2016

Katherine Harris, Fall 2015

***Undergraduate Honors Committees***

*Summa cum laude*

* Jamie Kulik (Member). Spring 2020. *Examining the Relationship Between Interactions with People with Disabilities and Academic and Overall Life Satisfaction Among Students who Identify as Pre-Health*. Department of Social and Behavioral Sciences, University of Florida.
* Leah Knight (Chair). Spring 2019. *Sports Training Curriculum Development for Inclusive Populations.* Department of Social and Behavioral Sciences, University of Florida.
* Amber Dellich (Chair). Summer 2017. *Using the social ecological model as a weight management tool for university students.* Department of Health Education & Behavior, University of Florida.

*Magna cum laude*

* Andy Johnson (Chair). Summer 2020. *Andy Johnson Honors Portfolio.* Department of Health Education and Behavior, University of Florida.
* Tia Menna (Member). Spring 2020. *Tia Menna Honors Portfolio.* Department of Health Education and Behavior, University of Florida.
* Nicole Liss (Chair). Summer 2019. *Nicole Liss Honors Portfolio*. Department of Health Education and Behavior, University of Florida.
* Kathryn Marrero (Chair). Spring 2019. *Kathryn Marrero Honors Portfolio*. Department of Health Education and Behavior, University of Florida.
* Patricia Wojtowicz (Chair). Spring 2019. *Patricia Wojtowicz Honors Portfolio*. Department of Health Education and Behavior, University of Florida.
* Tiffany Sleek (Chair). Spring 2016. *Understanding well-being cross-culturally with international university students: Are surveys perceptive of cross-cultural views and interpretations?* Department of Health Education and Behavior, University of Florida.

**Additional Work with/Supervision of Students**

***University of Florida***

Supervision ofGraduate Teaching Assistants, 1-5 per semester (ongoing)

Master of Public Health intern (2023)

Graduate Program Director, Inclusive Fitness and Unified Sports (IFUS) Program (2016-2018)

***GatorWell Health Promotion Services, University of Florida*** *(2013-2014)*

STRIVE Graduate Assistant (2; Counseling Psychology doctoral student position)

STRIVE Graduate Peer Educators

STRIVE Graduate Practicum Student (Masters, Student Personnel in Higher Education)

***University of Florida AHEC Program*** (2008-2010)

Health Education & Behavior undergraduate Interns

Health Education & Behavior graduate Intern

***University of Maryland, College Park*** *(2005-2007)*

Faculty supervisor to graduate interns

Faculty supervisor to undergraduate interns

**PUBLICATIONS**

**Refereed Articles**

(\*Graduate student; italics indicate senior authorship)

1. \*Carr, C., King, L., \*Maizel, J., Scaglione, N., Stetten, N., **Varnes, J.R.,** & Tomko, C. (under review). TITLE REMOVED TO FACILITATE THE PEER REVIEW PROCSS. *Trauma, Violence, & Abuse*
2. \*Luethy D., Krueger T., Cuneo E., **Varnes J.R.**, & Hernandez J.A. (under review). TITLE REMOVED TO FACILITATE THE PEER REVIEW PROCSS. *Journal of Veterinary Medical Education*
3. \*James, T. G., Sullivan, M., McKee, M., Rotoli, J., Maruca, D., Stachowiak, R., Cheong, J., & **Varnes, J.** (Accepted). Emergency Department Patient-Centered Care Perspectives from Deaf and Hard-of-Hearing Patients. *Health Expectations.*
4. \*James T.G., Miller D.M., McKee M.M., Sullivan M.K., Rotoli M.D., Pearson T.A., Mahmoudi, E., **Varnes J.R.**, & Cheong J. (2022). Emergency department condition acuity, length of stay, and revisits among Deaf and hard-of-hearing patients*. Academic Emergency Medicine, 29*(11): 1290-1300*.* DOI: 10.1111/ACEM.14573
5. \*James T.G., McKee M.M., Miller D.M., Sullivan M.K., Coady K.A., **Varnes J.R.**, Pearson T.A., Yurasek A., & Cheong J. (2022). Emergency department utilization among Deaf and hard-of-hearing patients: A retrospective chart review. *Disability and Health Journal, 15*(3): 101327*.* DOI: 10.1016/j.dhjo2022.101327
6. \*James, T. G., Sullivan, M.K., Henderson, H., ***Varnes, J. R.*** (2022). Competency focused versus philosophically grounded health promotion practice: Impacts on innovation and addressing health inequities. *Pedagogy in Health Promotion, 8*(4). DOI: 10.1177/23733799221094617
7. \*James T.G., **Varnes J.R.**, Sullivan M.K., Cheong J., Pearson T.A., Yurasek A.M., Miller M.D., McKee M.M. (2021). Conceptual model of emergency department utilization among Deaf and hard-of-hearing patients: A critical review. *International Journal of Environmental Research and Public Health, 18*(24): 12901*.* DOI: 10.3390/ijerph182412901
8. \*James T.G., \*Sullivan M.K., & ***Varnes J.R.*** (2020). Improving representation of people with disabilities in health education. *Pedagogy in Health Promotion: The Scholarship of Teaching and Learning.* DOI: 10.1177/2373379920978822
9. Moradi B.,& **Varnes J.R.** (2017). Structure of the Objectified Body Consciousness Scale: Reevaluated twenty years later. *Sex Roles*: A Journal of Research, 77(5-6), 325-337. DOI: 10.1007/s11199-016-0731-x
10. **Varnes J. R.,** Stellefson M.L., Miller D.M., Janelle C.M., Dodd V., & Pigg R.M. (2014). Body image and self-objectification among collegiate female athletes: Does societal objectification make a difference? *Psychology of Women Quarterly, 39*, 95-108. DOI: 10.1177/0361684314531097
11. **Varnes J.R**., Stellefson M.L., Janelle C.M., Dorman S.M., Dodd V., & Miller D.M. (2013). A systematic review of studies comparing body image concerns among female college athletes and non-athletes, 1997-2012. *Body Image, 10*, 421-432*.* DOI: 10.1016/j.bodyim.2013.06.001
12. Barry A.E., Stellefson M.L., Hanik B., Tennant B.L., Whiteman S.D., **Varnes J.**, & Wadsworth S.M. (2013). Examining the association between binge drinking and propensity to join the military. *Military Medicine, 178*, 1-37*.* DOI: 10.7205/milmed-d-12-00293
13. **Strnad J.V.** (2007). Theory comparison: Implications for future interventions of binge drinking in college undergraduates. *The Health Education Monograph Series: Student Edition, 24*, 5-9. Impact Factor: N/A
14. Glover E.D., Laflin M.T., Schuh K.J., Schuh L.M., Nides M., Christen A.G., Glover P.N., & **Strnad J.V.** (2007). A randomized, controlled trial to assess the efficacy and safety of a transdermal delivery system of nicotine/mecamylamine in cigarette smokers. *Addiction, 102,* 795-802. DOI: 10.1111/j.1360-0443.2007.01763.x
15. Glover E.D., Glover P.N., Laflin M.T., Nochur S.V., & **Strnad J.V**. (2007). Sensitivity and specificity of a reagent impregnated test strip in identifying smokeless tobacco users. *Nicotine and Tobacco Research*, 9, 499-503. DOI: 10.1080/14622200701243151

**Books**

1. Varnes, J. & Varnes, J, (2017). *Personal and community health*. Caduceus International Publishing.

Updated 2022

**CONFERENCE/MEETING PRESENTATIONS**

**Refereed Presentations**

(\*Graduate student, \*\*Undergraduate student)

***National***

1. \*Carr C, Trochez, J., \*Maizel, J., Scaglione N, **Varnes JR**, Tomko, C., Stetten NE, King LM. “’What does a transformed world without violence against sex workers look like?’: A qualitative analysis of sex workers organizations’ discussions of violence on Twitter.” Poster Presentation. Annual meeting of the American Public Health Association; November 2023 (Accepted); Atlanta, GA.
2. \*Carr C, \*Allen, A., Stetten NE, Varnes, JR, Scaglione, N., Tomko C, King LM., Sullivan, J. “Sexual violence service providers’ perceptions of sex work and readiness to respond to sex workers: A qualitative study.” Poster Presentation. Annual meeting of the American Public Health Association; November 2023 (Accepted); Atlanta, GA.
3. \*Carr C, Scaglione N, **Varnes JR**, Stetten NE, Tomko C, King LM. “Strategies and interventions used to prevent violence against sex workers within the social-ecological model: A scoping review.” Oral Presentation. Annual meeting of the American Public Health Association; November 2022; Boston, MA.
4. James TG, Sullivan MK, **Varnes JR**, Stachowiak R, Maruca D, McKee MM, & Cheong J. “Emergency department care-seeking among deaf and hard-of-hearing patients: A qualitative study.” Oral Presentation. Annual meeting of the American Public Health Association; November 2022; Boston, MA.
5. \*James TG, McKee MM, Miller MD, Pearson TA, Sullivan MK, \*\*Coady K, **Varnes JR**, Yurasek A, & Cheong J. “Emergency department utilization among deaf and hard-of-hearing patients: An analysis of utilization and primary diagnoses.” Poster Presentation. Annual research meeting of AcademyHealth, June 2021; virtual online (due to pandemic).
6. \*James TG, **Varnes JR**, Sullivan MK, McKee MM, Miller MD, Pearson TA, Yurasek A, & Cheong J. “Fundamental causes, predisposing, reinforcing, and enabling factors contributing to emergency department utilization among Deaf and hard-of-hearing patients: A critical review.” Poster Presentation. Annual research meeting of AcademyHealth, June 2021; virtual online (due to pandemic).
7. \*James TG, **Varnes JR**, Sullivan MK, McKee MM, Miller MD, Pearson TA, Yurasek A, & Cheong J. “Developing conceptual models for health education research and practice: A demonstration describing emergency department utilization among deaf patients.” Oral Presentation. Society for Public Health Education, National Conference, March 2021; virtual online (due to pandemic).
8. \*James TG, \*Meeks K & **Varnes JR** “Process evaluation of Sex in the Swamp: A student-led sexual health and spring break safety fair.” Poster Presentation. Society for Public Health Education, National Conference, March 2019; Salt Lake City, UT.
9. Schambow B, **Varnes JR** & Moses H. “Hazing and sport club athletes: An under-studied population.” Poster Presentation. American College Health Association, National Conference, June 2017; Austin, TX.
10. \*Coppock C, \*Sayedul Huq M, Yurasek YM, & **Varnes JR**. “Inclusive Fitness and Unified Sports: A community-based approach to fitness for young adults with intellectual disabilities.” Poster Presentation. Building Healthy Academic Communities, National Conference, April 2017: Gainesville, FL.
11. \*James TG, Rella, N, & **Varnes JR.** “An eHealth intervention to affect attitudes, perceived behavioral control, and intent in college students: A pilot study.” Poster Presentation. Society for Public Health Education, National Conference, March 2017: Denver, CO.
12. \*Schambow B, **Varnes JR,** & Moses H. “Assessing hazing among sport club athletes: A student-led instrument development initiative.” Poster Presentation. American College Health Association, National Conference, May 2016: San Francisco, CA.
13. **Varnes JR.** “I can take care of myself. Invincibility and victim blaming.” Oral Presentation. American Public Health Association, National Conference, November 2015: Chicago, IL.
14. **Varnes JR.** “The role of societal objectification on collegiate female athletes’ self-objectification.” Poster Presentation. American College Health Association, National Conference, May 2015: Orlando, FL.
15. **Varnes JR.**, & Barry AE. “Is there evidence for a Red Zone? Using Jeanne Clery disclosure data to examine prevalence of sexual assault between 2007-2013.” Poster Presentation. American College Health Association, National Conference, May 2015: Orlando, FL.
16. **Varnes JR**, Lawrence RJ, & \*Deatherage SD. “College student perceptions of sexual violence: A qualitative campus climate assessment.” Poster Presentation. American College Health Association, National Conference, May 2015: Orlando, FL.
17. \*\*Napolitano S, **Varnes JR**, & Moses H. “College students perceptions of personal safety on campus.” Poster Presentation. American School Health Association/Eta Sigma Gamma, National Conference, October 2013: Myrtle Beach, SC.
18. **Varnes JR**, Chaney D, Varnes JW, Emmeree J, & Haberman S. “Tobacco use prevalence among university faculty, staff, and students.” Poster Presentation. American Association for Health Education, National Conference, March 2012: Boston, MA.

***State and Local***

1. \*\*Knight L, Pomeranz J, & **Varnes JR**. “Sports training curriculum development for inclusive populations.” Poster Presentation. Public Health and Health Professions Research Day. University of Florida, April 2019; Gainesville, FL.
2. \*\*Dorn DR, \*James TG, & **Varnes JR**. “Trends in reporting sexual assault and interpersonal violence at a Deaf university.” Poster Presentation. Florida Undergraduate Research Conference, State Conference, February 2019; Jacksonville, FL.
3. Emmeree J, Rella N, **Varnes JR**, & \*\*King E. “GenNow: UF students technology use.” Poster Presentation. Division of Student Affairs, University of Florida, June 2013: Gainesville, FL.
4. **Strnad JV. “**Preventing tobacco use relapse in post-partum women.”Oral presentation. Florida Area Health Education Centers Network, Statewide Conference, 2009: Sandestin, FL.

**Invited Presentations**

(\*Graduate student, \*\*Undergraduate student)

1. **Varnes JR** & Stone B. A public health approach to gun violence prevention: The CDC Social-Ecological Model. Invited presentation. Gun Violence Prevention Summit. August, 2023: Gainesville, FL.
2. **Varnes JR.** “Motivational interviewing in pediatric dentistry.” Invited seminar. Department of Pediatric Dentistry, University of Florida, November, 2019: Gainesville, FL.
3. **Varnes JR.**, Sayedul Huq M, \*\*Knight L, & \*\*Ryan P. “Inclusive Fitness and Unified Sports (IFUS): 30 years of partnership.” Invited presentation. Community and Behavioral Sciences Seminar, University of Florida, April 2019: Gainesville, FL.
4. **Varnes JR.** “Health promotion and scope of practice.” Invited presentation. Florida Atlantic University Owls Care Health Promotion, September 2016: Boca Raton, FL.
5. **Varnes JR.** “Body Image, objectification, and college Women.” Invited classroom presentation. University of Florida, Spring 2015: Gainesville, FL.
6. **Varnes JR**, Lawrence RJ, Loschiavo C, & Benck L. “College students and sexual violence.” Invited panel presentation. 33rd Annual Sexual Battery Conference, May 2014: Gainesville, FL.
7. **Strnad JR.** “Florida AHEC Tobacco Training and Cessation (ATTAC) program: Facilitating health behavior change within the community.” Invited guest lecture. PCO4930: Health Psychology, University of Florida, Spring 2010; Fall, 2009; Spring, 2009: Gainesville, FL.
8. Nichols KL, **Strnad JV**, Leeds M, Dingman D, & Nutter K. “Florida AHEC Tobacco Training and Cessation program.” Brumback Lecture (Invited oral presentation). Florida Public Health Association, 2009 Conference: Naples, FL.

**GRANTS & FUNDING**

**Varnes JR.** *Professional development grant.*

Funder: UF College of Health and Human Performance

Funding period: December 2016-December 2017

Role: Author

Total Funds Awarded: $5,000.00

Stellefson M, Barry AE, Delisle A, & **Varnes JR.** *The association between social media use and perceived social capital among college students.*

Funder: UF Health Promotion Research Fund.

Funding period: January, 2014 – December, 2016

Role: Co-Investigator

Total Funds Awarded: $9,994.25

**Varnes J**, & Emmeree J.*Students perceptions of UF’s campus climate related to interpersonal violence issues, Phase I.*

Funder: Healthy Gators

Funding period: February, 2014 – May, 2014

Role: Principal Investigator

Total Funds Awarded: $2600.00

Lawrence R, **Varnes J**, & Miller E. *Campus Grant to Activate Bystanders to Reduce Sexual Assault, Dating Abuse, and Stalking.*

Funder: Avon Foundation

Funding period: September 1, 2014 – August 31, 2015

Total Funds Awarded: $4998.00

**PROFESSIONAL SERVICE**

***National***

Lifetime Member **Eta Sigma Gamma National Health Education Honorary**

Member, Documents Committee, 2016-2019

Co-Chapter Sponsor, Alpha Lambda Chapter, 2012-2018

**National Commission for Health Education Credentialing (NCHEC)**

2020-currentDirector, Division Board for Certification of Health Education Specialists (DBCHES)  
2023-2024 Board of Commissioners, Vice Coordinator DBCHES

2023(Aug)-2024 Alternate Delegate to Coalition for National Health Education Organizations

2017-current **Motivational Interviewing Network of Trainers**

Training of New Trainers (TNT), 2017

2005-current **Society for Public Health Education (SOPHE)**

Member, Accessibility sub-committee, Planning Committee 2022

Member, Professional Preparation Committee (2020-2021)

Co-Chair, Professional Preparation Committee (2018-2020)

Conference Session Moderator, 2019

Conference Proposal Reviewer, 2018

Case Study Advisor to UF Graduate Student Team, 2017-2019

2012-2021 **American Psychological Association** (Member)

Member, Division 35 (Society for the Psychology of Women), 2014-2020

2014-2018 **American College Health Association** (Member)

Liaison to the Coalition for National Health Education Organizations (CNHEO),

2017-2018

Alternate Liaison to the Coalition for National Health Education Organizations (CNHEO), 2014-2017

Conference Proposal Reviewer, 2017

Member, Campus Safety and Violence Coalition, 2014-2018

Member, Alcohol Tobacco and Other Drug Coalition, 2014-2017

Secretary, Alcohol Tobacco and Other Drug Coalition, 2014-2016

Conference Session Moderator, 2015

2005-2019 **American Public Health Association** (Member)

Conference Proposal Reviewer, 2016, 2019, 2022

2016-2017 **National Summit for Building Healthy Academic Communities**

Member, Steering Committee for 2017 Conference

2013-2016 **Schools and Colleges Organization for Prevention Educators**

1999-2013 **American Alliance for Health, Physical Education, Recreation & Dance**

(membership ended due to re-organization of the alliance)

Member, Research Committee, 2005-2008

1999-2013  **American Association for Health Education**

(organization merged with SOPHE after 2013)

Member, Student Involvement Committee, 2006-2007

Leadership Associate, Board of Directors, 2004-2006

***Local/Community***

2023-present Board of Directors, Suwannee River Area Health Education Centers (AHEC)

2013-2014 Community Alcohol Coalition, Alachua County Florida

2008-2010 Alachua County Tobacco Free Partnership, Alachua County, Florida

***Institutional Governance & Service***

2021-present Chair, MPH Curriculum Task Force

2021-present Public Health External Advisory Committee, UF, College of Public Health & Health Professions

2021-present Culture Committee, UF, Dept. of Health Services, Research, Management, & Policy

2008-present Healthy Gators, University of Florida

Member, DataCommittee, 2010-2015

Member, Tobacco-Free Task Force, 2008-2011

Member, Programming Committee, 2008-2010

2014-2023 Student Health Advisory Council (SHAC), UF

Formerly Student Health Advisory Board (SHAB)

Faculty Representative & Member

2021-2022 Public Health Policy Committee, UF, College of Public Health & Health Professions

2015-2021 Inclusive Fitness and Unified Sport (IFUS) Program

Faculty Sponsor

2020 Curriculum Committee, UF, Department of Health Education & Behavior

Chair

2019-2020 Lecturer Search Committee, UF, Department of Health Education & Behavior

2014-2020 Anti-Hazing Committee Coalition, University of Florida

Chair, Assessment Sub-Committee, 2014-2020

2014-2020 Awards Committee, UF, College of Health & Human Performance

2014-2020 Recognition Committee, UF, Department of Health Education & Behavior

2018-2019 Teacher of the Year Committee, UF, College of Health & Human Performance

Chair

2018-2019 Lecturer Search Committee, UF, Department of Health Education and Behavior

Chair

2017 Lecturer Search Committee, UF, Department of Health Education and Behavior

Chair

2016-2017 Lecturer Guidelines for Promotion Review Committee, UF, College of HHP

2015-2016 Lecturer Search Committee, UF, Department of Applied Physiology & Kinesiology

2013-2015 Interpersonal Violence Prevention Committee, University of Florida

2013-2014 Student Veteran Competency Advisory Committee, University of Florida

2013-2014 Diversity, Inclusion, & Campus Climate Committee, UF, Div. of Student Affairs

2010-2011 Teacher of the Year Committee, UF, College of Health and Human Performance

Student Member

2005-2006 Graduate Student Representative to Faculty, University of Maryland,

Department of Public and Community Health

2005 Grievance Committee, University of Maryland, Dept. of Public & Community Health Student Member

2004-2005 Department Chair Search Committee, University of Maryland, College of HHP

Graduate Student Member

***Other Service***

**Ad hoc Reviewer, Journals**

American Journal of Health Education (2)

Body Image (3)

Cogent Public Health (1)

Counseling Psychology Quarterly (1)

Health Education and Behavior (1)

Health Promotion Practice (7)

International Journal of Environmental Research and Public Health (1)

Journal of American College Health (1)

Politics, Groups, and Identities (3)

Psychology of Women Quarterly (4)

Sex Roles (3)

Social Work in Mental Health (1)

Sport in Society (1)

**HONORS, AWARDS, and RECOGNITIONS**

2023 **Ann E. Nolte Writing Award**, Foundation for the Advancement of Health Education

James et al. (2022). Competency focused versus philosophically grounded health promotion practice: Impacts on innovation and addressing health inequities. in *Pedagogy in Health Promotion, 8*(4).

2020 **Chapter Excellence Award,** Eta Sigma Gamma National Office, Chapter Sponsor

2019 **Chapter Excellence Award,** Eta Sigma Gamma National Office, Chapter Sponsor

**Teaching Activity Award**, Eta Sigma Gamma National Office, Chapter Sponsor

*Sex in the Swamp*

2018 **UF Faculty Honoree**

Identified by an Anderson Scholar as the most impactful faculty in their academic career

2018 **Graduate Student Case Study Competition Winners**, Society for Public Health Education, Advisor

2018 **Chapter Excellence Award,** Eta Sigma Gamma National Office, Chapter Sponsor

**Research Activity Award**, Eta Sigma Gamma National Office, Chapter Sponsor

*Evaluation of current practices to promote and conduct chlamydia screenings at the University of Florida Student Health Care Center*

2017-2018 **Teacher of the Year**, University of Florida

2017-2018 **Teacher of the Year**, College of Health & Human Performance, University of Florida

2017 **Chapter Excellence Award,** Eta Sigma Gamma National Office, Chapter Sponsor

**Service Activity Award**, Eta Sigma Gamma National Office, Chapter Sponsor

*Bike Rehab*

2017 **Outstanding Professional/Academic Organization**, Eta Sigma Gamma Alpha Lambda

Chapter, Department of Student Activities and Involvement, University of Florida

2016 **Chapter Excellence Award,** Eta Sigma Gamma National Office, Chapter Sponsor

**Service Activity Award**, Eta Sigma Gamma National Office, Chapter Sponsor

*Bike Rehab*

2015-2016 **Teacher of the Year,** Department of Health Education & Behavior, University of Florida

2013 **Recognition of Dedicated Service,** Eta Sigma Gamma, Alpha Lambda Chapter

2006 **Dean’s Graduate Scholar** Award, School of Public Health, University of Maryland

2006 **Eastern District AAHPERD nominee to National AAHPERD**

Ruth Abernathy Graduate Scholarship

2005 **Distinguished Service Award**, Eta Sigma Gamma, Epsilon Chapter

2001 **AAHPERD National Student Leadership Conference, AAHE Representative**

Selected to represent AAHE at AAHPERD National Student Leadership Conference