

Velyn Lisa Wu, M.D., FAAFP, CAQSM
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Education & Training

Masters Academic Medicine, Keck School of Medicine, University of Southern California	August 2018 – Present
Sports Medicine Fellow; Halifax Center for Family and Sports Medicine	2010 – 2011
Resident; Halifax Family Medicine Residency Program	2007 – 2010
Doctor of Medicine, University of South Florida	2003 – 2007
Bachelor of Arts in Chemistry, University of South Florida	1999 – 2002

Academic, Administrative & Clinical Appointments

Associate Program Director Family Medicine Residency Program Department of Community Health and Family Medicine University of Florida College of Medicine Gainesville, Florida	2019 - Present
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Assistant Clinical Professor Department of Community Health and Family Medicine University of Florida College of Medicine Gainesville, Florida	2019 – Present
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Associate Clinical Faculty Liberty University College of Osteopathic Medicine Lynchburg, Virginia	2015 – 2019
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Assistant Clinical Professor Department of Family Medicine and Population Health Virginia Commonwealth University School of Medicine Richmond, Virginia	2015 – 2019
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Clinical Assistant Professor Florida State University College of Medicine Tallahassee, Florida	2011 – 2014
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Professional Education & Experience

Assistant Director Sports Medicine, Core Faculty. Lynchburg Family Medicine Residency Program	2014 – 2019
Physician, Family Care Partners. Llc	2011 – 2014
Student Health Physician, Bethune-Cookman University	2010 – 2011
Fast Track physician, Halifax Medical Center Emergency Room	2009 – 2011
Weight management program physician, Halifax Health Fitness	2009 – 2010
Field staff with The Navigators	2002 – 2003

Certification and Licensure

ACLS, PALS	2018 – Present
Virginia Medical license, Expires April 2020	2014 – Present
Board Certified CAQ Primary Care Sports Medicine	2011 – Present
Board Certified Family Medicine	2010 – Present
Florida Medical license, Expires January 2021	2008 – Present
DEA, expires May 2023	2008 – Present

Professional Development Activities

Residency Faculty Fundamentals Certificate Program, Society of Teachers of Family Medicine January 2018

Honors and Awards

Lynchburg Living Magazine "Top Doc"	2018
Lynchburg Family Medicine Residency Program Teacher Award	2017, 2019
American Academy of Family Physicians, Degree of Fellow	2016
Lynchburg Family Medicine Residency Program Preceptor Award	2015
Halifax Family Medicine Residency Program Alumni Award	2011
STFM Resident-Teacher award; Halifax Family Medicine Residency Program	2010
Gold Humanism Honor Society, Barness-Behnke Chapter, University of South Florida	2007
University of South Florida College of Medicine Outstanding Medical Student Award	2007
University of South Florida College of Medicine Charles E. Aucremann, M.D.	2007
Excellence In Family Medicine Award	

Research or Clinical Interests

Sports medicine
Academic medicine
Point of care ultrasound

Professional Memberships

Association of Family Medicine Residency Directors	2020 – Present
Society of Teachers of Family Physicians	2014 – Present
Virginia Academy of Family Physicians	2014 – 2019
National Lipid Association, lifetime member	2012 – Present
American Institute of Ultrasound in Medicine	2010 – 2011, 2018 – 2019
American Academy of Family Physicians	2007 – Present
American Medical Society Sports Medicine	2007 – Present
Florida Academy of Family Physicians	2005 – 2014, 2019 – Present

Editorial Positions, Boards, & Peer-Review Services

Study sections

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| • Test questions for the American Medical Society for Sports Medicine Certificate of Added Qualification Study Guide, 4 th Edition | 2019 |
| • Wrote In Training Exam questions for Certificate of Added Qualification for the primary care sports medicine exam | 2015 |

Editorial Boards

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| • Chief editor, University of South Florida College of Medicine Yearbook | 2006 – 2007 |
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Peer Reviewed

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| • Reviewed article submission for <i>Sports Health</i> . November 2019 | 2019 |
| • Reviewed submissions for Society of Teachers of Family Medicine Annual Spring Conference | Oct 2019 |
| • Reviewed online cases for American Medical Society for Sports Medicine case study online library | 2014 |

Teaching Activities

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| • Faculty participant in Friday lecture/workshop series for 3rd year Ambulatory Medicine (List available upon request)- approx. 30-40 students per session, 4 sessions of each talk per year | 2020-Present |
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- Physician coach, University of Southern California Keck School of Medicine. MS3 (Learning and Thriving in Clinical Settings) and MS4 (Preparing to Teach and Lead in Residency) elective April-July 2020
- Family Medicine MS 4 Intern Boot Camp lecture May 2020
- Volunteer preceptor Lynchburg College Athletic Training program. Lynchburg, VA 2015 – 2019
- Guest Lecturer: Lynchburg College Physician Assistant Program. Lynchburg, VA 2015 – 2016
- Lynchburg Family Medicine Residency monthly noontime didactic lecture. General medical and sports medicine focused topics. Lynchburg, VA 2014 – 2019
- Volunteer lecturer for noon conference lectures at St. Vincent's Family Medicine Residency Program. Jacksonville, FL 2013 – 2014
- "Common sports medicine injuries seen in the office." Lynchburg Pediatric Noon Conference. Lynchburg VA May 2015
- Halifax Health Residency Morning Reports and Noon Conference – various medical topics. Daytona Beach, FL 2007 – 2011

Committee, Organizational & Volunteer Services

National Organization Service

- Society of Teachers of Family Medicine
 - Reactor Panel, member 2018 - 2020
 - MSK Collaborative, Chair 2019 – 2021
 - MSK Collaborative, Co-Chair elect 2017 – 2018
- Florida Academy of Family Physicians
 - Board of Directors, student representative 2006 – 2007

Regional Organization Service

- Christian Medicine Association
 - Brains and Brawn, student moving committee, Coordinator 2005

University Service

- Centra Medical Group
 - Physician Advisory Committee, member 2017 – 2019
 - Pharmacy and Therapeutics Committee 2016 – 2019
- Lynchburg Family Medicine Residency Program
 - Faculty call schedule coordinator 2015 – 2019
 - Multicultural Symposium Committee 2015 – 2019
- Halifax Center for Family and Sports Medicine Fellowship
 - Team physician, Bethune-Cookman University 2010 – 2011
 - Team physician, Embry Riddle Aeronautical University 2010 – 2011
 - Team physician, Daytona State College and Mainland High School 2010 – 2011
 - Team physician, Mainland High School 2010 – 2011
- Halifax Family Medicine Residency Program
 - Moonlighting Coordinator 2009 – 2010
 - Noon Conference Coordinator 2008 – 2009
 - Residency Recruitment Committee 2007 – 2010
 - Residency Curriculum Committee 2006 – 2010
- University of South Florida, Morsani College of Medicine
 - Family Medicine Interest Group, President 2006 – 2007
 - Committee on Professional Student Affairs 2006 – 2007
 - Student Faculty Athletics, Co-Coordinator 2005 – 2007
 - Admissions Interviewee Hosting/Tour Committee, Co-Coordinator 2004 – 2005

- Ultrasounds: The University of South Florida Health Orchestra, Founding member and President 2003 – 2007

Volunteer Service

- Assistant Medical Race Director, Lynchburg Ultra Marathon Series 2018 - 2019
- Medical Race Director, Lynchburg Half Marathon 2018 – 2019
- Medical Race Director, Virginia 10 Miler 2017 – 2019
- Medical Team Physician, Lynchburg Ultra Marathon Series 2017 - 2018
- Head Team Physician, Sweet Briar College 2016 – 2019
- Medical Team Physician, Lynchburg Hillcats, a Cleveland Indians Affiliate 2015 – 2019
- Team Physician Hill City Stampede 2015
- Team Physician, Lynchburg Titans, semi-pro basketball 2015 – 2016
- Team Physician, Liberty University Club Sports: Men's D1 Hockey 2015 – 2016
- Pre-participation exams and football coverage for Virginia University of Lynchburg 2014
- Medical Team, Virginia 10 Miler 2014 – 2016
- Doctor for a Day, Richmond, VA 2015, 2017
- Team Physician, First Coast High School 2012 – 2014
- Bumps and Bruises: Saturday free sports injury evaluation clinic for Jacksonville, Florida high schools 2012 – 2014
- Ringside Physician, USA Boxing Florida Region 2012 – 2014
- Team Physician, Paxon High School 2011 – 2012
- Athletic pre-participation physicals: Oceanway Pop Warner, West Nassau High School 2011 – 2014
- Medical Team Physicians, Major Beach Soccer, Daytona, FL June 2011

Creative Works, Social Media or Internet Projects not included elsewhere

- Collaborative work with the American Academy of Family Physicians (AAFP) – Use of AAFP procedural Continuing Medicine Education (CME) videos in resident training. Obtained AAFP procedural online packages for all residents and faculty and provided feedback to AAFP on use and ideas for future electronic CME for residents. 2018
- Physician liaison/educator for FreshRx: A community garden based nutritional education program for patients of Lynchburg Family Medicine through the Centra Foundation. 2017 - 2018

Hobbies and Other activities

- Currently working on obtaining certification in musculoskeletal and point-of-care ultrasound.
- Favorite three sports to participate in are Soccer, Running, and Triathlons
- Currently learning foil fencing
- Enjoy Orchestral music, baking, crafts, musicals, gardening, spending time with others studying the Bible

Presentations

National/International Meetings

1. "Beyond those aching joints: Osteoarthritis." American Academy of Family Physician FMX Family Medicine Experience. Philadelphia, PA. September 24-28, 2019
Also recorded for FMX On-Demand September 2019
2. "MSK Arts and Crafts." Lecture and discussion. Society of Teachers of Family Medicine Annual Conference. Toronto, Canada. April 30, 2019 April 2019
3. "Hands-On! Musculoskeletal curriculum changes using American Academy of Family Physicians recommended curriculum guidelines for family medicine residents." Society of Teachers of Family Medicine's Annual Spring Conference. Washington, D.C. May 8, 2018 May 2018

Regional Meetings

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| 1. Serrano D, Wu V . "Implementation of a Novel Return-to-Ride Concussion Management Policy for Collegiate Hunter/Jumper Equestrian Athletes." General evidence based practice lecture presentation. 72nd Eastern Athletic Trainers' Association Annual Meeting and Clinical Symposium. January 10 – 13, 2020. Mashantucket, CT. | January | 2020 |
| 2. "Concussion Management." Workshop, Florida Academy of Family Physicians Winter Summit " Amelia Island, FL. December 11 – 14, 2014 | December | 2014 |

Local Meetings

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| 1. "A Peak into the Life of a Family and Sports Medicine Physician." University of Florida American Medical Student Association general meeting. Gainesville, FL. January 15, 2020 | January | 2020 |
| 2. "Anticoagulation, before and after surgery." Centra Medical Group Grand Rounds. Lynchburg, VA. September 9, 2016 | September | 2016 |
| 3. "Nutrition and Exercise Counseling – A Primer for Primary Care." Halifax Health Grand Rounds. Daytona, FL | | 2010 |
| 4. "Dude Where's My Tools: An Introduction to Wilderness Medicine." Halifax Health Grand Rounds. Daytona, FL | | 2009 |
| 5. "Joint Injections." Family Medicine Interest Group, University of South Florida, Tampa, FL. | | 2009 |

Poster Presentations

National/International Meetings

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| 1. Wu V . "It is just what we do! Establishing a culture of formative feedback in a family medicine residency program." Presented at the Keck School of Medicine of University of Southern California Innovations in Medical Education Conference. February 13-14, 2020. Los Angeles, CA. | February | 2020 |
| 2. Wu V , Swartz D. "Improving Electronic Medical Records Preceptor Workflow for Resident Supervision and Patient Safety." Presented at Society of Teachers of Family Medicine Conference on Practice and Quality Improvement. December 2019. Phoenix, AZ. | December | 2019 |
| 3. Wu V . "It Starts With Me; Enhancing feedback in a Family Medicine Residency Program." Presented at the Keck School of Medicine of University of Southern California Innovations in Medical Education Conference. February 23, 2019. Los Angeles, CA | February | 2019 |
| 4. Wu V . "Hands-on, Musculoskeletal curriculum." Presented at American Academy of Family Physicians RPS/PDW Residency Education Symposium. March 2017. Toronto, Canada. | March | 2017 |
| 5. Wu V . "My Foot and Ankle Hurt, Again." Presented at American Medical Society for Sports Medicine Annual Conference. April 2015. New Orleans, LA. | April | 2015 |
| 6. Wu V . "High School Referees; a Survey of Performance and Match Activity 2010." Presented at American Medical Society for Sports Medicine Annual Conference 2011. April 30 – May 4, 2011. Salt Lake City, UT. | | 2011 |

Publications

Refereed Publications

1. Serrano D & **Wu V**. Implementation of a Novel Return-to-Ride Concussion Management Policy for Collegiate Hunter/Jumper Equestrian Athletes. Clin Pract Athl Train. 2020;3(2): 15-30.
<https://doi.org/10.31622/2020/0002.4>.
2. **Wu, V** and Decastro, A. Assessment and Management of Concussions. Society of Teachers of Family Medicine and Association of Family Medicine Residency Directors Family Medicine Residency Curriculum Resource. 2019.

3. **Wu V.** Training and Supporting Residents, for All Family Medicine Practice Settings. *Family Medicine* 2019;51(3);290-291
4. Babineau T, Thomas A, and **Wu V.** Physician Burnout and Compassion Fatigue: Individual and institutional Response to an Emerging Crisis. *Current Treatment Options Pediatrics*. 2018. DOI 10.1007/s40746-019-00146-7
5. Gregory David S, **Wu Velyn**, Tuladhar Preyasha. The Pregnant Patient: Managing Common Acute Medical Problems. *American Family Physician* 2018 Nov 1;98(9):595-602.

Non-refereed Publications

1. **Wu, Velyn.** Passion to Action: Empowering Patients to Optimal Health. *Lynchburg Academy of Medicine Newsletter*. Mar/Apr 2018 34(2).
2. **Wu, Velyn.** Differences between osteo- and rheumatoid arthritis. Article for *On Call* column. Daytona Beach News-Journal. March 9. 2009