

# Natalie C. Koskela-Staples, M.S.

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## CONTACT INFORMATION

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## EDUCATION

- 2018 – Present      **University of Florida**, Gainesville, FL  
Anticipated Doctor of Philosophy in Psychology, August 2024  
Primary Area of Concentration: Clinical Psychology  
Secondary Area of Concentration: Clinical Child/Pediatric Psychology  
Interdisciplinary Concentration in Clinical and Translational Science  
Master of Science in Psychology, May 2020  
Dissertation: Association Between Parent-Child Communication Patterns and Pediatric Asthma Outcomes: A Mixed Methods Study  
Mentor: David Fedele, Ph.D.
- 2012 – 2016      **Azusa Pacific University**, Azusa, CA  
Bachelor of Arts with Honors in Psychology, *summa cum laude*
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## HONORS, AWARDS, AND SCHOLARSHIPS

- 2018 – Present      **Grinter Fellowship**, College of Public Health and Health Professions, University of Florida
- 2020      **Student Poster Award**, APA Division 54 Hematology, Oncology, and Bone Marrow Transplant Special Interest Group
- 2019 & 2020      **Travel Award**, UF Center for Pediatric Psychology and Family Studies (x2): \$300 each
- 2019      **Student Poster Award Runner-Up**, APA Division 54 Allergic Diseases Special Interest Group
- 2019      **Mini Grant**, UF Center for Pediatric Psychology and Family Studies (x2): \$500 each
- 2019      **Travel Award**, UF Graduate Student Council: \$350
- 2012 – 2016      **Trustees' Scholar**, Azusa Pacific University
- 2012 – 2016      **Presidential Scholarship**, Azusa Pacific University
- 2012 – 2016      **Honors Program**, Azusa Pacific University
- 2012 – 2016      **Dean's List**, Azusa Pacific University
- 2015      **Travel Award**, Azusa Pacific University Psychology Department
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## RESEARCH GRANTS

- 08/2020 – 08/2022      **TL1 Training Grant**, Clinical and Translational Science Institute, University of Florida  
PI: Natalie Koskela-Staples, M.S.; Amount: \$30,516/year  
Title: The Role of Parents in Physical Activity Engagement Among Adolescents with Comorbid Asthma and Obesity  
Objective: Assess parent-level barriers to and facilitators of physical activity among adolescents with comorbid asthma and obesity using a team science approach

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## SUPERVISED CLINICAL EXPERIENCE

- 09/2019 – Present     **Practicum in Intervention**, UF Health Psychology Specialties  
Supervisors: Patricia Durning, Ph.D.; David Fedele, Ph.D., ABPP; Jennifer Fisher, Ph.D.; Joy Gabrielli, Ph.D.; David Janicke, Ph.D., ABPP; Tarrah Mitchell, Ph.D.; Jessica Payne-Murphy, Ph.D.; Alana Rawlinson, Ph.D.; Sarah Westen, Ph.D.; & Brenda Wiens, Ph.D.  
 Conducted individual and family therapy in a hospital-based outpatient clinic with children, adolescents, and adults for anxiety, depressive, and behavioral disorders. Manuals used: CAT Project, Everyday Parenting, Zones of Regulation, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Alternatives for Families – Cognitive Behavioral Therapy (AF-CBT), DBT Skills Manual for Adolescents, and the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders. Specialized treatments included Cognitive and Behavioral Therapy for insomnia (CBT-I).
- 01/2023 – Present     **Advanced Practicum in Pediatric Inflammatory Bowel Disease Interdisciplinary Clinic**, UF Health Pediatrics  
Supervisor: David Janicke, Ph.D., ABPP  
 Shadowed medical team and provided consultation for children and adolescents with inflammatory bowel disease (Crohn's disease and ulcerative colitis). Provided intervention to address mood and behavioral concerns, increase motivation and adherence, and promote transition to independent disease management.
- 05/2022 – 08/2022     **Advanced Practicum in Behavioral Pediatrics**, UF Health Psychology Specialties  
Supervisor: David Janicke, Ph.D., ABPP  
 Conducted outpatient psychological evaluations and therapy with children and adolescents presenting with sleep difficulties, elimination disorders, and internalizing, externalizing, and adjustment problems related to chronic illness and psychosocial stressors. Interpreted results of psychological questionnaires. Participated in feedback sessions with patients, providing explanations of results and recommendations.
- 01/2022 – 05/2022     **Advanced Practicum in Hematology/Oncology Interdisciplinary Clinic**, UF Health Pediatrics  
Supervisors: Jennifer Fisher, Ph.D., ABPP & Erika Cascio, Psy.D.  
 Conducted inpatient and outpatient consultation and liaison services for children, adolescents, and young adults with cancer or benign hematologic conditions. Provided therapy to children and families focused on coping with diagnoses and managing mood, anxiety, and behavioral concerns.
- 08/2021 – 12/2021     **Advanced Practicum in Pediatric Sleep Interdisciplinary Clinic**, UF Health Sleep Center  
Supervisor: David Janicke, Ph.D., ABPP  
 Shadowed medical team and provided consultation for children and adolescents with sleep disorders, including obstructive sleep apnea and behavioral insomnia. Provided intervention to promote sleep hygiene, address mood and behavioral concerns, and increase motivation and adherence.

- 05/2021 – 08/2021 **Advanced Practicum in Pediatric Craniofacial Multidisciplinary Clinic**, UF Health Pediatrics  
Supervisor: Shelley Heaton, Ph.D.  
 Conducted outpatient consultation and liaison services for families of children and adolescents with craniofacial abnormalities. Addressed concerns related to mood, behavior, adjustment, development, academics, and bullying. Participated in weekly multidisciplinary team meetings with pediatrics, social work, speech, dentistry, oral and maxillofacial surgery, plastic surgery, orthodontics, and genetics.
- 01/2021 – 04/2021 **Advanced Practicum in Pediatric Diabetes Interdisciplinary Clinic**, UF Health Pediatrics – Gerold L. Schiebler CMS Center  
Supervisors: Sarah Westen, Ph.D. & Kimberly Driscoll, Ph.D.  
 Shadowed medical team and provided brief outpatient consultation for families of children, adolescents, and young adults with type 1 diabetes and type 2 diabetes within the interdisciplinary pediatric endocrinology clinic. Addressed concerns related to diabetes management, diabetes-related distress, suicidality and risk assessment, family conflict, transition to adult care, and mood/behavior difficulties. Conducted psychological evaluations with families.
- 08/2020 – 12/2020 **Advanced Practicum in Adolescent-Focused Outpatient Therapy**, UF Health Psychology Specialties  
Supervisor: Joy Gabrielli, Ph.D.  
 Conducted therapy with adolescents with mood disorders, anxiety disorders, trauma- and stressor-related disorders, and family conflict. Conducted health risk behavior assessments and crisis response planning. Used routine outcome monitoring to evaluate progress and guide treatment planning. Co-led adolescent social skills group.
- 04/2020 – 06/2020 **Practicum in Clinical Child Assessment**, UF Health Psychology Specialties  
Supervisor: Brenda Wiens, Ph.D.  
 Conducted psychological interviews of children and adolescents with learning and intellectual disabilities, behavioral disorders, and internalizing and externalizing disorders. Scored and interpreted psychoeducational tests and prepared comprehensive psychological reports with recommendations and interpretative feedback for caregivers, providers, and teachers.
- 01/2020 – 03/2020 **Practicum in Pediatric Neuropsychological Assessment**, UF Health Psychology Specialties  
Supervisor: Shelley Heaton, Ph.D.  
 Administered and interpreted neuropsychological tests and questionnaires with children presenting with a range of medical and psychological disorders. Conducted medical record reviews and clinical interviews with parents and families. Worked with supervisor to develop assessment batteries and determine diagnoses. Prepared comprehensive neuropsychological reports with recommendations and interpretive feedback for caregivers, providers, and teachers.
- 09/2019 – 12/2019 **Practicum in Adult Medical/Health Psychology Assessment**, UF Health Psychology Specialties & UF Health Sleep Center  
Supervisors: Jessica Payne-Murphy, Ph.D. & Robert Guenther, Ph.D.

Conducted clinical interviews with adult patients with sleep disorders. Completed inpatient psychology consultations with neurotrauma unit patients. Conducted medical record reviews, interpreted questionnaires, and prepared comprehensive psychological reports with interpretive feedback and recommendations.

07/2019 – 09/2019 **Practicum in Adult General Mental Health Assessment**, UF Health Psychology Specialties  
Supervisor: Patricia Durning, Ph.D.

Conducted psychotherapy intake interviews with adult patients with various presenting mental health concerns (e.g., anxiety, depression, adjustment to medical conditions). Administered, scored, and interpreted results of psychological questionnaires. Prepared comprehensive psychological reports with interpretive feedback and treatment recommendations.

## RESEARCH EXPERIENCE

**Graduate Research Assistant**, Pediatric Behavioral Health Lab, Department of Clinical and Health Psychology, University of Florida

Supervisor: David Fedele, Ph.D., ABPP

Responsibilities: Participated in ongoing research tasks including study development, IRB-related tasks, recruitment and retention, data collection, data analysis, grant proposals, and manuscript preparation as detailed below. Trained and supervised undergraduate research assistants.

08/2022 – Present **Principal Investigator**, Impact of Parent-Child Communication Patterns on Pediatric Asthma Outcomes: A Mixed Methods Study  
Supervisor: David Fedele, Ph.D., ABPP

Responsible for study development of dissertation project examining the impact of parent-child communication patterns on collaborative asthma-related decision-making and other asthma-related outcomes. Responsible for management of the IRB and execution and organization of study tasks, including coordinating study recruitment, collecting and managing data, administering study protocol, serving as financial custodian, and training undergraduate research assistants.

08/2020 – Present **Co-Principal Investigator**, The Role of Parents in Physical Activity Engagement Among Adolescents with Comorbid Asthma and Obesity  
Supervisors: David Fedele, Ph.D., ABPP & Jennifer Doty, Ph.D.

Responsible for development of project examining parent-level barriers to and facilitators of physical activity among adolescents with comorbid asthma and overweight/obesity. Responsible for management of the IRB, recruitment, and data collection.

10/2018 – 07/2021 **Study Coordinator**, Responsive Asthma Care for Teens (ReACT) (R56HL141384)  
Principal Investigators: David Fedele, Ph.D., ABPP & Christopher Cushing, Ph.D.

Assisted with creation and management of the IRB. Recruited participants in the outpatient Pediatric Pulmonary clinic. Contributed to the formation of interview guides and mHealth intervention content. Conducted semi-structured interviews with adolescents with asthma. Coded interviews for themes using NVivo. Facilitated advisory board meetings with adolescents with asthma. Assisted in intervention content development.

- 01/2020 – 02/2021 **Graduate Research Assistant**, Intergenerational Coping and Resilience in Pediatric Asthma  
Principal Investigators: Rachel Sweenie, M.S., & David Fedele, Ph.D., ABPP  
 Conducted virtual study visits for a project examining interactions between coping strategies and socioeconomic status in pediatric asthma.
- 10/2018 – 05/2020 **Principal Investigator**, Caregiver Coping in Pediatric Sickle Cell Disease  
Supervisor: David Fedele, Ph.D., ABPP  
 Assisted with creation and management of the IRB. Recruited participants in the outpatient Pediatric Hematology and Oncology clinic. Administered neurocognitive tasks to study participants.
- 09/2019 – 11/2019 **Graduate Research Assistant**, Mobile Childhood Health and Asthma Management Program (mCHAMP) (Shands Quasi Endowment Fund)  
Principal Investigators: David Fedele, Ph.D., ABPP; David Janicke, Ph.D.; Robert Lucero, Ph.D., MPH, RN, FAAN  
 Assisted with intervention content and survey development.
- 05/2019 – 09/2019 **Graduate Research Assistant**, CHAT: Implementing a Healthcare Provider Education Intervention in Rural Communities to Reduce Asthma Morbidity (UL1TR001427)  
Principal Investigator: David Fedele, Ph.D., ABPP  
 Participated in Easy Breathing training program (aims to create standardized approach to manage asthma). Helped coordinate training for a rural pediatric asthma clinic.
- 08/2018 – 12/2018 **Graduate Research Assistant**, AIM2ACT: Applying Interactive Mobile Health to Asthma Care in Teens (R21HD083830)  
Principal Investigator: David Fedele, Ph.D., ABPP  
 Conducted semi-structured interviews with caregiver-child dyads.

### Oregon Health and Science University

- 08/2016 – 06/2018 **Research Assistant**, Novel Interventions in Children's Healthcare (NICH); Most Vulnerable Project (MVP) to Improve Discharges and Transitions of Care; Assessing Parent Priorities for Behavioral Health Information Technology (APP-BIT)  
*Institute on Development and Disability & Doernbecher Children's Hospital*  
Supervisors: David V. Wagner, Ph.D.; Michael A. Harris, Ph.D.; Andrew Riley, Ph.D.; Louise E. Vaz, MD, MPH; Katharine E. Zuckerman, MD, MPH  
NICH: Evaluated a clinical program for youth with social and medical complexities and their families with the goal of improving health, care, and costs. Helped recruit, interview, select, and supervise research volunteers. Developed the IRB for a prospective research study. Helped organize, streamline, and revise research efforts.  
MVP: Coordinated a project designed to assess social vulnerabilities and perceptions of hospital discharge processes in families of pediatric patients by administering caregiver surveys and conducting medical chart reviews. Organized and oversaw research efforts; supervised research interns and volunteers. Participated in data collection and analysis.  
APP-BIT: Coordinated a project designed to characterize the most common behavioral concerns and questions of parents of young children in a pediatric primary care setting.

Administered caregiver surveys. Assisted with survey development, volunteer recruitment and supervision, and data analysis.

### Hathaway-Sycamores Child and Family Services, Pasadena, CA

01/2016 – 05/2016 **Intern**, Department of Research and Evaluation  
Supervisors: Janine Quintero, Psy.D.; Rebecca Stevens, M.A.

Managed and analyzed data; conducted literature reviews; edited consumer bulletins, data summaries, and reports; and created reports.

### Language and Cognition Lab, Azusa Pacific University

01/2015 – 05/2016 **Research Assistant**  
Supervisor: Benjamin U. Marsh, Ph.D.

Conducted literature reviews, administered and proctored lab experiments with bilingual and monolingual participants, and coded data.

## PEER-REVIEWED PUBLICATIONS

1. **Koskela-Staples, N. C.**, Evans, C., Turner, E., Black, V., & Fedele, D. A. (in press). The association between caregiver coping and youth clinic attendance and health related quality of life in pediatric sickle cell disease. *Journal of Pediatric Hematology and Oncology*.
2. Moorman, E. L., **Koskela-Staples, N. C.**, & Janicke, D. M. (2023). A systematic review of sleep-related disturbances in pediatric inflammatory bowel disease. *Journal of Pediatric Psychology*, jsac088.
3. Yourell, J., **Koskela-Staples, N.**, Doty, J. L., & Fedele, D. A. (2023). Risk and protective factors for physical activity engagement among adolescents with comorbid asthma and obesity. *Journal of Pediatric Psychology*, 48(1), 39-50.
4. Turner, E. M., **Koskela-Staples, N. C.**, Evans, C., Black, L. V., Heaton, S. C. & Fedele, D. A. (2022). The role of sleep-disordered breathing symptoms in neurocognitive function among youth with sickle cell disease. *Developmental Neuropsychology*, 47(2), 93-104.
5. Moorman, E. L., **Koskela-Staples, N. C.**, Mathai, B. B., Fedele, D. A., & Janicke, D. M. (2021). Pediatric obesity treatment via telehealth: Current evidence and future directions. *Current Obesity Reports*, 10(3), 371-384.
6. Turner, E. M., **Koskela-Staples, N. C.**, Voorhees, S., McQuaid, E. L., & Fedele, D. A. (2021). Health-related decision making in early adolescents with poorly controlled asthma. *Clinical Practice in Pediatric Psychology*, 9(1), 24.
7. Fedele, D. A., Cushing, C. C., **Koskela-Staples, N.**, Patton, S. R., McQuaid, E. L., Smyth, J. M., ... & Nezu, A. M. (2020). Adaptive mobile health intervention for adolescents with asthma: Iterative user-centered development. *JMIR mHealth and uHealth*, 8(5), e18400.
8. Vaz, L. E., Wagner, D. V., Jungbauer, R. M., Ramsey, K. L., Jenisch, C., **Koskela-Staples, N.**, Everist, S., Austin, J. P., Harris, M. A., & Zuckerman, K. E. (2020). The role of caregiver-reported risks in predicting adverse pediatric outcomes. *Journal of Pediatric Psychology*, 45(8), 957-970.

9. Vaz, L.E., Wagner, D. V., Ramsey, K. L., Jenisch, C., Austin, J. P., Jungbauer, R., Felder, K., Vega-Juarez, R., Gomez, M., **Koskela-Staples, N.**, Harris, M., & Zuckerman, K. E. (2020). Identification of caregiver reported social risk factors in hospitalized children. *Hospital Pediatrics*, 10(1), 20-28.
  10. Cushing, C. C., Fedele, D. A., Patton, S. R., McQuaid, E. L., Smyth, J. M., Prabhakaran, S., Gierer, S., **Koskela-Staples, N.**, Ortega, A., Fleming, K., & Nezu, A. R. (2019). Responsive Asthma Care for Teens (ReACT): Development protocol for an adaptive mobile health intervention for adolescents with asthma. *BMJ Open*, 9(8), e030029.
  11. Wagner, D. V., **Koskela-Staples, N.**, Harris, M. A., & Barry, S. A. (2019). All systems go: An ecological perspective of behavioral health for youth with type 1 diabetes. *Families, Systems, & Health*, 37(1), 10-29.
  12. McLaughlin, P. T., McMinn, M. R., Morse, M. K., Gathercoal, K., Neff, M. A., Johnson, B., Summerer, D., & **Koskela, N.** (2018). The effects of a wisdom intervention in a Christian congregation. *Journal of Positive Psychology*, 13(5), 502-511.
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## BOOK CHAPTERS

1. Barry, S., **Koskela, N.**, Wagner, D. V., Burch, R., & Harris, M. A. (2020). System overload: Interventions that target multiple systems in which youth with type 1 diabetes live. In D. Marrero & A. Delamater (Eds.), *Behavioral Diabetes* (pp. 139-152). New York, NY: Springer.
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## NON-PEER-REVIEWED PUBLICATIONS

1. Evans, C. T., **Koskela-Staples, N.**, Turner, E., Fedele, D., & Black, V. (2020). Examining caregiver coping and clinic attendance in pediatric sickle cell disease. *UF Journal of Undergraduate Research*, 22.
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## MANUSCRIPTS UNDER REVIEW

1. **Koskela-Staples, N. C.**, Yourell, J. L., Doty, J. L., & Fedele, D. A. (under review). Adolescent- and caregiver-reported barriers and facilitators to physical activity engagement among adolescents with comorbid asthma and overweight/obesity.
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## MANUSCRIPTS IN PREPARATION

1. **Koskela-Staples, N. C.**, Moorman, E. M., Fisher, C. L., & Fedele, D. A. (in preparation). A systematic review of parent-child communication in pediatric asthma.
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## PEER-REVIEWED ABSTRACTS

1. **Koskela-Staples, N. C.**, Yourell, J. L., Doty, M. J. L., & Fedele, D. A. (2022). A TL1 team approach: Physician strategies to promote physical activity among youth with comorbid asthma and overweight/obesity. [Abstract]. *Journal of Clinical and Translational Science*, 6(s1), 34-34.
2. Yourell, J., **Koskela-Staples, N.**, Fedele, D., & Doty, J. (2021). A TL1 team approach: The role of parents in physical activity engagement among adolescents with comorbid asthma and obesity. [Abstract]. *Journal of Clinical and Translational Science*, 5(s1), 143-144.

3. Wagner, D. V., Jenisch, C., **Koskela-Staples, N. C.**, Guttman-Bauman, I., Larsen, C. E., Teplitsky, L., Harris, M. A. (2019). Damage control (group) for youth with T1D: Capturing the true value of NICH. [Abstract]. *Diabetes*, 79.
  4. Sachdej, R., **Koskela, N.**, Wagner, D. V., Barry, S., Jenisch, C., & Harris, M. A. (2018). Youth with avoidable DKA: Going from bad to worse without NICH. [Abstract]. *Diabetes*, 78.
  5. Wagner, D. V., Chuong, R., **Koskela, N.**, Luzod, H., Beeson, E., & Harris, M. A. (2018). Ketones to success: Does NICH involvement influence DKA discharge presentation? [Abstract]. *Diabetes*, 78.
  6. Wagner, D. V., Sachdej, R., **Koskela, N.**, Barry, S., Luzod, H., James, E., & Harris, M. A. (2018). HbA1c (you later): What happens to glycemic control while waiting for NICH? [Abstract]. *Diabetes*, 78.
  7. Wagner, D. V., Barry, S. A., Koch, M. K., Dukhovny, D., **Koskela, N.**, Hood, K. K., & Harris, M. A. (2017) Show them the money!: Neglecting the economic value of behavioral health for youth with T1D. [Abstract]. *Diabetes*, 77.
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## NATIONAL CONFERENCE PRESENTATIONS

1. Yourell, J., **Koskela-Staples, N.**, Doty, J., & Fedele, D. A. (November, 2022). Risk and protective factors for physical activity engagement among adolescents with comorbid asthma and obesity. Poster accepted to be presented at National Council on Family Relations Annual Conference. Minneapolis, MN.
2. Yourell, J., **Koskela-Staples, N.**, Doty, J., Fedele, D. A., & Abraczinskas, M. (November, 2022). Physical activity conversations among adolescents with comorbid asthma and obesity. Poster accepted to be presented at ObesityWeek. San Diego, CA.
3. **Koskela-Staples, N.**, Yourell, J., Doty, J., & Fedele, D. A. (April, 2022). Family-level barriers and facilitators to physical activity engagement among adolescents with comorbid asthma and overweight/obesity. Poster presentation at the Society of Pediatric Psychology Annual Conference. Phoenix, AZ.
4. Sweeney, R., Sinisterra M., **Koskela-Staples, N.**, & Fedele, D.A. (April, 2022). Caregiver coping and youth's asthma outcomes: The role of socioeconomic status. Poster presentation at the Society of Pediatric Psychology Annual Conference. Phoenix, AZ.
5. **Koskela-Staples, N. C.**, Evans, C., Turner, E. M., & Fedele, D. A. (April, 2021). Impact of caregiver coping on youth clinic attendance and HRQOL in pediatric sickle cell disease. Poster presentation at the Society of Behavioral Medicine Annual Meeting.
6. **Koskela-Staples, N. C.**, Turner, E. M., Evans, C., & Fedele, D. A. (April, 2021). Characterizing caregiver disease-specific coping in pediatric sickle cell disease. Poster presentation at the Society of Pediatric Psychology Annual Conference.
7. Tran, S., **Koskela-Staples, N. C.**, Turner, E. M., & Fedele, D. A. (April, 2021). Associations between quality of life, stress, and youth age among youth with sickle cell disease. Poster presentation at the Society of Pediatric Psychology Annual Conference.



8. **Koskela-Staples, N. C.**, Turner, E. M., Evans, C., & Fedele, D. A. (March, 2020). Impact of caregiver disease-specific coping on youth disease-specific HRQOL in pediatric sickle cell disease. Poster accepted to be presented\* at the Society of Pediatric Psychology Annual Conference. Dallas, TX.  
*\*Not presented due to COVID-19*
9. Jenisch, C., Wagner, D. V., Phan, D., Manabat, A. J., Lely, J., **Koskela-Staples, N.**, Mills, D., & Harris, M. A. (March, 2020). NICH dissemination pilot: Health outcomes in a rural healthcare system. Poster presentation\* at the Society of Pediatric Society Annual Conference. Dallas, TX.  
*\*Presented virtually due to COVID-19*
10. Turner, E. M., **Koskela-Staples, N.**, Fedele, D. A., & Heaton, S. C. (February, 2020). The role of sleep-disordered breathing in neurocognitive functioning among youth with sickle cell disease. Poster presentation at the International Neuropsychological Annual Conference. Denver, CO.
11. **Koskela-Staples, N. C.**, Fidler, A., Netz, M., McConville, A., Cushing, C. C., & Fedele, D. A. (April, 2019). Using prototyping to gather stakeholder feedback during mHealth intervention development. Poster presentation at the Society of Pediatric Psychology Annual Conference. New Orleans, LA.
12. Fidler, A., Evans, C., **Koskela-Staples, N.**, Netz, M, McQuaid, E., & Fedele, D. (April, 2019). Management of exacerbations by adolescents with poorly-controlled asthma and their caregivers: A qualitative approach. Poster presentation at the Society of Pediatric Psychology Annual Conference. New Orleans, LA.
13. Jenisch, C., Wagner, D., Beeram, A., Stoeckel, M., **Koskela-Staples, N.**, & Harris, M. (April, 2019). Evaluation of Novel Interventions in Children's Healthcare (NICH) for chronic pain: Use of matched controls. Poster presentation at the Society of Pediatric Psychology Annual Conference. New Orleans, LA.
14. **Koskela, N. C.**, Vaz, L. E., Vega, R., Zuckerman, K. E., Gomez, M., Eikermann, E., ... & Austin, J. P. (July, 2018). Analysis of caregiver-reported process issues in a children's hospital. Poster presented at the Pediatric Hospital Medicine Annual Conference. Atlanta, GA.
15. Vaz, L.E., **Koskela, N.**, Austin, J. P., Wagner, D., Vega Juarez, R., Gomez, M., ... & Zuckerman, K. (May, 2018). Assessment of social vulnerability among pediatric inpatients. Poster presented at the Pediatric Academic Societies Annual Meeting. Toronto, Ontario.
16. **Koskela, N. C.**, Wagner, D., Zuckerman, K., Harris, M., Gomez, M., & Vaz, L. (April, 2018). Most Vulnerable Population (MVP): Psychosocial risk factors and pediatric hospital readmission. Poster presentation at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
17. Harris, M. A., **Koskela, N.**, Luzod, H., & Wagner, D. V. (April, 2018). Improving care for the most vulnerable youth: If you build it, will they no-show? Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
18. Wagner, D. V., **Koskela, N.**, James, E., Eikermann, E., & Harris, M. A. (April, 2018). Cleaning up regimens to reduce clean-outs: Novel Interventions in Children's Healthcare (NICH) for adolescents with cystic fibrosis. Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.

19. Erickson, A., Wagner, D. V., **Koskela, N.**, Heywood, M., Jenisch, C., & Harris, M. A. (April, 2018). If transplanted, will they reject?: A follow up of Novel Interventions in Children's Healthcare (NICH) for children with end-stage renal disease. Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
20. Wagner, D. V., Beeson, E., Guttmann-Bauman, I., **Koskela, N.**, Luzod, H., & Harris, M. A. (June, 2017). Reduced stay due to milder DKA: The NICH way? Poster presented at the American Diabetes Association. San Diego, CA.
21. Jirikovic, M., Wagner, D. V., Barry, S., Rogers, B. T., Teplitsky, L., **Koskela, N.**, & Harris, M. A. (March, 2017). When being in the top 5% is reason for concern: Youth with medical and social complexity. Poster presented at the Society of Pediatric Psychology Annual Conference. Portland, OR.
22. Wagner, D. V., Haywood, M., Rozansky, D., Bachman, N., **Koskela, N.**, & Harris, M. A. (March, 2017). Kidneys, kids, and collaborative quality care: Novel Interventions in Children's Healthcare (NICH) for children with end-stage renal disease. Poster presented at the Society of Pediatric Society Annual Conference. Portland, OR.
23. Marsh, B. U., Snijder, J. P., Fajardo, R., Horiuchi, A., **Koskela, N.**, & Lee, H. S. (May, 2015). Priming bicultural bilingual Latino-Americans as Latino or American modulates access to the Spanish and English meaning of interlingual homographs. Poster presented at the Association for Psychological Science 27th Annual Convention. New York, NY.

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## REGIONAL AND INSTITUTIONAL CONFERENCE PRESENTATIONS

1. Baik, J., Patil, C., Yourell, J., & **Koskela-Staples, N.** (March, 2021). Caregiver influence on physical activity engagement in youth with comorbid obesity and asthma. Poster presented at the UF Undergraduate Research Symposium. Gainesville, FL.
2. Evans, C., **Koskela-Staples, N.**, Turner, E., Fedele, D. A., & Black, V. (April, 2020). Examining the impact of caregiver coping on clinic attendance in pediatric sickle cell disease. Poster presented at the UF Undergraduate Research Symposium. Gainesville, FL.
3. Evans, C., **Koskela-Staples, N.**, Turner, E., & Fedele, D. A. (January, 2020). Examining the impact of caregiver coping on clinic attendance in pediatric sickle cell disease. Poster presented at the UF Diversity Day Research Symposium. Gainesville, FL.
4. Vega, R. A., Jenisch, C., **Koskela, N. C.**, Felder, K., Gomez, M., Zuckerman, K. E., Wagner, D. V., Austin, J. P., Harris, M. A., & Vaz, L. E. (April, 2018). The Most Vulnerable Project (MVP): Improving the health of our socially fragile children. Poster presented at the Oregon Health & Science University Research Week. Portland, OR.
5. Jenisch, C., Vega, R., **Koskela, N.**, Felder, K., Zuckerman, K., Wagner, D., Austin, J., Harris, M., & Vaz, L. (April, 2018). The Most Vulnerable Project (MVP): Addressing family needs for improved pediatric care. Poster presented at the Oregon Health & Science University Research Week. Portland, OR.
6. Gomez, M., Vega, R., **Koskela, N.**, Zuckerman, K., Wagner, D., Austin, J., ... & Vaz, L. (January, 2018). Survey of social vulnerability in pediatric patients. Round table presentation at the Academic Pediatrics Association Region 9 and 10 Meeting. Monterey, CA.

7. Ponce, C., Gomez, M., **Koskela, N.**, Zuckerman, K. E., Wagner, D., Harris, M., & Vaz, L. (August, 2017). The Most Vulnerable Project (MVP): Improving the health of our socially fragile children. Poster presented at the Oregon Health & Science University Equity Research Conference. Portland, OR.
8. Marsh, B. U., **Koskela, N.**, & Lee, H. S. (March, 2016). Priming bicultural bilingual Latino-Americans as Latino or American modulates access to the Spanish and English meaning of interlingual homographs. Poster presented at the Azusa Pacific University Research Week. Azusa, CA.

## ORAL PRESENTATIONS

1. Jenisch, C., **Koskela-Staples, N.**, Wagner, D. V., & Harris, M. A. (June, 2020). Adapting to a shifting healthcare landscape: Innovative approaches to securing financial support for services for youth with T1D. Presented at the Diabetes Special Interest Group meeting, Society of Pediatric Psychology Annual Conference. *\*Presented virtually due to COVID-19*
2. **Koskela-Staples, N. C.** (April, 2019). Using prototyping to gather stakeholder feedback during mHealth intervention development. Presented at the Allergic Diseases Special Interest Group meeting, Society of Pediatric Psychology Annual Conference. New Orleans, LA.
3. Wagner, D. V., & **Koskela-Staples, N.** (April, 2019). Examining outcomes for youth at-risk for DKA: Intervention outcomes and markers of resilience. Presented at the Diabetes Special Interest Group meeting, Society of Pediatric Psychology Annual Conference. New Orleans, LA.
4. **Koskela, N. C.** (April, 2018). Most Vulnerable Population (MVP): Psychosocial risk factors and pediatric hospital readmission. Presented at the Consultation & Liaison Special Interest Group meeting, Society of Pediatric Psychology Annual Conference. Orlando, FL.

## TEACHING EXPERIENCE

- 08/2022 – 12/2022     **Teaching Assistant**, Introduction to Clinical Child/Pediatric Psychology (Undergraduate Level Course), Department of Clinical and Health Psychology, University of Florida  
Faculty Instructor: David Fedele, Ph.D., ABPP  
 Delivered weekly lectures about clinical child/pediatric psychology topics. Created weekly class content. Created, administered, and graded exams.
- 03/2021 & 03/2022     **Invited Lecturer**, Introduction to Health Psychology (Undergraduate Level Course), Department of Clinical and Health Psychology, University of Florida  
Faculty Instructor: Deidre Pereira, Ph.D., ABPP  
 Invited Lecture: Pediatric psychology: Adherence and psychosocial issues.
- 03/2020 – 05/2020     **Teaching Assistant**, Clinical Assessment Across the Life Span (Doctoral Level Course), Department of Clinical and Health Psychology, University of Florida  
Professor: William Perlstein, Ph.D.  
 Prepared and presented materials for lab section of the course.

## LEADERSHIP AND PROFESSIONAL DEVELOPMENT

- 04/2022 – Present     **Student Representative**, Allergic Diseases Special Interest Group, Society of Pediatric Psychology

Updated 03/01/2023

- 09/2021 – Present **Tiered Research Mentorship, Undergraduate Honors Thesis**, University of Florida  
Mentored undergraduate honors student on thesis project: *Exploring resilience in youth with sickle cell disease: The relationships between poverty status, secondary control coping, and health-related quality of life*. Provided support in data analysis and feedback on thesis manuscript and poster.
- 08/2020 – 08/2021 **Child/Pediatric Area Student Representative**, Department of Clinical and Health Psychology, University of Florida  
Attended monthly child/pediatric area faculty meetings. Served as liaison between graduate students and faculty members.
- 09/2020 – 04/2021 **Tiered Research Mentorship, Undergraduate Honors Thesis**, University of Florida  
Mentored undergraduate honors student on thesis project: *Associations between quality of life, stress, and youth age among youth with sickle cell disease*. Provided support in data analysis and feedback on thesis manuscript and poster.
- 03/2019 – 06/2020 **Tiered Research Mentorship, Undergraduate Honors Thesis**, University of Florida  
Mentored undergraduate honors student on thesis project: *Examining the impact of disease-specific caregiver coping on clinic attendance in pediatric sickle cell disease*. Provided support in data analysis and feedback on thesis manuscript and poster.
- 2017 – Present  
Mentored manuscript reviews for *Pediatrics*, *Journal of Medical Internet Research*, *Children and Youth Services*, *Clinical Practice in Pediatric Psychology*, *Health Psychology*, and *Journal of Clinical Psychology in Medical Settings*
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## COMMUNITY INVOLVEMENT

- 02/2022 – Present **Partnership for Strong Families Skills Groups Co-Leader**  
University of Florida, Department of Clinical and Health Psychology & Partnership for Strong Families  
Supervisor: Joy Gabrielli, Ph.D.  
Co-led emotion regulation skills-building groups for elementary aged kids from Partnership for Strong Families, a community-based care agency that delivers comprehensive child welfare services to children who are victims of abuse and neglect.
- 01/2022 – Present **Education and Advocacy Committee Student Volunteer**  
University of Florida, Department of Clinical and Health Psychology  
Served on a committee that aims to raise awareness about local and national issues of inequality and promotes advocacy for social justice.
- 11/2021 – Present **Equal Access Behavioral Health Clinic Therapist**  
University of Florida, Department of Clinical and Health Psychology  
Supervisors: Matthew Daley, Ph.D.; David Fedele, Ph.D., ABPP; Robert Guenther, Ph.D., ABPP; Julius Gyllys, Ph.D.; Alexis Sandy Levy, Ph.D., LLC; & Lori Waxenberg, Ph.D., ABPP  
Provided free mental health therapy services for uninsured and underinsured community members.

- 09/2021 – Present     **Health Equity, Anti-Racism, and Diversity Committee (HEARD) Student Volunteer (Community Outreach Subcommittee)**  
University of Florida, Department of Clinical and Health Psychology  
Served on a committee aimed at promoting diversity, equity, and inclusion in our department. Participated in the Community Outreach Subcommittee, which strives to build relationships with community partners. Presented at the 2022 North Central Florida YMCA Senior Health Fair regarding mental health and cognition during the COVID-19 pandemic.
- 08/2019                 **Craniofacial Family Camp Counselor**  
University of Florida, Department of Clinical and Health Psychology  
Supervisor: Shelley Heaton, Ph.D.  
Led discussion groups and camp activities for youth with craniofacial abnormalities and their siblings.
- 05/2015 – 08/2015     **Youth Outreach Summer Program Assistant**  
*Yamhill Community Action Partnership (YCAP), Newberg, OR*  
Supervisors: Kate Stokes, Maggie J. Herron  
Supervised 11-21 year olds at government-funded organization (provides a drop-in center, safe shelter, and prevention program for at-risk youth). Organized events, led discussion groups. Assisted youth with job applications and homework.
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## PROFESSIONAL AFFILIATIONS

American Psychological Association (APA), Student Affiliate  
APA Division 54: Society of Pediatric Psychology  
National Register of Health Service Psychologists, Associate Member